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Meet:

Aaron Santos '09
Summer '08 Intern
University of Dreams

Kathryn Messner '10
Fall TWC Intern
U.S. Department of
Health & Human
Services
Washington, D.C.

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Career Services

Campus Center
Room 008
(508) 531-1328
Internship Office
Room 009-A
jpaganeli@bridgew.edu

WHERE TO START

- If you are seeking academic credit, meet with the faculty internship coordinator in your department.
- Research internship leads through your department, the internship database and other resources in Career Services.
- Make an appointment with a Career Counselor, (508) 531-1328.
- Prepare a cover letter and resume; have it critiqued at Career Services.

WORK 'N' SERVE EXPO RECAP

On Wednesday, October 22, 2008, Bridgewater State College hosted its annual Work 'N' Serve Expo. The expo was a success, with over fifty employers providing information on full-time professional entry level positions, internships, service learning and volunteer opportunities from a wide variety of fields including communications, education, management, and social services. Over 200 students attended this year's event, learning first hand from employers the importance of networking.



Employers who attended the expo included: 128 Alliance Financial | Ameriprise Financial Services, Inc. | Beacon Hospice | Children's Cove | Clarke, Snow & Riley, LLP | Commonwealth of MA | CVS Pharmacy | Department of Corrections | Department of Environment Protection | Dunkin' Brands, Inc. | Evergreen Investments | Executive Office of Labor & Workforce Development | Executive Office of Public Safety and Security | Fitness Together | Handi Kids | Horizons for Homeless Children | Image Source International | Japan Exchange & Teaching (JET) Program | Jet Direct Aviation | John Hancock | Kevin P. Martin & Associates, P.C. | Key Program | Kirkland Albrecht & Fredrickson | Massachusetts Behavioral Health Partnership | McSweeney & Ricci Insurance Agency | Nashua Police Department | Needel, Welch & Stone, P.C. | New Bedford Public Schools | New Hope, Inc. | New York Life | Northwestern Mutual Financial Network | Old Colony Y – Big Sister Big Brother | Overhead Door Garage Headquarters | PricewaterhouseCoopers | Princess House, Inc. | Putnam Investments | Road to Responsibility, Inc. | Seven Hills Foundation | Shaw's Supermarkets | South Shore Habitat for Humanity | South Shore Mental Health | State Street Corporation | Stop & Shop | Strategic Financial Partners | Teen Challenge New England, Inc. | The Children's Museum in Easton | The Children's Workshop | The Judge Rotenberg Center | The Met | The Traveler's Companies, Inc. | Third District Court – New Bedford | Triumvirate Environmental | VA Boston Healthcare System and Walgreens.

The BSC JOB SHADOW PROGRAM

Career Services managed its Winter Break BSC Job Shadow Program with 30 students applying to participate. The Program is designed to give undergraduate students from all majors short term exposure to an industry or career path of interest. Students have the opportunity to observe employers and alumni in unique work settings for a half day or a full day depending on the organization's preference. The 2009 Job Shadow placements included BTV-9, the Commonwealth of MA, Kirkland, Albrecht & Fredrickson, The May Institute and MEDITECH.

The Tinsley Public Service Internship Award

Be awarded up to \$2000 towards your Summer '09 UNPAID internship! The Internship Award is designed to assist a BSC student in completing an approved unpaid, credit-bearing internship. The student recipient will be required to work a minimum of 12 hrs. per week at their internship. **The deadline is May 1, 2009.** See website for further details: www.bridgew.edu/careerservices/InternshipAwardOverview.cfm

By: Aaron Santos '09
Major: Finance
Site: University of Dreams – Los Angeles



I decided that my summer needed to be an experience to help me grow both as a professional and as a person. I knew that I had to place myself in a different environment away from my comfort zone. The issue with doing that is the absence of the support systems that you are accustomed to relying on for help. Then I found the University of Dreams internship program.

University of Dreams is an all-inclusive internship program which makes for a fun, safe and extremely valuable experience for college students to explore a career in cities such as Los Angeles, New York, San Francisco, Barcelona and many more. The program includes guaranteed internship placement for over 3,000 students, housing at host universities, a meal plan, 6 planned weekend activities to the best tourist attractions in the area, weekly seminars and daily transportation. Some of the companies University of Dreams have connections with are IMAX Corporation, 20th Century Fox, BCBG, Billboard Magazine, Marvel Studios, NBC, Paramount, Sony and many more. The most popular industries are advertising, finance, music, radio, television, sports, hospitality, fashion, marketing, technology and event planning.

I chose People's Liberation Inc. for my internship company, which is an up and coming clothing company with two brands, People's Liberation and William Rast. It was very exciting knowing I was working for William Rast, a brand created by international superstar Justin Timberlake. My job title was Business Analyst Intern and some of my duties included preparing a competitive analysis with rival clothing companies, assisting in the corporate business plan and budget, analyzing international distribution opportunities and preparing financial ratios for meetings. It was a great experience, because I worked directly with the CFO in a growing business where I could definitely make an impact. Some companies are so well established that you may not get the opportunity to see how everything works, but with People's Liberation I had the pleasure of seeing the steps smaller companies take to grow. I still stay in touch with my former employer. He is always available to talk about my future, put me in contact with people he knows to help my career and even assist me in updating my resume.

Housing was provided on the UCLA campus. All participants had access to all facilities that UCLA students have such as the gym, bookstore and cafeterias. Living in Los Angeles was one of the best decisions I ever made. There was always a movie premiere going on or camera crews shooting an actual movie. Living with 300 other college students who are ambitious and have dreams to become very successful made for a great environment. We had a lot of fun on our weekend activities such as trips to a LA Dodgers game, Universal Studios, Catalina Island, Huntington Beach and even an overnight stay in Las Vegas! The staff at University of Dreams consists mostly of students who have done the program in the past. They are great mentors who are always ready to share their experiences. I can say that I made lifelong friends in Los Angeles and created a network to help my professional career.

My summer experience definitely allowed me to fulfill my personal goals for professional and personal growth. I am a firm believer in the University of Dreams program and its passion based mission statement: "University of Dreams is a company of Dream Enablers. Our mission is to positively change culture on a mass level by identifying and recruiting Dreamers globally so that we can inspire, equip and challenge them through our products, services, charity and encouragement to discover and pursue their dreams."

Employer Profile:

Plymouth Philharmonic Orchestra
11 North Street
P.O. Box 3174
Plymouth, MA 02360
(508) 746-8008



The Plymouth Philharmonic Orchestra is a professional Orchestra that offers classical, family and pops performances and provides educational programs to the South Shore and beyond.

Contact person: **Mr. Christopher Ford**
Position Title: Executive Director
Seeking all majors
Email: c.ford@plymouthphil.org
Website: www.plymouthphil.org

If you are interested in learning more about internships available with The Plymouth Philharmonic Orchestra, please visit the BSC CareerLink Internship database for details.

By: Kathryn Messner '10
Major: Communication Studies
Placement: U.S. Department of Health and Human Services and The National Endowment for the Arts
Fall 2008

During my fall semester I interned for the United States Department of Health and Human Services (HHS), a cabinet level agency of the federal government. I specifically worked in their Web Communications and News Media Division. I was so fortunate to work for people who decided to trust me enough to bring me on as a member of their staff rather than just an intern that would have limited duties. I was in an environment that expected a lot but gave back to me, both professionally and personally. Some of the work that I did included writing content for the HHS homepage, developing a searchable acronym database, editing publications for the Secretary, authoring the content and managing the structure for the History Wikipedia for the department's intranet, as well as contributing design ideas during think tank sessions for new web sites. It was an amazing feeling to go into work every day knowing that the information that I was helping to provide is in many ways the public's first source when they need critical information.

While in the Capitol, I simultaneously took on a part-time internship with the National Endowment for the Arts (NEA). The NEA is an independent agency within the federal government. There I worked in their Office for AccessAbility on their web content. I edited current content in addition to locating new resources and publications to have posted on the site. I was so fortunate that my bosses at the NEA wanted me to experience all that they could offer me. Two experiences that were absolutely amazing were when I was able to attend the National Council on the Arts' formal meeting and the inaugural NEA Opera Honors. As wonderful as it was to attend both events for the sheer reason that they were major events within the arts community, it was even more wonderful to see firsthand what the arts can do for culture and society.

During my time in the district I also became a member of the Washington Conservatory Orchestra (WCO). The WCO is a volunteer orchestra filled with both professional and semi-professional musicians, a group in which I was honored to play first violin. We rehearsed once a week at Hearst Hall on the grounds of the National Cathedral and played a concert, which happened to fall on the last weekend that I was there.

My programming also required that I take on a night class once a week. My class was the Theory and Practice of Diplomacy and Diplomatic Protocol and it focused on both international and domestic relations. As someone who works in public information, particularly within the government, I found this class extremely helpful. In media and politics, my main fields, it is important to understand and embrace diplomatic processes and procedures because of the global environment in which we all now work.

In short, there is nothing like Washington but Washington in transition is an experience that I will never forget. The people that I met, the experiences that I had, and the history that I witnessed were all things that I never imagined I would have the chance to be a part of. Washington is a city of possibilities, of opportunities, of change. I went to Washington, saw the possibilities, took advantage of every opportunity and my life is now changed.



Kathryn Messner '10

THE
 WASHINGTON
 CENTER



*For Internships and
 Academic Seminars*

Application Deadlines:

Summer '09 = 2/27/09
 Fall '09 = 5/08/09

The Washington Center has scholarship money available for Students with Disabilities.

Visit www.twc.edu for scholarship and application information.

Reminder: When completing the online TWC application you must present a hard copy and discuss credit allocation with Dr. G. Serra/Chair of Political Science prior to having your documents sent to the Washington Center.



News & Events

Be a Summer Intern

It's time to start thinking about your summer options. Make an appointment with a Career Counselor today. February and March are prime months to start searching for an internship!

Try FOCUS

Undecided about choosing a major? Consider using FOCUS an online based career system that allows you to learn about which occupation best suits your interests. Contact Career Services for more details.

Annual Job Fair

Wednesday, April 8, 2009

11:00 am – 1:30 pm

Campus Center Ballroom

Mark your calendar.

Be sure to get your resume critiqued by a Career Services staff member sometime before the fair.

Experiential Learning Symposia

Thursday, April 16, 2009

9:00 am – 2:00 pm

Moakley Auditorium & Foyer

(Featuring poster displays, info. booths and oral presentations from students who completed: internships, community service, service learning and/or study abroad experience(s).

New Internship Sites for 2008-2009



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| <p>American Airlines
 American Cancer Society
 Barnum Financial Group
 Basement Technologies
 Boston Apparel Group
 Boston Ballet
 Boston Cedar and Millwork
 Boston Preservation Alliance
 Chase Corporation
 Children's Cove
 Crossroads for Kids
 CVS Caremark
 Dighton-Rehoboth Schools
 ECMUSA, Inc.
 Express Newspapers
 Fall River Public Schools
 GateHouse Media New England
 Hampshire Educational Collaborative
 Hanover Public Schools
 Justice Resource Institute
 King, McNamara & Moriarty LLP
 Knollwood Memorial Park</p> | <p>Law Office of Anna Darcy-Foster
 Marshfield High School
 McElvenny and Associates, P.C.
 Nantucket Police Department
 Northbrook Academy
 Northwestern Mutual
 Paul Revere House
 Perkins School for the Blind
 Plymouth Philharmonic Orchestra
 Population Reference Bureau
 PricewaterhouseCoopers
 Sager Electronics
 Seven Hills Foundation
 Software Galaxy Systems
 Stony Brook Day Camp
 Stoughton Youth Commission
 The Clinton Foundation
 The May Institute
 The McConnell Group
 Thompson Island Outward Bound
 Triumvirate Environmental
 UNICEF</p> |
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SPECIAL THANKS

A special thanks to Aaron Santos and Kathryn Messner for submitting articles about their internship experiences. Another special thanks to Plymouth Philharmonic Orchestra for agreeing to be featured in our Employer Profile section.

We're looking forward to working with all new employers who recently listed their internship openings with us.

BSC CAREERLINK

View over 250 internship opportunities through Career Services BSC CareerLink on-line system. Search for internships by career field, as well as paid and non-paid opportunities.

www.bridgew.edu/careerservices/careerlink.cfm

JOB SEARCH QUICK TIPS

Given the current economy, Career Services suggests the following tips:

- Have cover letter & resume critiqued
- Invest in one nice suit
- Research each organizations' website
- Be flexible regarding location
- Follow-up with a thank you in writing
- Be proactive and remain positive