

## CURRICULUM VITAE

# MARK J. BRENNER, PH.D., ACSW, LICSW

### OFFICE

Bridgewater State University  
Bridgewater, MA, 02325, USA  
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### EDUCATION

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**Ph.D., Simmons College**, Boston, Massachusetts  
Field of Study: Clinical social work  
Degree granted: 1997  
Dissertation Title: *To Hear and to Respond: The Influence of Zen Buddhist Meditation on the Practice of Clinical Social Work.*

**Master of Social Work, Boston University**, Boston, Massachusetts  
Field of Study: Clinical Social Work  
Degree granted: 1980  
Field Placements: Children and Family Services, Manchester, NH  
Greater Lynn Community Mental Health Center, Lynn, MA

**Bachelor of Arts, University of Massachusetts**, Amherst, Massachusetts  
Field of Study: Human Services  
Degree granted: 1978  
Internship: Holyoke Boys Club, Mental Health Unit, Holyoke, MA

### ADVANCED CLINICAL TRAINING

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**Greater Lawrence Training Institute**, Lawrence, MA  
Commonwealth Fellow, Strategic and Systemic Family Therapy, 1984 -1985

### ADMINISTRATIVE FELLOWSHIP

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**Bridgewater State University**, Bridgewater, MA  
Administrative Fellow, Administrative Fellows Program, 2009 - 2010

### FULL-TIME TEACHING EXPERIENCE

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**Bridgewater State University**, Bridgewater, MA. 2003 -

**ADJUNCT TEACHING EXPERIENCE**

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**Harvard Medical School**, Boston, MA. 2003

**Simmons College School of Social Work**, Boston, MA. 1997 - 1999

**ADDITIONAL TEACHING EXPERIENCE**

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Hong Kong Institute of Education, Hong Kong, China  
Guest Lecturer. 2011

Massachusetts Mental Health Center, Boston, MA  
Research Assistants Seminar. 2001 - 2002

Medfield State Hospital, Medfield, MA  
Social Work Student Seminar. 1991 - 1997

Stonehill College, Easton, MA  
Systemic Therapy: The Theory and Practice of Working with Multi-Problem  
Families. 1990

South Shore Mental Health Center, Quincy, MA  
Advanced Seminar in Family Therapy. 1985 - 1986

**ACADEMIC APPOINTMENTS**

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**University of Hong Kong/ Center for  
Behavioral Health**

Visiting Scholar, 2010-2011

**Hong Kong Institute of Education**

Visiting Associate Professor, Spring, 2011

**Bridgewater State University**

Associate Professor, 2008 -  
Assistant Professor, 2003 - 2008

**Harvard Medical School**

Instructor of Psychiatry, 2002 - 2003  
Research Associate, 1999 - 2002

**Salem State College School of Social Work**

Field Instructor, 1992 - 1997

**Boston University School of Social Work**

Field Instructor, 1991 - 1997

**Smith College School of Social Work**

Clinical Instructor, 1989 - 1991

**Simmons College School of Social Work**      Clinical Instructor, 1985 - 1989  
Clinical Associate, 1991 - 1997  
Instructor, 1997 - 1999

**Boston College School of Social Work**      Field Instructor, 1983 - 1997

**ACADEMIC COURSES TAUGHT**

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**Bridgewater State University**

Human Behavior in the Social Environment III, DSM-IV TR  
Research: Evaluating Practice  
Intergenerational Family Focused Direct Practice  
Spirituality and Social Work Practice  
Integrative Seminar  
Advanced Clinical Practice with Individuals  
Field Practice and Seminar I  
Field Practice and Seminar II  
Field Practice and Seminar III  
Field Practice and Seminar IV

**Simmons College School of Social Work**

Social Work Research

**Harvard Medical School**

The Healer's Art

**AWARDS AND HONORS**

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**Bridgewater State University**, *Award for Academic Excellence*, 2005, 2006, 2007, 2010  
**Bridgewater State University**, *Alpha Phi Kappa Honoree, Faculty Inductee* 2004  
**Medfield State Hospital**, *Employee of the Month*, 1995

**EXTERNAL GRANTS – HARVARD MEDICAL SCHOOL**

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***Quetiapine in schizophrenia and comorbid substance use disorder.*** (2002-2003)

Funding source: AstraZeneca Pharmaceuticals

Role in project: Project Director, Co-Investigator

***Alcoholism and schizophrenia: Effects of clozapine.*** (2001- 2003)

Funding Source: NIAAA # RO1AA11904

Role in Project: Project Director, Co-Investigator, Clinical Rater

***Cannabis and schizophrenia: Clozapine vs. Risperidone.*** (2001- 2003)

Funding source: NIDA # R01DA 13196

Role in project: Project Director, Co-Investigator, Clinical Rater

***Clozapine vs. Olanzapine: An Effectiveness Study.*** (1999 – 2003)

Funding source: Clinical Services Supplement to NIMH Grant # R01MH 49891

Role in Project: Project Director, Co-Investigator, Clinical Rater

***A Prospective, Randomized, International Parallel Group Comparison of Clozaril/Leponex vs. Zyprexa in the Reduction of Suicidality in Patients with Schizophrenia and Schizoaffective Disorder who are at Risk for Suicide.*** (1997- 2000)

Funding Source: Novartis Pharmaceuticals

Role in Project: Project Director, Sub-Investigator, Clinical Rater

**EXTERNAL GRANTS – BRIDGEWATER STATE UNIVERSITY**

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Marion and Jasper Whiting Foundation Fellowship. Marion and Jasper Whiting Foundation (2010)

Role in project: Principal Investigator

Adoption Journeys, Program evaluation for Child and Family Service, Fall River, MA., lead agency for Massachusetts statewide post adoption service grant. (2008 – 2009)

Role in project: Principal Investigator

Adoption Journeys, Program evaluation for Child and Family Service, Fall River, MA., lead agency for Massachusetts statewide post adoption service grant. (2007 – 2008)

Role in project: Principal Investigator

Suicide Prevention Education Award, Massachusetts Department of Public Health. (2007).

Role in project: Co-Principal Investigator with Anna Martin-Jearld, Ph.D. and Sabrina Gentlewarrior, Ph.D.

Adoption Journeys, Program evaluation for Child and Family Service, Fall River, MA., lead agency for Massachusetts statewide post adoption service grant. (2006 - 2007).

Role in project: Principal Investigator

Adoption Journeys, Program evaluation for Child and Family Service, Fall River, MA., lead agency for Massachusetts statewide post adoption service grant. (2005 - 2006).

Role in project: Co-Principal Investigator with James Decker, Ph.D.

**INTERNAL GRANTS – BRIDGEWATER STATE UNIVERSITY**

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*Center for the Advancement of Teaching and Research*

Travel Grant (2006, 2007, 2009)

Summer Grant (2009) - Looking to the East: Using Buddhist meditation in teaching clinical social work practice

**PEER REVIEWED PAPERS IN PRESS**

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1. **Brenner, M.** (2009). Zen practice: A training method to enhance the skills of clinical social workers. *Social Work in Health Care*, 48(4), 462-470.
2. Decker, J., **Brenner, M.** and Murtagh, M. (2005). Are Baccalaureate level social workers who graduate from accredited BSW programs prepared to enter into positions working in alcohol and other drug treatment programs? *Journal of Social Work in Disability and Rehabilitation*, 4(3), 25-38.
3. **Brenner, M.** and Homonoff, E. (2004). Zen and clinical social work: A spiritual approach to practice, *Families in Society*. 85(2), 261-269.
4. Green, A., Canuso, C., **Brenner, M.** and Wojcik, J. (2003). Detection and management of comorbidity in patients with schizophrenia. *Psychiatric Clinics of North America*, 26(1), 115-139.
5. Green, A., Salomon, M., **Brenner, M.** and Rawlins, K. (2002). Treatment of schizophrenia and comorbid substance use disorder. *Current Drug Targets- CNS & Neurological Disorders*, 1, 129-139.

**PEER REVIEWED CONFERENCE PROCEEDINGS**

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**Brenner, M.** (2006). Zen practice: A training method to enhance the skills of clinical social workers. *Conference proceedings of the 5<sup>th</sup> International Conference on Social Work in Health and Mental Health*.

**REPORTS FOR EXTERNAL CONSTITUENCIES**

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**Brenner, M.** (2009). Report on Service Utilization for Adoption Journeys - January 1, 2008 – December 31, 2008. Report prepared for submission to the Massachusetts Department of Children and Families.

**Brenner, M.** (2008). Report on Service Utilization for Adoption Journeys - January 1, 2007 – December 31, 2007. Report prepared for submission to the Massachusetts Department of Social Services.

**Brenner, M.** (2007). Report on Service Utilization for Adoption Journeys - January 1, 2006 – December 31, 2006. Report prepared for submission to the Massachusetts Department of Social Services.

Martin-Jearld, A., Gentlewarrior, S., and **Brenner, M.** (2007). A Plan to Include Suicide Prevention Material in the Master of Social Work Program at Bridgewater State College. Report prepared for submission to the Massachusetts Department of Public Health.

Decker, J. and **Brenner, M.** (2006). Report on Service Utilization for Adoption Journeys - January 1, 2005 – December 31, 2005. Report prepared for submission to the Massachusetts Department of Social Services.

#### **MANUSCRIPTS IN PROGRESS**

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**Brenner, M.** and Tan, J. The potential role for traditional Chinese healing practices in addressing health care needs in the United States. For special issue of: *China: An International Journal*.

**Brenner, M.**, Leung, P. and Ho, A. Mindfulness and the transformation of suffering: the integration of Buddhist philosophy into Integrative Body/ Mind/ Spirit social work.

#### **EDITORIAL BOARDS**

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Families in Society: The Journal of Contemporary Social Services -  
Editorial Advisory Board Member. 2010 –

Families in Society: The Journal of Contemporary Social Services - Consulting  
Editor. 2006 -

#### **INTERNATIONAL CONFERENCE PRESENTATIONS ( \* - INDICATES COMPETITIVE ENTRY, + - INDICATES INVITED PRESENTATION)**

<sup>+</sup>*The potential role for traditional Chinese healing practices in addressing health care needs in the United States.* 2012.

International Conference on the Reemerging China and Its Impact on Asia and the United States, with J. Tan. Hong Kong, China.

\* *Integrative Body-Mind-Spirit (I-BMS) Social Work: Bringing together Eastern and Western approaches to practice.* 2011.

Sixth North American Conference on Spirituality and Social Work. (3 hour experiential workshop), with P. Leung, Washington, DC.

<sup>+</sup>*A Reluctant Welfare State: The Case of Health Care Reform in the United States,* 2011.

Symposium on a Variety of Welfare Regimes: A Dialogue between Europe, USA and East Asia. Hong Kong, China.

\**A curriculum for training clinical social work students in family therapy.* 2010. 2<sup>nd</sup> Regional Symposium of the Consortium of Institutes on Family in the Asian Region. with S. Gentlewarrior. Tokyo, Japan.

\**Zen practice: A training method to enhance the skills of clinical social workers.* 2006. 5<sup>th</sup> International Conference on Social Work in Health and Mental Health. Hong Kong, China.

\**Mindfulness in psychotherapy: The influence of meditation on the psychotherapist.* (poster presentation) 2006. 4<sup>th</sup> Annual Conference- Integrating Mindfulness-Based Interventions into Medicine, Health Care, and Society. University of Massachusetts Medical Center. Worcester, MA.

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**NATIONAL CONFERENCE PRESENTATIONS (\* - INDICATES COMPETITIVE ENTRY)**

\* *An Interdisciplinary Approach to Contemplative Pedagogies: Lessons Emerging from a State University.* 2011.

Third Annual Association for Contemplative Mind in Higher Education Conference: the Contemplative Campus, with M. Lowe, M. Mamberg, Laura McAlinden, & D. O'Malley, Amherst, MA

\* *Mindfulness in action: Using Buddhist meditation in teaching clinical social work practice.* 2009. Annual Program Meeting of the Council on Social Work Education, San Antonio, TX.

\* *Don't just do something, sit there!: Using meditation to teach clinical practice.* 2007. Annual Program Meeting of the Council on Social Work Education, with K. Cowie. San Francisco, CA.

\* *Are Baccalaureate Level Social Workers Prepared to Work in the AOD Programs?* 2006. Annual Program Meeting of the Council on Social Work Education. with J. Decker. Chicago, IL.

\* *Zen and Social Work: A Spiritual Approach to Practice.* 2000. Annual Program Meeting of the Council on Social Work Education. New York, NY.

\* *To Hear and to Respond: The Influence of Zen Buddhist Meditation on the Practice of Clinical Social Work.* 1999. National Conference of the Society for Spirituality and Social Work. Saint Louis University, St. Louis, MO.

**REGIONAL CONFERENCE PRESENTATIONS (\* - INDICATES COMPETITIVE ENTRY)**

\**Integrative Body-Mind-Spirit Social Work: An Eastern Approach to Practice*. 2012  
Massachusetts Chapter of National Association of Social Workers Social Work  
Symposium '12. Framingham, MA.

\* *Meditation and yoga for the “stressed out” social worker*. 2008.  
Massachusetts Chapter of National Association of Social Workers Social Work  
Symposium '08. (half day workshop). with P. McMurrough. Newton, MA

\* *Clinical Research Trials: What Social Workers Need to Know*. 2006.  
Massachusetts Chapter of National Association of Social Workers Social Work  
Symposium '06. with E. Mann. Marlborough, MA

\* *Risk Factors for Suicidality in Patients with Schizophrenia or Schizoaffective  
Disorder*. (Poster Presentation), 2003.  
Harvard Medical School Department of Psychiatry Research Day. With R.  
Mesholam, R. Dawson, and A. Green. Boston, MA

\* *To Hear and To Respond: The Influence of Zen Meditation on Clinical Practice*.  
(Poster Presentation), 2002.  
Harvard Medical School Department of Psychiatry Research Day. Boston, MA

\* *Understanding and Addressing Violence on Inpatient Psychiatric Units*, 2000.  
Massachusetts Chapter of National Association of Social Workers Social Work  
Symposium '00. Boston, MA

*Violence in the Workplace*, 1998.  
Bay Cove Mental Health Center, Boston, MA

\* *Zen and Social Work: A Spiritual Approach to Practice*, 1998.  
Massachusetts Chapter of National Association of Social Workers, Social Work  
Symposium '98. Boston, MA

*The Influence of Zen Buddhism in Social Work Practice, Part II*, 1998.  
Keynote address for Social Work Month. Medfield State Hospital, Medfield, MA

*Exploring Alternative Containment Interventions*, 1996.  
Workshop presented for Massachusetts Department of Mental Health, Restraint and  
Seclusion Conference: Strategies for its Reduction and Effective Use on an Inpatient  
Psychiatric Unit. With E. Bruck, and D. Lipka. Framingham, MA

*The Influence of Zen Buddhism in Social Work Practice*, 1995.  
Keynote address for Social Work Month. Medfield State Hospital, Medfield, MA

*Mindfulness in Therapy: The Implications of Meditation for Clinical Practice*, 1993.  
Social Work Lecture Series at Franciscan Children's Hospital, Boston, MA

*Creating Therapeutic Realities: The Implications of Constructivist Theory on Clinical Practice*, 1992.  
Medfield State Hospital, Medfield, MA

*Working with Multi-Problem Families*, 1989.  
Academic Rounds in Child Psychiatry, New England Medical Center, Boston, MA

\* *Off the Pedestal and into the Family: The Limits of First Order Thinking*, 1989.  
Massachusetts Chapter of National Association of Social Workers, Social Work Symposium. Framingham, MA

*Duck and Cover: A Systemic Analysis of Positioning Parallels in Human Services and the Nuclear Arms Race*, 1985.  
Participants Conference in Family Therapy. With E. Epstein. University of Massachusetts, Amherst, MA

**BRIDGEWATER STATE UNIVERSITY PRESENTATIONS (\* - INDICATES COMPETITIVE ENTRY)**

\**Contemplative Practices in the Classroom: A Cross-Discipline Discussion*. 2010.  
CART Celebration 2010. with M. Lowe, M. Mamberg, and D. O'Malley.  
Bridgewater, MA.

\* *How Do Faculty Create "A Life": Pre- and Post-Tenure Approaches*. 2010.  
CART Celebration 2010. with J.M. Bodi, and P. Russell. Bridgewater, MA.

*Behavioral Health*. 2009.  
Ideas into Action Conference. with K. Morrill and D. Mumbauer. Bridgewater, MA

\**Adjusting to All Phases of Faculty Life*. 2008.  
CART Celebration 2008. with J.M. Bodi, T. Coogan, M. Rosenthal, P. Russell and  
H. Vandeburgh. Bridgewater, MA.

\**The Sacred and the Profane: Religion and Spirituality in Course Content and Teaching Practices*. 2008.  
CART Celebration 2008. with D. O'Malley, A. Alcon, S. Gentlewarrior, J.  
Gonsalvez. Bridgewater, MA

*A Science Teacher's Guide to Clinical Research Trials*. 2007.  
Second Annual DNA and Health Conference at Bridgewater State College. with E.  
Mann. Bridgewater, MA

*An Informed Consumers Guide of Clinical Research Studies.* 2006.  
First Annual DNA and Health Conference at Bridgewater State College. with E.  
Mann. Bridgewater, MA

### **INVITED TALKS**

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*Contemplative pedagogy in higher education.* 2011. Centre on Religious and  
Spiritual Education, Hong Kong Institute of Education, Hong Kong, China.

*An introduction to the practice of meditation and its use in clinical practice.* 2011.  
University of Hong Kong Family Institute, Hong Kong, China.

*Uncovering “don’t know” mind: Lessons from Zen and their application to mental  
health practice.* 2011. Department of Social Work and Social Administration,  
University of Hong Kong, Hong Kong, China.

*Self care for human service professionals.* 2010. Hong Kong Family Welfare Society,  
Hong Kong, China,

*The use of meditation to enhance the clinical skills of psychotherapists.* 2010. Center  
for Behavioral Health, University of Hong Kong,

Training for social work staff of Old Colony Elder Services, 2004. Brockton, MA,

In-service for clinical social work staff, *Meditation and Clinical Practice.* 2000.  
Tewksbury Hospital, Tewksbury, MA

Invited Lecturer - Dissertation Seminar, Simmons College School of Social Work,  
1999

Invited Lecturer - Course on spirituality offered to MSW students at Simmons  
College School of Social Work, 1999

Workshop presenter at the Fatherhood Conference, Striar Jewish Community Center,  
Stoughton, MA, 1990

### **SERVICE – BRIDGEWATER STATE UNIVERSITY**

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#### **University-wide service:**

*Center for the Advancement of Teaching and Research (CART)*  
CART Advisory Board, 2004- 2007  
CART Small Grants Committee (Chair), 2004  
CART Coordinator Screening Committee, 2005

CART May Celebration Program Committee, 2006  
Faculty and Librarian Research Grant Committee, 2006-2007  
CART Working Group of Teaching and Learning Program Review, 2007

*Career Services*

Faculty Internship Working Group Member, 2003 – 2004

*Academic Affairs*

New Faculty Lunches, 2007- 2010

*Faculty Advocacy Network*

Advisory Board, 2008 - 2010

Faculty Advocate, 2008 - 2010

**School of Social Work service:**

Ph.D. Program Development Committee, 2009 – 2010  
Departmental Graduate Committee (Chair), 2009 – 2010, 2011 -  
Department of Social Work Committee Advisory Board, 2009 - 2010  
MSW Scheduling Committee, (Chair) 2008, 2009  
MSW Assessment Committee, 2008 - 2010  
CSWE Accreditation Working Group, 2003 - 2007  
Academic Review Committee, 2006, 2007, 2008  
Combined MSW and BSW Field Committee (Chair), 2003 - 2004  
MSW Admissions Committee, 2003 – 2010, 2011 -  
MSW Advisory Board, 2004 - 2008  
MSW Sequence Committee Service  
Diversity Committee  
Practice Committee  
Research Committee  
Field Committee  
Member of multiple MSW faculty and staff search committees including:  
Coordinator of Graduate Field Education Search Committee (Chair), 2004  
MSW Graduate Program Coordinator Search Committee (Chair), 2007

**PROFESSIONAL SOCIAL WORK POSITIONS**

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<b>Research Associate</b>	1998 - 2003
Commonwealth Research Center / Harvard Medical School	Boston, MA
<b>Primary Clinician / Team Leader</b>	1991 - 1998
Medfield State Hospital / Difficult to Manage Unit	Medfield, MA
<b>Clinical Social Work Supervisor</b>	1987 - 1991
South Shore Mental Health Center	Hingham, MA

Brenner, M.J.

<b>Senior Clinical Social Worker</b> South Shore Mental Health Center	1985 - 1987 Quincy, MA
<b>Principal Clinical Social Worker</b> Mayflower Counseling Center	1983 - 1985 Plymouth, MA
<b>Clinical Social Worker</b> Cape Cod Family and Children's Services	1980 - 1983 Hyannis, MA

**Additional Professional Activities**

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<b>Private Psychotherapy Practice</b> Canton, MA	1987 - 1992
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**MAJOR ADMINISTRATIVE RESPONSIBILITIES**

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<b>Graduate Coordinator/ Master of Social Work Program</b> Bridgewater State University, Bridgewater, MA	2009 – 2010, 2011 -
<b>Coordinator of Field Education</b> Bridgewater State University, Bridgewater, MA	2003 - 2004
<b>Coordinator of Graduate Social Work Training</b> Medfield State Hospital, Medfield, MA	1991 - 1997
<b>Team Leader /Difficult to Manage Unit</b> Medfield State Hospital, Medfield, MA	1991 - 1997
<b>Administrator for Child and Adolescent Emergency Services</b> South Shore Mental Health Center, Quincy, MA	1987 - 1991

**PROFESSIONAL LICENSURE AND CERTIFICATIONS**

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Academy of Certified Social Workers  
Massachusetts Board of Registration in Social Work  
Licensed Independent Clinical Social Worker # 104840  
Board Certified Diplomate in Clinical Social Work (inactive)

**PROFESSIONAL SOCIETIES**

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Association for Contemplative Mind in Higher Education  
Council on Social Work Education

National Association of Social Workers  
Society for Spirituality and Social Work

**COMMUNITY SERVICE RELATED TO PROFESSIONAL WORK**

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Board of Trustees, Providence Zen Center, Cumberland, R.I., 2010 -

Approved Site Visitor for Council on Social Work Education, 2009

Board of Directors, Enable Inc. Canton MA, 2009 –  
Elected incoming Vice President of the Board of Directors.

Phase I Proposal Reviewer, Annual Program Meeting, Council on Social Work  
Education, 2009

Provide meditation instruction for general public, Providence Zen Center,  
Cumberland, R.I., 2004 -

Human Studies Committee, Massachusetts Mental Health Center, 2002 - 2003

Advisor for Project Success, Harvard Medical School, 2002

Invited Participant - Simmons College Doctoral Program Self Study, 2000