

Building a Career with Experience Internship Newsletter

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Meet:
Bill Paquin '07
Aviation Intern at
FAA

Chandler
Ruehrwein '06
HR Intern at
Haskon Aerospace

Sarabeth Levangie
Intern- Washington,
DC

New Internship
Sites

Career Services

Campus Center
Rooms 008
(508) 531-1328
Internship Office
Room 006
jpaganelli@bridgew.edu

WHERE TO START

- If you are seeking academic credit, meet with the faculty internship coordinator in your department.
- Research internship leads through your department, the internship database and other resources in Career Services.
- Make an appointment with John Paganelli, (508) 531-1328.
- Prepare a cover letter and resume; have it critiqued Career Services

Why Internships are of Value; Faculty Perspectives



"Internships can introduce you to a variety of professional roles in your chosen field, and just as important, to a variety of workplace environments. You'll gain practical work experience and the chance to apply classroom lessons in a professional setting while, at the same time, earning college credit. Placements are available with federal, state and local governments and with non-profit organizations".

Dr. Michael Kryzaneck, Political Science Department



"Internships are valuable to students because they allow the student to try out various fields of work within their discipline so that upon graduation the student has a clear idea about what direction he or she wishes to take in the chosen discipline. Furthermore, students benefit from internships in the eyes of an employer, who is likely to choose the student with internship experience over the student with no practical experience".

Prof. Ivana George, Art Department



"Internships allow our students to take their ivory tower knowledge out into the community and see how it applies in the workplace, in the face of different kinds of pressures and deadlines. In urban planning, where most of my students are placed, factors such as political power, citizen participation, community relationships, and financial constraints create a context in which one must balance the ideal against 'what can be done' – but understanding how one can still move towards the ideal outcome. Having that experience, and understanding how to appropriately apply the information and tools learned in the classroom give students who have successfully completed internships an edge, whether it's having a foot in the door when looking for permanent employment after graduation (gaining both experience and references), or having more than just the traditional classroom background that makes one stand out on graduate school applications. Some of our interns have been hired by the agencies in which they interned and some interns have been strongly encouraged by their workplace mentors to apply to graduate schools, often at the schools where their workplace mentors earned their degrees. And last but not least, our interns serve as ambassadors for BSC, helping us sustain direct ties to communities and agencies in Southeastern Massachusetts."

Dr. Robert Amey, Geography Department

How to Work the Job Fair for Internship Leads

Wednesday, April 5, 2006

Campus Center Ballroom, 11:00 a.m. - 1:30 p.m.



Sophomores and juniors are encouraged to attend our Job Fair. It is a good idea to have copies of your resume available. Simply introduce yourself to the recruiters, explain your interest in doing an internship with their organization, and ask them who the direct contact person is for internships. Be sure to give the recruiter a firm handshake, and maintain good eye contact. Write each recruiter a thank you note. Feel free to make an appointment with a career counselor for further internship advice. It's that easy. Professional attire recommended.

Meet Chandler Jude Ruehrwein '06
Internship Placement: Haskon Aerospace

“Find the Perfect Internship” by Chandler Ruehrwein

I am completing my third internship at Bridgewater State College. I enjoyed my first two internships, but I have finally found the perfect internship for me.

In November, I attended the Community Service & Internship Fair. I expected some great companies to be there, but I did not expect to find the perfect internship. I spoke with Human Resources Manager, Bill Cain '83 at the Haskon Aerospace booth. He handed me a sheet of paper that contained a list of 8-10 human resources duties and I was sold instantly.

I am very fortunate to have such a good site supervisor and mentor. Bill always has a list of relevant duties for each intern to work complete. He gives us long term and short term projects, and we also get important, time sensitive projects. Bill is very open to the opinions of his interns, and if one of us can find a more efficient way to do a project, he is very encouraging. He provides us with resume and interviewing help along with tips for a career in human resources.

In my business classes I read and study about the human resources field. At my internship, I actually get to apply what I have read. One of the great aspects of this internship is that we get exposure to all areas within human resources including recruiting, employee tracking, federal and state regulations, training, and awards.

I would encourage all Bridgewater State College students to secure an internship before graduation.



Employer Profile



New England Patriots
 1 Patriot Place
 Foxboro, MA 02035

Contact person: Chris Starck
Seeking Marketing Interns
 Email: chriss@patriots.com

Contact Person: Scott Mayo
Seeking Quality Assurance Employees
Scottm@patriots.com

Website: www.patriots.com

Students who wish to look into internship opportunities with the New England Patriots should view the Internship Database.

SUPER BOWL CHAMPIONS 2001, 2003, 2004

2006 Sports Management and Entertainment Career Fair
Want to Gain Experience at Gillette Stadium,
Home of the New England Patriots, 3 x World Champions?
Register now for their Career Fair on April 30th!

The Three Time Super Bowl Champion New England Patriots and New England Revolution would like to invite you to participate in the **2006 Sports Management and Entertainment Career Fair** to be held at Gillette Stadium on Sunday, April 30th.

This event is open to any individuals interested in pursuing a career in the sports and entertainment industry. Representatives from a variety of the professional teams, minor league teams, sports apparel companies, media companies, public relations and advertising agencies will be on-hand to answer questions about internship and job opportunities.

To register visit <http://www.gillettestadium.com/> . Registration is \$25.

The fee includes:

- 1 Ticket to the Career Fair
- Complimentary parking
- 1 General Admission Ticket to the Revolution v. Chicago Fire (following the Career Fair)



Meet Sarabeth Levangie '06

Major: Environmental Biology

Placement: United States Coast Guard Headquarters

“A Coastie for the Summer” by Sarabeth Levangie

With the help of The Washington Center I was fortunate to receive an internship position at the United States Coast Guard Headquarters in Washington, D.C. I worked with members of the Environmental Management Division on various environmentally related projects. My assignments involved working with policies that affected endangered species like the right whale. I also drafted an interim policy which outlines mandates of the Migratory Bird Treaty Act, the Bald and Golden Eagle Act, and the Endangered Species Act and how they pertain to Coast Guard actions when faced with removal of migratory bird nests.

Working with military and civilian members of the Coast Guard was an amazing experience. I was made to feel like part of the “Coastie” family from my very first day. Though I did look forward to seeing my friends and family back home, I knew I would miss my coworkers and the friendships formed over my summer with the Coast Guard.

Part of my Washington Center experience also included volunteering for the project or organization of my choice. After visiting Arlington House at Arlington National Cemetery, I decided to donate my time to their garden project. Arlington House includes a vegetable garden with corn, tomato and squash plants which requires frequent weeding. The garden is also a hot spot for the local deer population.

Washington, D.C. is an exciting place to be. Even living there for the summer did not allow me enough time to explore everything the city has to offer. I was able to see all of the Smithsonian Museums and was particularly fond of the Museum of Natural History. The National Botanic Garden is a must see for avid gardeners, as well as those just seeking a beautiful place to visit.

My Washington Center program also included trips to various embassies, including the Israeli Embassy and the Egyptian Embassy, to hear ambassadors speak on current issues. Students were allowed to tour the Pentagon and see the post 9/11 reconstruction along with the memorial room built on the site of impact.

The Washington Center Program has provided me with many rare opportunities that I would not have had otherwise. Meeting people from all over the world and hearing about the background of those individuals, has been an enriching and unexpected component of my Washington Center Internship. The personal and professional experiences I have gained will continue to encourage and inspire me.

Look who is interning in Washington, DC this semester:

1. Anna Gilliam, National Public Radio, (NPR)
2. Michael Mullen, Jr., Congressman William Delahunt
3. William “Bill” Paquin, Department of Defense, Aviation Division



Sarabeth Levangie



**Fall 2006 Deadline:
April 28, 2006**

The Washington Center has scholarship money (\$7,450.00 per applicant) available for Students with Disabilities.

Visit www.twc.edu for scholarship and application information.

Reminder: When completing the online TWC application you must present a hard copy and discuss credit allocation to Dr. Serra prior to forwarding your documents to the Washington Center.

News & Events

Be a Summer Intern

Time to start thinking about your summer options. Make an appointment with a Career Counselor today. (508) 531-1328.

Try FOCUS

Undecided about choosing a major? Consider using **FOCUS** an online based career system that allows you to learn about which occupation best suits your interests. Contact Career Services for more details.

Aramark at Fenway Park

Opportunities in Finance, Marketing and Operations. Visit the Internship Database for details and meet with a counselor.

13th Annual Job Fair

April 5, 2006
11:00 a.m. - 1:30 p.m.
Campus Center Ballroom
Mark your calendar.
Get your resume critiqued at Career Services.

New Internship Sites for 2005-2006

Aramark @ Fenway Park
(Finance, Marketing and Operations)

Bridgewater State College Art Department
(Coordination of the Fourth Computer Art Show)

Collegiate Entrepreneurs, Inc
(Accounting & Payroll)

Council of Juvenile Correctional Administrators
(Probation)

The Health & Fitness Studio
(Exercise Science)

Industrial Trucking & Equipment
(Accounting & Sales)

Lahey Clinic
(Research)

MPG Newspapers
(Writers)

Nestle Waters North America
(Customer Service)

Plimoth Plantation
(Marketing & Public Relations)

SPECIAL THANKS

A special thanks to Chandler Ruehrwein, and Sarabeth Levangie for submission of their articles into this newsletter. A special thanks to the New England Patriots for contacting us with some great opportunities for Bridgewater State College students!

INTERNSHIP DATABASE

The internship database maintained by the Career Services Office has over 550 opportunities for students considering internships. Search internships by career field, geographic location as well as paid and non-paid opportunities.

www.bridgew.edu/careerservices/intern

NACE 2005-06

According to the NACE *Job Outlook 2006* report employers expect to hire 14.5 percent more new college graduates in 2005-2006 than they hired in 2004-05.

National Association of Colleges & Employers