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## MENTAL HEALTH COUNSELING (CNMH)

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### **CNMH 534 The Professional Counselor: Standards, Ethics and Legal Issues (3 credits)**

This course, which is for the graduate counseling student who intends to work in mental health or PreK-12 settings, and who is seeking licensure as a Licensed Mental Health Counselor (LMHC) or School Social Worker/School Adjustment Counselor, will examine the current trends in the area of ethical and legal issues that affect the professional counselor, as well as the process of ethical decision-making. Legal and ethical issues dealing with informed consent, confidentiality, duty to warn, neglect and abuse, family rights and special education will be among the topics to be studied. Ethical standards of the ACA and codes germane to specific counseling associations will be reviewed and discussed. Guidelines and competencies for working with multicultural and other special populations will also be examined.

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### **CNMH 564 Theories of Psychological Development (3 credits)**

This course will examine traditional and contemporary theories of psychological development. Each theory will be examined from a multicultural perspective. Students who intend to work in mental health, or PreK-12 settings, and who may also be seeking licensure as either an LMHC, School Social Worker/ School Adjustment Counselor or School Counselor, will learn how to apply psychological theories of development in assessing client issues and formulate appropriate interventions.

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### **CNMH 568 Psychopathology (3 credits)**

*Prerequisite:* CNGC 510 and CNGC 528

This course will provide an examination of the classification system, diagnostic criteria, and differential diagnosis according to the current Diagnostic and Statistical Manual of Mental Disorders (DSM). Attention will be given to issues of diversity, etiology and treatment options.

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### **CNMH 570 Advanced Applied Counseling: Mental Health Counselor (3 credits)**

*Prerequisite:* CNGC 510 and CNGC 528 and CNGC 535 and CNMH 534 and CNMH 568 and CNGC 520 and a practicum application approved by the Director of Fieldwork and Training

This course includes a minimum of 150 hours of field experience and is designed to provide the advanced counseling student who intends to work in mental health or PreK-12 settings and who is seeking licensure as a LMHC or school social worker/school adjustment counselor, with an opportunity to further examine and effectively apply counseling theory into practice and demonstrate this ability during the required practicum experience. Students will actively work with clients in the role of mental health counselor. Emphasis will be placed upon the application of counseling techniques to clients over the lifespan and the further refinement of the counseling student's individual counseling style and increased self-awareness. Maximum use of

clinical supervision, audio/video tape, role-play and observation will be made. Moreover, overarching issues such as multiculturalism, psychological development, technology, context and ethics/professionalism will be integrated throughout this course. Students must submit an internship application by the first week of April for summer and fall semesters or by November for spring semester.

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### **CNMH 571 Internship: Mental Health Counselor (3-12 credits)**

*Prerequisite:* Successful completion of CNGC 529 and CNGC 538 and CNMH 534 and CNMH 568; and CNMH 570 or CNMH 580; and a fieldwork application approved by the Director of Fieldwork and Training

This variable-credit fieldwork experience is for the advanced counseling graduate student seeking a license as a Licensed Mental Health Counselor in Massachusetts (LMHC) and/or a School Social Worker/School Adjustment Counselor. Students seeking licensure as a Licensed Mental Health Counselor (LMHC) must complete a minimum of 900 hours of fieldwork at a mental health site. Students pursuing an LMHC and a license as a School Social Worker/School Adjustment Counselor must complete a minimum of 450 hours of fieldwork at a mental health site and 450 hours at a school-based mental health site. Students may work 10-40 hours per 15-week semester and will register for three credits for each 150 hours of fieldwork they will complete that semester. For example, 10 hours per week/150 total hours = three credits; 20 hours per week/300 total hours = six credits; 30 hours per week/450 total hours = nine credits; 40 hours per week/600 total hours = 12 credits. The 40 hours per week/600 total hours/12-credit semester option is not available when interning at an educational site. Students must attend a clinical seminar each semester they are involved in field experience and must attend a minimum of two seminars. Students must submit an application by the first week of April for the summer and fall semesters or by November for the spring semester. This experience may be repeated up to six times for a minimum total of 18 credits. *All fieldwork sites must conform to the current licensing regulations including having an approved on-site supervisor as defined by the Board of Registration of Allied Mental Health Professionals for a Licensed Mental Health Counselor (see 262 CMR).*

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### **CNMH 580 Advanced Applied Counseling: Mental Health Counselor - Dual License (3 credits)**

*Prerequisite:* CNGC 510 and CNGC 528 and CNMH 534 and CNGC 535 and CNMH 568 and a practicum application approved by the Director of Fieldwork and Training

This course includes a minimum of 150 hours of field experience and is designed to provide the advanced counseling student who intends to work in mental health or PreK-12 settings, and who is seeking licensure as a Licensed Mental Health Counselor (LMHC) or School Social Worker/School Adjustment Counselor, with an opportunity to further examine and effectively apply counseling theory into practice and demonstrate this ability during the required practicum experience. Students will actively work with clients in the role of mental health counselor in an educational

setting. Emphasis will be placed upon the application of counseling techniques to clients and the further refinement of the counseling student's individual counseling style and increased self-awareness. Maximum use of clinical supervision, audio/video tape, role play and observation will be made. Moreover, overarching issues such as multiculturalism, psychological development, technology, context and ethics/professionalism will be integrated throughout this course. Students must submit an internship application by the first week of April for summer and fall semesters or by November for spring semester.

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### **CNMH 582 Internship: Mental Health Counselor - Dual License (3-9 credits)**

*Prerequisite: Successful completion of CNGC 529 and CNGC 538 and CNMH 534 and CNMH 568; and CNMH 570 or CNMH 580; and a fieldwork application approved by the Director of Fieldwork and Training*

This variable-credit fieldwork experience is for the advanced counseling graduate student who is seeking a license as a Licensed Mental Health Counselor in Massachusetts (LMHC) and a School Social Worker/School Adjustment Counselor. Students pursuing dual licensure must complete a minimum of 450 hours of fieldwork at a mental health site and 450 hours at a school-based mental health site. Students may work 10-30 hours per 15-week semester and will register for three credits for each 150 hours of fieldwork they will complete that semester. For example, 10 hours per week/150 total hours = three credits; 20 hours per week/300 total hours = six credits; 30 hours per week/450 total hours = nine credits. Students must attend a clinical seminar each semester they are involved in field experience and must attend a minimum of two seminars over their 900 total hours/18 credits of fieldwork experience. Students must submit an application by the first week of April for the summer and fall semesters or by November for the spring semester. This experience may be repeated up to three times for a minimum total of nine credits. *All fieldwork sites must conform to the current licensing regulations including having an approved on-site supervisor as defined by both the Board of Registration of Allied Mental Health Professionals for a Licensed Mental Health Counselor (see 262 CMR) and the Massachusetts Department of Education for a School Social Worker/School Adjustment Counselor.*

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### **CNMH 671 CAGS Internship: Mental Health Counselor (3-9 credits)**

*Prerequisite: Successful completion of CNGC 529 and CNGC 538 and CNMH 570 and a fieldwork application approved by the Director of Fieldwork and Training*

This variable-credit fieldwork experience is for the advanced CAGS in Mental Health Counseling student seeking a license as a Licensed Mental Health Counselor in Massachusetts (LMHC). Students may work 10-30 hours per 15-week semester and will register for three credits for each 150 hours of fieldwork they will complete that semester. For example, 10 hours per week/150 total hours = three credits. Students must attend a clinical seminar each semester they are involved in field experience and must

attend a minimum total of two seminars. Students must submit an application by the first week of April for the fall semester internship or by November for the spring semester internship. This experience may be repeated up to four times for a total of 12 credits. *All fieldwork sites must conform to the current licensing regulations including having an approved on-site supervisor as defined by the Board of Registration of Allied Mental Health Professionals for a Licensed Mental Health Counselor (see 262 CMR).*

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### **Other Approved Courses**

CNMH 572 Internship II: Mental Health Counselor

CNMH 573 Internship III: Mental Health Counselor

CNMH 583 Internship III: Mental Health Counselor School Based

CNMH 672 Internship II: Mental Health Counselor

*tMay be taken for graduate-level credit*