

CBT Training: SCHOLARSHIP CONTEST

February 1, 2010

Dear Colleague:

Please forward this email to faculty, residents, and graduate students to let them know about a special competition for scholarships in Cognitive Behavior Therapy training at the Beck Institute for Cognitive Therapy and Research in Philadelphia. Our non-profit organization is dedicated to the broad dissemination of CBT to professionals.

We will be awarding **full tuition scholarships** to our 3-Day Workshop, which runs periodically through the year. Graduate students or faculty, of any mental health discipline, should email the following to education@beckinstitute.org:

1. a letter (no longer than one page) describing their exposure to and experience in CBT and their involvement (if any) in CBT research. They should also describe how they intend to use CBT in the future.
2. their CV/resume

The deadline is March 1, 2010. Winners will be notified within three weeks of that date.

Trainees in this program come from around the U.S. and abroad. They range from graduate students and faculty to mental health and health professionals who work in a wide variety of outpatient, inpatient, medical, and academic settings. Trainees' prior experience and expertise in CBT range from basic to advanced.

Training is interactive and is conducted by Aaron T. Beck, M.D., Judith S. Beck, Ph.D., and other senior faculty. Trainees typically spend their time attending training sessions, viewing DVDs of patient sessions, participating in case discussions, role playing, and watching, and then discussing, a live patient session with Dr. Aaron Beck. [Click here](#) for complete details and dates, or visit www.beckinstitute.org.

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