

## Building a Career with Experience Internship Newsletter

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Meet:  
**Daniel Murray '08**  
Summer '07 Fellow

**Matt Moreau '08**  
Summer TWC  
Intern  
Washington, DC

**New Internship  
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**Career Services**  
Campus Center  
Room 008  
(508) 531-1328  
Internship Office  
Room 006  
[jpaqanelli@bridgew.edu](mailto:jpaqanelli@bridgew.edu)

### WHERE TO START

- If you are seeking academic credit, meet with the faculty internship coordinator in your department.
- Research internship leads through your department, the internship database and other resources in Career Services.
- Make an appointment with a Career Counselor, (508) 531-1328.
- Prepare a cover letter and resume; have it critiqued at Career Services

### Work 'N' Serve Expo Professional Positions | Internships | Volunteer Opportunities Wednesday, October 17, 2007 1:00 – 3:00 pm Campus Center Ballroom



Career Services and the Community Service Center are co-sponsoring the annual Work N' Serve Expo on October 17, 2007. Recruiters will be able to promote full-time, entry-level, professional positions for graduating seniors, internships for juniors and seniors, and community service volunteers for all students. The Expo will be held in the Campus Center Ballroom.

A sampling of some of the organizations planning to participate in this year's event include: | BAMSI | Braver, PC | Children's Museum of Easton | Citizen Schools | Clarke, Snow & Riley, LLP | Clean Harbors Environmental Services | Commonwealth of MA/HR | MA Executive Offices of Health and Human Services | Community Care Services | Convention Data Services | Enterprise Rent-A-Car | Evergreen Investments | Family Services of RI | Father Bill's Place | Handi Kids | KAF Financial | Linear Air | Massachusetts Department of Environmental Protection | MEDITECH | Needel, Welch & Stone, P.C. | New England Cable News | New Hope | New York Life Insurance Co. | Northwestern Mutual Financial Network | Peace Corps |

Putnam Investments | Reebok | Sentient Jet | Standard Electric | Supervalu/Shaw's Division | Taunton State Hospital | The Washington Center (TWC) | Walgreens | Weymouth Club and WFXT Fox 25 just to name a few. [www.bridgew.edu/careerservices/workn'serve.cfm](http://www.bridgew.edu/careerservices/workn'serve.cfm)

### Job Shadow Programs

The Bridgewater State College Job Shadow Program is accepting applications for 2008 Winter Break. The program is designed to give undergraduate students (all majors) short term exposure (either one day or a half day) to an industry or career path of interest. Students have the opportunity to observe employers and alumni in unique work settings. Online applications for the 2008 Job Shadow Program can be found on our website at: [www.bridgew.edu/careerservices](http://www.bridgew.edu/careerservices). The application deadline is *October 31, 2007*. Start networking now, don't wait!

For students interested in business, **MEDITECH** has partnered with BSC and will offer their own tailored job shadow program at their Canton, MA facility to BSC students who have an interest in the business world. Their deadline date is set for *Friday, October 26, 2007*. Refer to Career Service's website for more details.



Albeyri Gonzalez '08  
shadowed at Whittier  
Rehab Hospital



**Daniel Murray – Park Fellowship Program  
Massachusetts Department of Conservation and Recreation – Summer 2007**

During the summer of 2007 I participated in a fellowship program through the Massachusetts Department of Conservation and Recreation (DCR). I learned of this opportunity in the spring of 2007 during a recreation class I was taking with Dr. Janice Harris. Since my major is Physical Education and Recreation, and Dr. Harris knew of my interest in the environment, she told me about the DCR fellowship program and wrote me a letter recommendation.

After reviewing the DCR website, I was sure that the DCR Fellowship Program was an opportunity that would expand my knowledge of environmental issues and also confirm my career decisions. I selected the South Coast District as the area of most interest to me and

was instructed to report to Heritage State Park in Fall River. There I met with my mentor, Renee Tavares, South Coast District Manager and also a Bridgewater State College alumna. Renee introduced me to Park Supervisor Bob Horton and had me shadow him for a few days to see what a typical day was like for a park supervisor.

After my introduction to the organization of the park and the work involved, Renee gave me a list of the 15 State Parks that are in the South Coast District, and I prepared a schedule planning for a two-week experience at six of the parks. I was given personal tours of these beautiful parks, and I met and worked with supervisors, park rangers and park interpreters. My duties at each of these sites were varied and included everything from working with park interpreters to attending official meetings with park supervisors and district managers to discuss future expansion plans for many of the parks and facilities. I also learned about the campground system, waterfront safety, and the challenges of operating state parks within the confines of a restricted budget.

At the end of my twelve weeks, a graduation ceremony was held at Moore State Park in Paxton, MA, and many state dignitaries were in attendance including Senator Stephen Brewer and DCR Commissioner Rick Smith. Governor Deval Patrick sent each of the Park Fellows a letter of appreciation and an official citation in recognition of our participation in this environmental program. Each of the fellowship participants was asked to prepare a special project on a topic of personal interest that would be beneficial to the DCR. After meeting with my mentor Renee, I decided to create a discovery center to be kept on display at Heritage State Park to educate visitors about the beautiful parks located right in our region and inform them of all of the recreational opportunities available at each one.

This was a wonderful learning experience. I would strongly advise anyone who is unsure of their career path to take advantage of the many internships, fellowships and practicum opportunities available through Bridgewater State College.

## Employer Profile

### Department of Social Services, (DSS)

67 Mechanic Street  
Attleboro, MA 02703  
Tel: (508) 431-9500

Contact person: **Dennis Souza '73**  
Area Regional Manager  
Seeking all Behavioral Sciences majors  
Email: [dsouza@dssmass.gov](mailto:dsouza@dssmass.gov)

Website: [www.mass.gov/dss](http://www.mass.gov/dss)

“Child Abuse Hurts Us All; Recognizing, Reporting and Preventing Child Abuse and Neglect”.

Students who wish to look into internship opportunities with DSS should view the Internship Database.



Congratulations to the Department of Social Services, (DSS), for being recognized by Bridgewater State College as the Internship Employer of The Year. Dennis Souza '73 (L) accepted the award at the Employer/Alumni Appreciation Luncheon held this past summer on Thursday, June 7, 2007.

**By: BSC Senior, Matthew Moreau, '08**  
**Major: Biology/Chemistry**  
**Placement: George Washington University Lipid Research Facility**

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### HELPING SOLDIERS AND HELPING THE WORLD

Most students will take their summers to spend some time at the beach, take some time off, or even take a summer class or two to try to get ahead of the academic game. I chose to take the chance of a lifetime. I left my home for the first time and spent a summer "abroad" in Washington, D.C. to do an internship at the Conjunction Research Laboratory of George Washington University and the Veterans' Affairs Medical Research's Lipid Research Laboratory. I applied in the late winter to The Washington Center for Internships and Academic Seminars (TWC), and through their hard work I was placed at one of the few research positions available to students in my field. The program is entitled "Science and Policy" and is geared more towards the policy making side of science. I was fortunate enough to receive hands on experience of what life will be like when I go to medical and graduate school in the pursuit of a dual degree. I not only learned things in order to complete my project, but also expanded upon my Scientific Resume in areas unrelated to my field to take advantage of my limited time at the facility.

I worked under two M.D.-PhD's, who make up about two to three percent of the researching and academia pool. I was the only research student who was assigned an individual project at the beginning of my tenure with the chance to be a part of a publication. The focus of the lab is a long term study on the effects of alcohol in all areas related to medicine, including but not limited to body biochemistry, physiological motor function, and the changes in genetic expression in key enzymes in the body.

Even though my internship was invaluable in itself, Washington D.C. also had many opportunities to be experienced. I attended the Congressional Baseball game, experienced the prestigious Smithsonian Museums, attended political meetings and events, walked in the nations 4<sup>th</sup> of July parade, met with a variety of politicians and officials, attended open forum seminars, and visited some of the nation's most well known sites; such as the Pentagon. I didn't forget to take some time to enjoy simple pleasures, like walking along the Mall in the evening and kayaking on the Potomac River. My experiences will be an asset as I pursue an M.D.-PhD to become a future researcher and educator. As Henry David Thoreau once wrote, "If one advances in the direction of his dreams, and endeavors to live the life which he has imagined, he will meet with a success unexpected in common hours", and I like to think I took the next step in accomplishing that through my internship at the Washington Center.

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Note: The Center has recently moved to a new location:

**Current Address:**

The Washington Center for Internships and Academic Seminars  
1333 16th Street, NW,  
Washington, DC 20036-2205



THE  
WASHINGTON  
CENTER



*For Internships and  
Academic Seminars*

Application Deadlines:  
Spring '08 - 11/1/07  
Summer '08 - 3/1/08  
Fall '08 - 5/30/08

The Washington Center has scholarship money available for Students with Disabilities.

Visit [www.twc.edu](http://www.twc.edu) for scholarship and application information.

Reminder: When completing the online TWC application you must present a hard copy and discuss credit allocation with Dr. Serra prior to having your documents sent to the Washington Center.

**News & Events**

**Be a Spring Intern**

Time to start thinking about your Spring '08 options. Make an appointment with a career counselor today. (508) 531-1328.

**Try FOCUS**

Undecided about choosing a major? Consider using FOCUS an online based career system that allows you to learn about which occupation best suits your interests. Contact Career Services for more details.

**Commonwealth of MA House of Representatives / Boston State House**

Opportunities for all majors interested in politics to work for Rep. L. Dorcena Fory's Office. Visit the Internship Database for details and meet with a counselor.

**Work 'N' Serve Expo**

October 17, 2007  
1:00 - 3:00 pm  
Campus Center Ballroom  
Mark your calendar

**Get your resume critiqued at Career Services**

Drop-In Hours:  
Mon-Thurs.  
11:00 am – 2:00 pm

**New Internship Sites for 2007-2008**

**Absolutely Fit Personal Training**  
(Fitness)

**Amica Mutual Insurance Company**  
(CIS)

**Asian Task Force Against Domestic Violence**  
(Development)

**Boston Equity Investments**  
(Sales/Marketing)

**Brockton Hospital**  
(Marketing/Public Affairs)

**Evolution Fitness**  
(Marketing)

**Intel Massachusetts**  
(Corporate Affairs)

**Lightolier**  
(Engineering)

**Mass. House of Representatives – Office of Steven J. D'Amico**  
(Government)

**Nickerson PR, Marketing & Events**  
(Public Relations/Events/Marketing)

**NTP Software**  
(Sales)

**Pfs Dream Galleries**  
(E-commerce and Web Services)

**Regan Communications**  
(Public Relations)

**Soule Homestead Education Center**  
(Children's Education Programs)

**Tango Pix**  
(Marketing)

**Taunton Daily Gazette**  
(Editorial)

**The Cape Cod Theatre Project**  
(Theatre Production)

**The SPARK Center/Boston Medical Center**  
(Pediatrics)

**SPECIAL THANKS**

A special thanks to and Matt Moreau and Daniel Murray for submitting their articles. A special thanks to DSS for agreeing to be featured in our Employer Profile section.

We're looking forward to working with all new employers who recently listed their internships with us.

**INTERNSHIP DATABASE**

The Internship Database maintained by the Career Services Office has 300+ opportunities for students considering internships. Search internships by career field, geographic location, as well as paid and non-paid opportunities.

[www.bridgew.edu/careerservices/intern](http://www.bridgew.edu/careerservices/intern)

**NACE 2007-08**

According to NACE, more and more employers involved with entry level hiring are now focusing on verifying the following three items:

- Criminal background checks
- Credit checks
- Verification of diploma listed on a candidate's resume.

**National Association of Colleges & Employers**