

Building a Career with Experience Internship Newsletter

Inside this Issue:

Meet:

Michael Malaro,
Summer '04 Intern
Dallas, TX

Michael Jolly, Jr.
Fall '04 Intern
Easton, MA

Andrea Braham,
Summer '04 Intern
Washington, DC

Internship Wall of Fame

Career Services

Campus Center
Rooms 008
(508) 531-1328
Internship Office
Room 006
jpaganelli@bridgew.edu

WHERE TO START

- If you are seeking academic credit, meet with the faculty internship coordinator in your department.
- Research internship leads through your department, the internship database and other resources in Career Services.
- Make an appointment with John Paganelli, (508) 531-1328.
- Prepare a cover letter and resume; have it critiqued at Career Services

Management Science Internship Forum February 23, 2005



Maki Yamamoto '05, (left) Chrissie Messuri '02
John Dudley '05 and Stephen DaCosta, Jr. '05

Professor Mercer Fellouris, Chairperson Management Science Department, and John Paganelli, Associate Director, Career Services Internships and Experiential Learning co-facilitated the fourth annual Internship Forum. Current students John Dudley '05 and Stephen DaCosta, Jr. '05 and recent alumnae Maki Yamamoto '05 and Chrissie Messuri '02 discussed their internships and the importance of having practical experience in the field of business management. Stephen DaCosta, Jr. completed his internship with Putnam Investments in May 2004, and was subsequently offered a part-time position at Putnam's Franklin facility. John Dudley, presented a PowerPoint overview of his marketing internship at Faneuil Hall Marketplace in Boston. Alumna

Chrissie Messuri discussed her Putnam internship experience as an English major and how she transitioned her internship to a full-time opportunity. Maki Yamamoto, who just graduated in January 2005, discussed her internship with the United States Chamber of Commerce in Washington, DC. The panel provided valuable insight and information to future management interns.

Job Shadow Program Launch A Success

The Bridgewater State College Job Shadow Program was launched during winter break 2005. The program was designed to give undergraduate students first-hand knowledge and experience in a variety of careers. Students were matched with a Job Shadow Mentor for one day, during which the student observed the daily routines and responsibilities of a professional in the student's expressed field of interest. Four employers, Jeff Fowler '03, BTV-9; Dave Connolly, The Enterprise Newspaper; Patricia Yearwood, Department of Social Services, Boston; and Kevin Vacca, Reebok, hosted six students, Nicoline Batista, Santio Cupon, Chuna Keophannga, Catherine Lortie, Katie McCormick and Susan Paul. Students interested in participating in the 2006 Job Shadow Program should contact the Career Services Office for an application.



Santio Cupon '05 & Jeff Fowler '03

Employer Profile

Children's Hospital
 300 Longwood Ave.
 Boston, MA 02115
 Contact: Ms. Courtney O'Keefe
 Internship Coordinator
Courtney.okeefe@childrens.harvard.edu
 Tel.# (617) 355-4514
 Fax # (617) 738-1657

Children's Hospital is seeking summer 2005 interns; various paid positions available for all majors.
 Website: <http://web1.tch.harvard.edu/>

For 15 years in a row, Children's has been rated one of the top pediatric hospitals in the country by *US News and World Report*. It is the largest pediatric medical center in the US and is the primary pediatric teaching hospital of Harvard Medical School, (HMS).



If you are an upperclassman, please note that a credit-bearing internship requires you to have a minimum GPA of a 2.5. (Some departments may have a higher GPA standard). The new Bridgewater State College internship application is now available on-line at:
<http://www.bridgew.edu/Registrar/forms.cfm>
 or in the Career Services Office, Room 8 Campus Center



If you have ideas for featuring Bridgewater State College student interns or employers, contact John Paganelli at (508) 531-1328 or by e-mail at jpaganelli@bridgew.edu

Words of Advice:

"Don't graduate from Bridgewater State College without internship experience. It's all about NETWORKING!"

**Michael Malaro, '05
 Aviation Science Major
 Summer 2004**

From the Classroom and into the Cockpit

Sitting behind the First Officer in the cockpit of an American Airlines Boeing 777 at 41,000 feet on my way to Chicago, I was watching every movement the Captain and First Officer were making while they explained what they were doing. As an intern at American Airlines, I was allowed to jump seat on any flight in the United States and observe all cockpit procedures. I traveled over 51,000 miles during my internship to places such as Key West, Miami, San Diego, Denver, and Washington, DC. During the week, I worked at the American Airlines Flight Academy in Dallas, Texas in the American Eagle Flight Training Department where pilots are trained. For three weeks I went to ground school where I was trained to fly a specific aircraft and then received simulator training in the Boeing 737. I visited the Boeing plants in Seattle, Washington, and in Long Beach, California, where these aircrafts are manufactured. This was a very valuable experience for me, because I got to see first hand how a major airline operates and was exposed to the daily activities of the pilots. Internships are invaluable.



**Michael Jolly, Jr. '05
 Fall 2004 Public Relations Intern
 The Children's Museum of Easton, North Easton, MA**

Career Services has many opportunities to offer students. My future career options took on a new light through one of those opportunities; a public relations internship at The Easton Children's Museum. I was fortunate to have the opportunity to participate in the 100th anniversary of the fire station that has been preserved as a children's museum. This 100th anniversary gave me the chance to understand what event planning entails, including inviting many political leaders such as Congressman Stephen Lynch and Easton selectman Colleen Corona. It was through the assigned tasks of my internship that I learned the true meaning of the art and science of public relations.



The Children's Museum in Easton brought to life classroom lessons through real life experiences. I quickly learned that event planning strengthens a person's writing skills. It is important to learn the value of nonverbal communication within the public relations field as well as understand the close relationship between public relations and politics. Addressing people of all ages, race and gender is important when acting as an advocate and role model for the citizens of any city, town or state. Through this internship I learned a great deal about my own field, as well as the value of "hands-on" lessons for young children.

"Internships, for public relations professionals and hiring managers are money and time savers. The student job seeker with an internship has real world experience. This means, for the hiring manager, a shorter learning curve before the new hire becomes a productive member of the communications team". (Quote Professor Kirk Hazlett, Visiting Lecturer, Communication Studies, Bridgewater State College President, Boston Chapter, Public Relations Society of America)



From The Washington Center, TWC

Andrea Braham, '05

Major: Communication Studies

Placement: National Organization on Disability, (NOD)

Life after Washington, DC and The Washington Center

By Andrea Braham

This past summer I had one of the greatest experiences of my life in Washington DC. My internship, which was organized through The Washington Center for Internships and Academic Seminars, was with the National Organization on Disability. Before I went to Washington, DC I had three very important questions on my mind. Would I change as a person? Would I suddenly fall in love with the city and possibly relocate? And most importantly, what would life be like for me after this experience?

The first two questions were quite obvious to me, because I experienced them while in Washington. Yes, I changed as a person. Going to work everyday and advocating for a good cause helped me strengthen my career goals. And yes, I did fall in the love with Washington. Who wouldn't fall in love with the dynamic and exciting environment of the nation's capital? The last question, however, is quite different, because I could not answer it in Washington. I had to wait until I got home to see how my life would change.

This internship experience has broadened my horizons. Not only am I more aware of the challenges of being a professional, but I am convinced that I can succeed as one. Having the opportunity to do an internship has been so beneficial for me. It has allowed me to strengthen my resume by proving that I have professional experience and that I am serious about evolving as an individual.

In addition, I have received praise for going to Washington, DC by being recognized by the local media. Although I was very surprised to obtain such recognition for doing an internship, I learned that many students do not take advantage of this great opportunity. Simply, doing an internship is one of the best things that a student can do for him or herself. In fact, I am still thanking Career Services for helping me realize this.

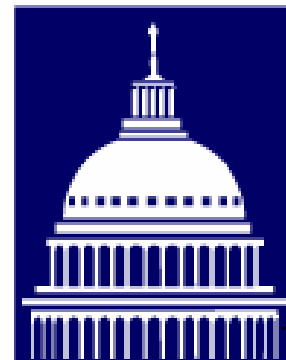
If one wants to market oneself as an ideal candidate, an internship can make all the difference. Internships allow students to decide what type of work is actually the best fit for their interests. It also gives students the chance to develop and strengthen their skills, which is what my Washington experience has done for me.

As I reflect upon my experience, I see myself as a different person now, and I can honestly say that I have grown. My life after Washington, DC has changed for the best, because doors that I once thought were closed are now open. Take my advice: intern. Your life after the experience will definitely change.



Andrea Braham '05

THE
WASHINGTON
CENTER®



*For Internships and
Academic Seminars*



**Fall '05 Deadline:
April 29, 2005**

Note: The Washington Center has scholarship money (\$7,450.00 per applicant) available for Students with Disabilities. Check out their website at www.twc.edu for further information.

Internship Wall of Fame

Room 006, Campus Center



Check out who has completed an internship by visiting the Internship Resource Room. Do you recognize your fellow classmates?

**New Internship Sites
Bridgewater State College**

American Express (Finance)

**Association of Blind Citizens, Inc.
(Marketing & Public Relations)**

Boston Neighborhood Network (Public Relations)

Brattleboro Museum & Art Center (All areas)

Children's Hospital (Various positions)

**East Bridgewater Community Television
(Communications)**

Geerlings & Wade (Graphic Design)

Handi Kids (Marketing & Public Relations)

**Horace Mann Educational Associates, Inc.
(Behavioral Sciences Majors)**

Montauk Financial Group (Finance/Research)

Riverside Community Care (Behavioral Sciences Majors)

Sullivan Tire (Marketing)

SPECIAL THANKS

A special thanks to Andrea Braham, Michael Jolly, Jr. and Michael Malaro for their contributing stories. Also, thank you to our Management Science Internship Forum panelists: Stephen DaCosta, Jr., '05 John Dudley '05, Chrissie Messuri '02 and Maki Yamamoto '05.

INTERNSHIP DATABASE

The internship database maintained by the Career Services Office has over 530+ opportunities for students considering internships. Search internships by career field, geographic location as well as paid and non-paid opportunities.

www.bridgew.edu/careerservices/intern

NACE UPDATE

Where employers will look for new hires in 2005:

- On-Campus Recruiting
- Internship and Co-op Programs
- Employee Referrals

National Association of Colleges & Employers