

Building a Career with Experience Internship Newsletter

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Meet:
Christina Davey,
Intern, at BTV-9.

**The Washington
Center:**
Michael Mullen, Jr.,
**Intern, with
Congressman
Delahunt, (D-MA)**

Career Services

Campus Center
Rooms 008
(508) 531-1328
Internship Office
Room 006
jpaganelli@bridgew.edu

WHERE TO START

- If you are seeking academic credit, meet with the faculty internship coordinator in your department.
- Research internship leads through your department, the internship database and other resources in Career Services.
- Make an appointment with John Paganelli, (508) 531-1328.
- Prepare a cover letter and resume; have it critiqued in Career Services.

WORK 'N' SERVE EXPO RECAP

On Wednesday, October 18, 2006, Bridgewater State College hosted its first ever Work 'N' Serve Expo. The expo was a success, with over sixty employers providing information on full-time professional entry level positions, internships, service learning and volunteer opportunities from a wide variety of fields including communications, education, management, and social services. Over 200 students attended this year's event, learning first hand from employers the importance of networking.



Employers who attended the expo included: Bankers Life and Casualty | Bayer Healthcare | Big Sister Big Brother | Blue Cross Blue Shield of MA | Boston Financial Data Service | Bristol County Sheriff's Department | Cape Air/Nantucket Airlines | Clarke, Snow and Riley | Commonwealth of MA | Community Care Services | Cradles to Crayons | Eliot Community Human Services | Enterprise Rent-A-Car | Evergreen Investments | Fastenal Company | Father Bill's Place | Fuller Craft Museum | Handi Kids | Hospice of Boston and Greater Brockton | KAF Financial | Latin American Health Institute | Lombardo's | Massachusetts Department of Environmental Protection | May Institute | MEDITECH | Metlife | Needel, Welch & Stone, P.C. | New England Aquarium | New England Center for Children | New York Life Insurance Co. | Northwestern Mutual Financial Network | Perkins School for the Blind | PricewaterhouseCoopers, LLP | Putnam Investments | Shaw's | Target | Town Sports International | UPS | U.S. Dept. of Homeland Security | and W.B. Mason.

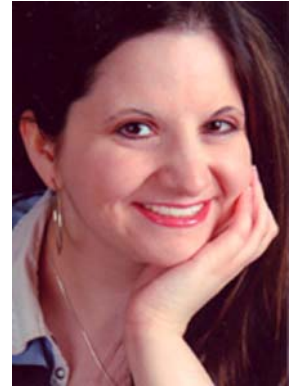


MEDITECH AND BRIDGEWATER STATE COLLEGE PARTNER IN JOB SHADOW PROGRAM

Bridgewater State College's Job Shadow Program is now moving into its third year and has partnered with the headquarters of MEDITECH in Canton, MA to create a specifically designed shadow program for students interested in business. Ten students applied and will be the first-ever "shadows" of this newly launched program. Students will report to this site next month and will shadow a professional employee for approximately 3-4 hours learning about how the company operates and asking questions throughout the day. Participants will then have lunch with BSC alumni who work at MEDITECH, so they will have a chance to further enhance and develop their networking skills.

The BSC Job Shadow Program is an opportunity to give students from all majors first-hand knowledge and experience in exploring careers and occupations. A student is matched with a Job Shadow Mentor for one day, and observes the daily routine and activity of a professional in the student's expressed field of interest. A Career Services Counselor oversees the job shadow experience, which takes place during the Winter Holiday break from January 2, 2006 through January 12, 2006. In order to participate in the Job Shadow Program, students must be a full-time matriculated, undergraduate with a GPA of a 2.5 or above.

Meet Christina Davey '07
Major: Communication Studies
Internship Placement: BTV-9



“THREE INTERNSHIPS UNDER MY BELT”

My first internship led me down the East Coast to Orlando, FL where I interned with the Disney Internship Program. My second internship took me to Needham, MA where I interned in the newsroom with WCVB-TV, Channel 5. It gave me first hand experience to see how a Boston based newscast is run. I had the opportunity to work with producers and participate in news production.

Even though the internship at Channel 5 was successful, I felt I needed more hands-on experience. That's when I contacted Professor Jim Moore, the Station Manager at BTV-9 in Bridgewater, MA. I knew Jim would offer an excellent internship because he is a professor and knows what experience a college student would need. This third internship with BTV-9 has also given me the opportunity to participate in producing the news. I have been able to create news packages, write scripts, edit footage, and be an anchor for the news.

I highly recommend doing an internship to build your resume and make some valuable contacts in your chosen field. You will be able to obtain the knowledge you need to find out if the field you are in is right for you. I would also recommend that students do more than one internship, to have a variety of “hands on” experience.

Employer Profile

Site: **Handi Kids**
Contact: Jane Pariseau
Riding Director
Address: 470 Pine St.
Bridgewater, MA 02324
(508) 697-7557
Seeking: Interns
Website: www.handikids.org
Email: jpariseau@handikids.org



Handi Kids
Recreation for Children with Disabilities

Handi Kids is a non-profit, recreational facility for children and young adults with physical and cognitive challenges. Handi Kids provides therapeutic recreation to thousands of individuals on a year-round basis through their Summer Camp, Saturday Camp, School Vacation Camp, Therapeutic Horseback Riding, Vocational Training programs, Boy Scout & Girl Scout Troops, Teen programs, Family Support Groups and Special Event programming.

If you're interested in this site for a possible internship, please contact Career Services and meet with a counselor for further details.

From The Washington Center, TWC

By: Michael Mullen '07

Major: Political Science

Placement: Offices of Congressman William Delahunt, (D-MA)

THE OPPORTUNITY OF A LIFETIME

Last spring I took advantage of a great opportunity that Bridgewater State College offers in conjunction with *The Washington Center for Internships and Academic Seminars (TWC)*. Through this partnership I was able to earn full academic credit and receive significant financial aid while gaining real-life, practical experience interning in our Nation's Capital.

Working in The Office of Congressman, Bill Delahunt provided me with a stimulating and enriching internship experience that taught me more than any lecture or textbook could about our government and the way our political system works. By attending Congressional hearings, giving tours of the Capitol, writing correspondence, and attending receptions, I have learned the accuracy of the late Speaker Tip O'Neill's famous quote, "All politics is local." On a daily basis, I learned how constituents, political parties, interest groups, and lobbyists seek to influence legislative and political decisions, all of which directly impact the constituents of the 10th Congressional District. Whether it is the Iraq War, the realignment of Otis Air Force Base, or energy independence, I have seen how the interests of Massachusetts residents are reflected in every one of these decisions.

One of the things I enjoyed most while working for Congressman Delahunt is the interaction I had with constituents and opinion leaders from the district. For the many people who called or interacted with the office on a regular basis, I was one of the people that gave the important, first impression of the Congressman and his office. The experience I had talking to them on the phone while learning about issues of importance to them, helping them plan trips to Washington, or giving them tours of the Capitol was invaluable.

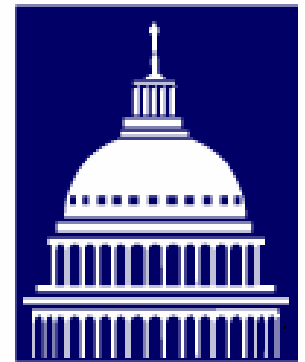
While in Washington, I also took advantage of the many other things the city had to offer. I used my spare time to visit the famous Smithsonian Museums, bike ride around the National Mall and down to George Washington's former homestead at Mount Vernon. I also learned that Washington is a city of transplants, meaning that most people who live and work there are professionals from across the country and world brought by ambition and opportunity to make a difference in the world. Networking was also essential to my success while in Washington D.C. I had the opportunity to meet C-SPAN founder Brian Lamb, attend receptions for the New England Council, and have lunch with lobbyists who represent trade and non-profit organizations across the country. I also met other aspiring leaders and became friends with people from Kentucky, Ohio, Canada, and Puerto Rico.

The opportunity Bridgewater State College affords to its students through participation in *The Washington Center* can be beneficial to the career goals of students in every major. I urge all students at Bridgewater to learn more about TWC and find out how it can also have a great impact in your life as well as it did mine. Learning more about our government in Washington is not only a great opportunity and important to political junkies as I am, but it is important to Americans from all walks of life to make educated decisions, and to learn about the government that affects all of our lives.



Michael Mullen, Jr. '07

THE
WASHINGTON
CENTER®



*For Internships and
Academic Seminars*

**Summer 2007 Deadline:
March 1, 2007**

**Fall 2007 Deadline:
May 30, 2007**

**TWC has a new home!
Check out their website at
www.twc.edu**



News & Events

Be a Summer Intern

Time to start thinking about your Summer '07 options. Make an appointment with a Career Counselor today. Don't forget; summer internship credit requires summer payment!
(508) 531-1328.

Try FOCUS

Undecided about choosing a major? Consider using FOCUS an online based career system that allows you to learn about which occupation best suits your interests. Contact Career Services for more details.

Looking for a GIS internship?

Opportunities for Geography majors interested in field work/research. Visit the Internship Database for details and meet with a counselor.

Annual BSC Job Fair

Wed., April 4, 2007
11:00 am – 1:30 pm
Campus Center Ballroom
Mark your calendar. Get your resume critiqued in Career Services.

New Internship Sites for 2006-2007

Alpine Pure USA
(Marketing)

The Arc of Greater Plymouth
(Management/Marketing)

Computershare
(Human Resources/Recruiting)

Management Search, Inc. of RI
(Recruiting/Business Development)

Project F.A.C.E.
(Health Education, Event Planning and Marketing)

ProMedDx, LLC
(Information Technology)

Silver City Skateland/Burke & Sons, Co.
(Marketing)

Yellow Pages of New England
(Sales/Marketing)

SPECIAL THANKS

A special thanks to Christina Davey and Michael Mullen, Jr. for submitting their articles. A special thanks to Handi Kids for agreeing to be featured in our Employer Profile section.

We're looking forward to working with all new employers who recently listed their internships with us.

INTERNSHIP DATABASE

The Internship Database maintained by the Career Services Office has 300+ opportunities for students considering internships. Search internships by career field, geographic location, as well as paid and non-paid opportunities.

www.bridgew.edu/careerservices/intern

NACE 2006-2007

How Much Do Earnings Increase With Education Level?

According to data from the U.S. Bureau of Labor Statistics the financial difference between a bachelor's and master's degree is nearly \$200 per week, while the difference between a bachelor's degree and a doctorate is nearly \$500 per week.

National Association of Colleges & Employers