

Office of International Programs

Study Abroad Packing Checklist

When preparing to study abroad it is important to remember to **pack light**. You may feel the urge to pack everything you own, but you will soon find that: 1) you will not need half of the items that you have packed and 2) you will struggle to carry heavy luggage to various locations. Additionally, you want to leave room in your luggage for gifts and souvenirs.

Please remember the following:

Carry- On Luggage

- (1) set of clothes
- Passport
- Copies of personal information (visas, letter of acceptance, student id, etc.)
- Medications (Prescription and over-the-counter)
- Toothbrush
- Camera and Film
- Contacts and Glasses

Luggage

- (3) pairs of pants (jeans, khakis, dress pants)
- (3) pairs of shoes (sneakers, sandals, dress shoes)
- (3) shirts
- (1) formal outfit
- (1) jacket (waterproof, optional inner lining)
- (1) sweatshirt
- (1) set of sleepwear
- Undergarments (warm socks, etc.)
- Small backpack or equipment carrier bag (may use carry-on)
- Adapter and voltage converter
- Toiletries
- Battery operated clock
- Feminine products
- Zip lock bags
- (1) small umbrella
- Additional copies of personal information (passport, visa, contact information)