The 2020 National Elections
Dr. Michael Kryzanek, Professor Emeritus, Political Science, Bridgewater State University
Weekly pre-recorded lectures will be emailed to you every Wednesday at noon.
(9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, & 11/4)
Additionally, Dr. Kryzanek will offer to “live Zoom” conversations on Monday November 2, at 2pm and Tuesday November 17th at 2pm

The 2020 national elections are likely to be the most important exercise in popular participation in the modern history of the United States. On November 3rd millions of Americans will cast their ballots for national, state and local candidates and important ballot questions. But leading up to that momentous vote will be weeks of campaigning, policy recommendations, debates, and constant media analysis and scrutiny. In order to bring some clarity to this electoral process it is the intent of this video-based course to examine the many aspects and complexities of the 2020 national elections. Over the course of ten weeks starting after Labor Day Dr. Kryzanek will present a thirty-minute Zoom analysis of a range of topics related to the 2020 elections. Topics that will be presented are as follows:

- Voting and voting turnout
- Policy positions of the candidates
- Campaign strategies
- The House of Representatives elections
- The Senate elections
- Battleground states
- The Electoral College
- Analysis of the debates
- Polling and polling analysis
- Election Day

Although the choices Americans make on November 3rd completes the democratic process of choosing leaders for our country, there remains significant analysis of what the election means and what the
American voters said as they cast their ballots. As a result, the course will continue with additional presentations on the following

- How the American people voted
- How the leaders selected by the American voters will define politics and policy
- What will the transition period look like as the country heads toward inauguration in January?
- American politics and government 2021, where is the country headed?

The course that will be presented will always be non-partisan and balanced with no attempt to advance a particular point of view or candidate. There will be an opportunity to email Dr. Kryzanek after each program with questions related to the presentation. Upon conclusion of the course it is hoped that students who participate in this virtual presentation will gain a better understanding of national politics, elections, public policy, and the impact of voting on the choice of candidates and the direction of the country.

Dr. Michael Kryzanek is currently the Special Assistant to the President of Bridgewater State University. Dr. Kryzanek’s areas of expertise are in American government, US foreign policy and comparative politics. He was Chair of the Political Science Department and was named as the Executive Director of the Minnock Center for International Engagement with responsibilities for all international programs at BSU.

Exploring Leadership: A Reflective Journey
Christopher F. Ferraro, Assistant Director, Office of Residential Life & Housing, Bridgewater State University
Wednesdays, September 9, 23, October 7, & 21, 7 to 8pm

Engage in a voyage of leadership in multiple venues such as history, business, entertainment, & day to day life. Through group learning & discussion, study leadership concepts along with evaluation of societal examples. Apply course material to reflect on your leadership persona, including who you have been & an action plan for who you want to be in your personal and/or professional lives.

Christopher F. Ferraro has been an Assistant Director in the Office of Residence Life & Housing at Bridgewater State University since July 2016. He holds a Masters of Business Administration in Human Resource Management from Towson University & the University of Baltimore, a Masters of Education in Psychology from Springfield College, & a Bachelors of Arts in History from the University of Connecticut. He is a Society for Human Resource Management Certified Professional & has worked in higher education for over nine years. His career passions center on organizational culture, leadership, & development.

Understanding Political Philosophies
Aeon J. Skoble, Department of Philosophy, Bridgewater State University
Mondays, September 14, 21, 28, and October 5, 10:30 to 11:30am

George Orwell noted that words like "democracy" and "fascism" end up meaning, respectively, "things I like" and "things I don't like." But what really is it to be a supporter of democracy, or fascism? This course will examine the actual workings of the major political theories. What does it mean to be a socialist or a libertarian or an anarchist? Is there a difference between democracies and republics? How do communism and capitalism differ? What do “liberal” and “conservative” mean? The course will be a
A Panoramic View of The United States in the 1960's  
**Dr. Erin Redihan**  
Visiting Lecturer, History Department, Bridgewater State University  
Mondays, September 21, 28, & October 5 and 19, 3-4pm

This course will offer a panoramic look at a decade that looms large in American memory. Through a combination of lecture, discussion, and use of the Tom Brokaw documentary 1968, we will look back on the 1960s and arrive at some of the reasons why these years continue to evoke such strong nostalgia. Recommended reading will be James Patterson's, *The Eve of Destruction: How 1965 transformed America*. The course will take a topical yet roughly chronological approach similar to how Patterson arranged his work.

*Dr. Redihan is the author of The Olympics and the Cold War, 1948-1968 (McFarland 2017) and specializes in 20th century European and American history, especially World War II and the Cold War. She previously taught at Worcester State University, Boston College, Providence College, Salve Regina College, and Clark University.*

Shaking the Tree: An Introduction to Genealogy Research  
**Dr. Cynthia B. Ricciardi**, Visiting Lecturer, English Department, Bridgewater State University  
Tuesdays, September 15, 22, 29, & October 6, 1:15 to 2:15pm

This session covers the basics of how to begin and how to stay organized, understanding genealogical proof standards, using and evaluating sources, researching on the internet, and the value of exploring cemeteries. Handouts for research/record-keeping will be available.

*Cynthia B. Ricciardi began collecting leaves on her family tree more than four decades ago, starting with the discovery of a Civil War soldier, and following branches back to the founding of Plymouth (MA), settlements elsewhere in the Old Colony, and beyond. She has worked for the General Society of Mayflower Descendants as a verifying genealogist, served as the President of the Old Colony Historical Society/Museum in Taunton, MA, and currently volunteers at the museum as “genealogist in residence.” A Bridgewater alumna and visiting lecturer with the English Dept., Cynthia is delighted to share her extracurricular research obsession with Senior College participants.*
Establishing a Safe Return to Global Travel
Gregory C. DeMelo
Director of Travel, Bridgewater State University
Tuesdays, September 15, 29, October 13, and 27, 4:15 to 5:15pm

The travel and tourism industry has drastically changed due to the global pandemic caused by COVID-19. In this course you will learn about the current trends in the travel and tourism industry. You will discover important travel blogs including such topics as "5 Unbelievable U.S. Train Routes," "The Coolest Museum in Each State," "15 Most Beautiful Places in the US" and others. You will explore some of the instructor’s favorite international destinations and will learn how you can explore the world with BSU.

Gregory C. DeMelo, M.S.M., G’11 M.Ed., CTIE has served as Bridgewater State University’s Director of Travel for almost 12-years. As a life-long resident of Bristol County, Massachusetts, Greg has managed and owned business interests in the cities of New Bedford, Fall River and Taunton, Massachusetts. While a freshman in college, he was tasked to manage and operate a family owned retail travel agency in the city of Taunton while pursuing his Bachelor of Science degree in accounting at the University of Massachusetts.

Blogging: Be the published writer you always wanted to be!
Hank Sennott, Instructor, Communication Studies, Bridgewater State University
Thursdays, September 17, 24, October 1, & 8, 10 to 11am

Do you have great stories to tell? Advice on DIY projects? Perspectives on issues that you want to share? Blogging gives you the opportunity to share your thoughts and ideas with an internet audience. This seminar will cover the basics of successful writing; the ins-and-outs of using blogging technology, and how to promote your site to an interested audience. When we’re done, participants should have a blog site up and running.

Hank Sennott has enjoyed a successful career in marketing and communications working primarily for energy companies and non-profits. For the past several years, he has been on the faculty of Bridgewater State University teaching Public Relations and related courses for the Communications Studies Department. A licensed Realtor, he is also Marketing Director for Mari Sennott and Associates, a real estate practice headed by his wife, who recently celebrated her 20th anniversary in the profession. They operate under the banner of Today Real Estate, the largest independently owned firm of its kind on Cape Cod. He authors two blogs. One, "Who you work with matters" is associated with his wife’s website, www.makeyourmovewithmari.com. The other is his personal blog, "Thoughts while shaving," that can be found at hsennott@blogspot.com.

The Angela Davis Moment: From #metoo to Black Lives Matter and Beyond
John J. Winters, Consultant for Creative Services & Publications and Visiting Lecturer, English Department Bridgewater State University
Thursdays, September 17, 24, October 1 & 8, 1 to 2pm

Angela Davis is the godmother of modern activism. The course will examine the life events that shaped her, from growing up in “apartheid Birmingham,” to her involvement in the Black Power movement and arrest on capital crimes in 1970, to her subsequent half century of advocating for racial and gender
equality, the abolition of prisons, and freedom for all oppressed peoples. Readings include Davis’ 1974 autobiography and selections from her fifty years of teaching and writing. Select video content will round out the course materials.

John Winters, G’11, is at work on the first comprehensive biography of Angela Davis Long Road to Freedom. He previously published Sam Shepard: A Life (2017), and has taught at BSU as an adjunct since 2011. He limits his teaching these days to college courses within the Rhode Island prison system.

Wolf to the Modern-Day Dog: How Did We Get There?
Mary Ellis, Assistant Administrative Dean of Undergraduate Studies, Bridgewater State University
Thursdays, September 17, 24 & October 1 & 8, 6 to 7pm

In the 21st century we mainly think of dogs as pets. However, did you ever consider that canines are one of the most diverse and adaptable species of mammals on earth? Each breed was specifically developed by man with an explicit job in mind. This course will look at how environment, man’s specific needs, and domestication shaped what we know as “the dog.” This course will be presented in lecture and discussion format. Participants will have the opportunity to ask questions that may arise while reading/watching material that explores how man shaped the modern-day dog to suit their environment. Thought provoking reading material will be provided.

Mary Ellis is the Assistant Administrative Dean of Undergraduate Studies at Bridgewater State College where she has also worked a freshmen advisor as well as part time faculty for a combined 18 years. She has been involved in the sport of showing dogs both in confirmation and performance events for the past 37 years with her beloved Siberian Huskies. Before working in Higher Education, she was a professional dog groomer who competed and was awarded medals in grooming competitions. She looks forward to sharing her love of dogs and extensive knowledge of the canine species with you.

Intercultural Communication
Dr. Jabbar A. Al-Obaidi, Professor of Communication Studies, Bridgewater State University
Thursdays, September 17, October 1, 29, & November 12, 6 to 7pm

Intercultural Communication is a course designed to acquaint participants with the factors which affect interpersonal relationships among people of differing cultural backgrounds. Course objectives are to enable participants to become more sensitive to and tolerant of values and ideas expressed by others.

Dr. Jabbar Al-Obaidi is Professor of Media Studies and Communication Technologies. Currently, Professor Al-Obaidi serves as the Academic Director of Global Programs in the Dr. Minnock Institute for Global Engagement at Bridgewater State University (BSU). In addition to his extensive teaching and administrative experiences in the US, he taught in Iraq, Jordan, Yemen, United Arab Emirates and China. Professor Al-Obaidi’s administrative contribution, scholarly work, and teaching cover curriculum and programs, management and leadership, assessment, pedagogy, online learning communities, instructional technology, intercultural communication, and media in the Middle East. He also produces and hosts a television program and documentary films. He organized and participated in numerous workshops and training sessions in the area of intercultural communication, professional development, curriculum assessment, online learning and teaching, and institutional strategic development. He also
works closely with student clubs to promote collaboration and diversity integration, and intercultural communication.

**Personality and the Self**  
**Dr. Caroline Stanley**  
**Associate Professor of Psychology, Bridgewater State University**  
**Fridays, September 25, October 2, 9, & 16, 11am to Noon**

Who am I? This course reviews various theoretical models (i.e., psychoanalytic, behavioral, humanistic) that can be used to understand one’s self. In doing so, we explore the tools that psychologists use to define and measure personality. This course also considers contextual factors (i.e., family, culture) that contribute to the development and expression of our personalities. In doing so, individuals will gain insight into their unique patterns of thinking, feeling, and behaving.

Dr. Caroline Stanley is a clinical psychologist and professor at Bridgewater State University. Her clinical specialization is in child and family studies. Her research focuses on the teaching of psychology. Specifically, she explores the effectiveness of classroom-based, experiential techniques for promoting personal change. She has over a dozen published works and collaborates with an international team of researchers on the teaching of psychology.

**Strategies for Eating Healthfully in Later Years**  
**Dr. Kathleen Laquale, Professor, Movement Arts, Health Promotion and Leisure Studies, Bridgewater State University**  
**Wednesdays, September 30, October 7, 14, & 21, 10 to 11am**

It is well known that eating a variety of foods helps one receive all the nutrients required to help you stay active and independent. The problem is knowing how to accomplish that task during the aging process. The importance of nutrition in the older adult population is specifically critical in the prevention, development and progression of chronic disease such as diabetes, heart disease, stroke and osteoporosis. All are common problems which can have devastating effects on functional capacity and quality of life. Thus, this course is designed for individuals who wish to reduce their risk of chronic disease by enhancing their nutritional knowledge regarding healthy eating and exercise.

Dr. Laquale earned her master’s degree in Athletic Training at Indiana State University and received her Ph.D. in Food Science and Nutrition from the University of Rhode Island. Dr. Laquale is a licensed dietician, a licensed and nationally certified athletic trainer and has been a professor at Bridgewater State University (BSU) since 1997. From 1999-2007, Dr. Laquale served as the Athletic Training Program Director. In 2012, Dr. Laquale created the first nutrition minor, she is the coordinator for the minor and she teaches nutrition courses at both undergraduate and graduate level. She is well published as an author of peer-reviewed journal publications, book chapters and has provided over 600 lectures at the local, district, national and international level. She has served on the NATA Executive board and on many local and district committees. Since 1974, she has volunteered as an athletic trainer at local, district, national and international athletic competitions including the 1996 and 2000 Olympic Games.
COURSES STARTING IN OCTOBER

Information Security and Cybersecurity: What do you need to know?
David Marion, Director of Information Security, Bridgewater State University
Wednesdays, October 7, 14, 21 & 28, 4 to 5pm

Information security and cybersecurity seem like they are all far too prevalent in the news cycles. How do you read a news story about cybersecurity and figure out what the story actually means? How do hackers break into email? What is a secure password? How can you spot a scam email?

David Marion is the Director of Information Security at Bridgewater State University. David grew up in Bridgewater and attended BSU earning his Bachelor’s of Arts in Political Science and Masters in Public Administration. In addition David earned a Masters in Cybersecurity and Information Assurance from Western Governors University, and holds numerous industry certifications. His current research interests include security operations, and he is teaching in the Cybercriminology and Cybersecurity Graduate Certificate program at Bridgewater State University in the Fall.

The History and Cultural Influence of Chinese Folk Dance
Cindy Li, Associate Librarian, Head of Emerging Technologies & Systems, Library Services, Bridgewater State University
Thursdays, October 8, 15, 22, & 29, 4:30 to 5:30pm

In this course participants will learn about the influence, culture, and history of Chinese folk dance. The instructor will demonstrate some of the basic elements of Chinese Folk Dance and will analyze varied folk-dance styles, costumes and music. You will learn how to compare cultural differences among varied nationalities and will begin to understand the relationship between Chinese folk dance and other art forms such as Chinese opera. Participants watch videos, listen to the music, read online materials and perform themselves (if they are so inclined)!

Cindy Li is the head of Emerging Technologies & Systems at library services, Bridgewater State University. She holds both master’s degrees in computer science and library science. Cindy Li has training in Chinese folk dance and is actively participating in community events to increase awareness and understanding of Chinese American culture. She traveled with dance troupes to perform at festivals in the US, Canada and China.

Election 2020
Nan Loggains, History Professor, Bristol Community College
Wednesdays, October 14, 21, 28, & November 4, 11:15 to 12:15pm

This course is a for-week study of the 2020 election year. The course will consider the issues confronting American society and how they relate to the upcoming election. Topics covered include the electoral
process, the candidates, the economy, foreign policy, the military, healthcare, energy, the environment, culture wars, civil liberties, socioeconomic policy, homeland security, and immigration. In addition, the course will examine the effect of the media on the 2020 races. Class discussion will be both in-depth and non-confrontational. The class will include short lectures, videos, in-class readings, and discussion.

Nan Loggains spent eight years active duty in the Army working in military intelligence. While in the Army, she spent time in Germany, Alabama, Texas, Arizona, and Monterey, California (along with a number of TDY - temporary duty assignments). Nan Loggains has been at Bristol Community College since 2010. She loves teaching and has taught a variety of history courses including all of the foundation courses and several special topics courses (Vietnam War, Cold War, America’s War on Terrorism, and The 1960s). Last fall, she introduced another new course on campus: Social Science 260: Election 2020. Nan also works as an academic adviser and a special programs coordinator on the Attleboro campus.

The Art of Economics
Dr. Margaret Brooks
Professor, Economics, Bridgewater State University
Mondays, October 19, 26, November 2, & 9, 10:40 to 11:40am

Economics is all around us, in ways we may not even see. In this course, we will examine how Economics concepts are expressed within art, music, photography, movies, architecture, and sports. By reviewing different examples of creative works each week, we will come to a better understanding of how Economics is a prevalent force in our lives.

Dr. Brooks is a Professor of Economics, Director of the Office of Financial Literacy Initiative and Director of the Center for Economic Education at Bridgewater State University, more about her professional accomplishments can be found here:
https://www.dropbox.com/s/jh2376z89vh10lt/M%20Brooks%20Award%20January%202020.pptx?dl=0#

The Forgotten American Workhouse and Its Origins
Sandra Temple, Instructor, Senior College, Bridgewater State University
Mondays, October 19, 26, November 2, & 9, Noon to 1pm

Before the Social Security Act of 1935, before Medicaid and Section 8 Housing, there was the poorhouse, or workhouse, the dreaded institution to which one had to go if no other support was available. The concept of the workhouse originated in England in the 17th century and was imported to America in the 1660’s by the colonists. In this time of pandemic, high unemployment, and rising fear of mass evictions, perhaps it would be important to remind ourselves of how we once treated the poor and of how long these institutions survived, even into the 1970’s in places like Texas. This class is based, in part, on a History of Prisons course taught by this instructor for the Massachusetts Dept. of Correction at Norfolk State Prison.

Sandra Mondykowski Temple holds a Master’s degree from Harvard and has previously taught American History, Special Topics in Social Studies, and Human Development for Wheelock College and the Massachusetts Department of Correction at various state prisons. She currently teaches part time at Plymouth County Corrections facility. She is also the great-grand-daughter of a Victorian workhouse inmate who was sold out as an indentured servant to Canada during her childhood.
**Next Steps: Climbing Higher**

*Dr. Cynthia B. Ricciardi, Visiting Lecturer, English Department, Bridgewater State University*

*Tuesdays, October 20, 27, November 3, & 10, 1:15 to 2:15pm*

This session will expand our list of sources, and we will take a closer look at “ethnicity-specific” genealogy research, lineage/hereditary societies; the “brick wall” phenomenon, and the ever-expanding trend towards DNA-focused genealogy research. Handouts for research/record-keeping will be available.

*Cynthia B. Ricciardi began collecting leaves on her family tree more than four decades ago, starting with the discovery of a Civil War soldier, and following branches back to the founding of Plymouth (MA), settlements elsewhere in the Old Colony, and beyond. She has worked for the General Society of Mayflower Descendants as a verifying genealogist, served as the President of the Old Colony Historical Society/Museum in Taunton, MA, and currently volunteers at the museum as “genealogist in residence.” A Bridgewater alumna and visiting lecturer with the English Dept., Cynthia is delighted to share her extra-curricular research obsession with Senior College participants.*

**Path to a Healthier YOU!**

*Mary Ellis, Assistant Administrative Dean of Undergraduate Studies, Bridgewater State University*

*Thursdays, October 22, 29 & November 5 & 12 6 to 7pm*

Holistic Wellness is a term that we hear an awful lot, but what does that really mean? This course will explore the concept of “whole person health” while applying and supporting each other on a personal health journey. Scholars should think about a health goal that they would personally like to work on (losing weight, stop smoking, increasing fruits and vegetables, increased moderate exercise, decreasing anxiety and/or stress, are some examples) as this course will help you devise a plan to become successful in your goal. This course will be presented in a lecture style with many discussions with the group. Scholars will develop their plans and journal their own personal progress. The goal is for Scholars to deepen their understanding of the concept of holistic wellness while applying it to their own person health goals as well as supporting and helping others on their own personal wellness journey.

*Mary Ellis is the Assistant Administrative Dean of Undergraduate Studies at Bridgewater State College where she has also worked a freshmen advisor as well as part time faculty for a combined 18 years. She has also worked as a part time faculty member in the Movement Arts, Health Promotion, and Leisure Studies where she has taught freshmen seminars as well as Health and Wellness. She aided the Health Science faculty in developing the newly added Health Science major at Bridgewater State University. She has always had an interest in holistic health for folks of all ages and earned her undergraduate degree in Health Psychology. She earned her Master in Criminal Justice where she studied Post Traumatic Stress Disorder in First Responders.*

**The Olympics**

*Dr. Erin Redihan*

*Visiting Lecturer, History Department, Bridgewater State University*

*Mondays, October 26, & November 2, 9, and 16, 3-4pm*
This course will offer a panoramic look at the Olympic Games, particularly in terms of their politicization. It is based largely on my own research on sport and the Cold War and will look at the Games from 1896 through the present, with special attention given to the role that the Cold War played.

From this course, students will learn

- How and why the Olympics have grown and changed since 1896
- Why the 1936 Berlin Olympics set such a dangerous precedent in terms of politics and the Olympics
- How outside factors (cost, drug use, the influx of television and other corporate money) have impacted the Games
- How the Cold War affected the Games (mostly in a positive sense) and magnified their importance
- The role that protest plays in sport (and how the International Olympic Committee has tried to downplay this)

Dr. Redihan is the author of The Olympics and the Cold War, 1948-1968 (McFarland 2017) and specializes in 20th century European and American history, especially World War II and the Cold War. She previously taught at Worcester State University, Boston College, Providence College, Salve Regina College, and Clark University.

Deja-Vu and Tricks of the Mind
Dr. Caroline Stanley
Associate Professor of Psychology, Bridgewater State University
Fridays, October 30, Nov 6, & 13, 11am to Noon (please note, this course meets 3 times)

This course provides an overview of memory, how it works, and how it plays “tricks.” It begins with a description of long- and short-term memory along with tips on how to improve memory. What follows is an explanation of how the mind can deceive us through forgetting, false memories, and experiences such as deja-vu.

Dr. Caroline Stanley is a clinical psychologist and professor at Bridgewater State University. Her clinical specialization is in child and family studies. Her research focuses on the teaching of psychology. Specifically, she explores the effectiveness of classroom-based, experiential techniques for promoting personal change. She has over a dozen published works and collaborates with an international team of researchers on the teaching of psychology.

COURSES STARTING IN NOVEMBER

Introduction to Microsoft Excel
Doug Sipiora, Systems Analyst, Information Technology, Bridgewater State University
Wednesdays, November 4, 18, December 2, & 9, 3 to 4pm

Microsoft Excel is one of the most used software applications. You can use Excel to enter various types of data and perform financial, mathematical or statistical calculations. This course will review creating a new Excel workbook, explore some of the different data types, and go over some of the functions that will help you to maximize the value of your data. We will also look at some of the pre-loaded templates
that Excel offers, instead of creating a workbook from scratch. By the end of this course users will be opening Excel for simple tasks like preparing their weekly grocery list, to something more advanced like creating a monthly budget.

Doug Sipiora has an MBA and a bachelor’s degree in computer information systems. He has over 20 years’ experience working in Information Technology implementing, supporting, customizing and integrating software applications and information systems. Doug has worked in the field of higher education since 2013 and is currently a Systems Analyst at Bridgewater State University.

**Coming to America: The Early American Immigration History**

**Charles Cox, Instructor, Senior College, Bridgewater State University**

**Wednesdays, November 4, 18, December 2, & 9, 10-11am**

Wherever Americans have originally called home, by coming to the new world either by being forced to or by freely embarking on this adventure, they have shared three experiences. The first is the experience of the journey—the passage. Secondly, the adjustment to the harshness of the new world, both the natural wilderness and the reception of the indigenous people who were here before the Europeans. And finally, the eventual adaptability to the new culture of which they became, over time, integral parts. It has always been the single most American experience of all the far-ranging experiences individual groups coming to this country endured. It was four hundred years ago when the first Europeans settled in what was then known as Anglo-America. We shall examine each chapter of this experience highlighting various groups through these four centuries to learn that, despite the long time frame involved, little has changed among all the groups who endure this experience.

Charles Cox graduated from the University of Virginia with a B.A. in History and earned an M.A. in History from Northeastern University. He also attended Harvard University studying immigration history under the renowned British immigration scholar, Prof. Maldwyn Jones. After graduation, he taught for two years at Northeastern’s University College, then entered the Boston College history doctoral program. After completing the course requirements, he was destined for a career both in business and in education. In 1992, he began teaching at Bridgewater State University where he has been for twenty-eight years, as well as continuing to teach at Northeastern. Among other programs, he helped develop online history courses for Northeastern’s College of Professional Studies. Of interest is the course “Coming to America” which he began helping to develop in 2007. He recently published a feature article in the Bridgewater Review (V. 19, April, 2020) on Shuji Isawa, a former student at the original Bridgewater Normal School from the 1870s, who went on to forge the elementary and secondary school curriculum for Japanese, and later Taiwanese and Korean school children, in the late 19th century.

**Understanding Today's Media**

**Hank Sennott, Instructor, Communication Studies, Bridgewater State University**

**Thursdays, November 5, 12, 19, and December 3, 10 to 11am**

Trying to make sense of how we receive and process all the information we are bombarded with today? How do you tell the real news from the fake? This seminar will trace the history of our exploding media universe; discuss examples of how current events are portrayed and offer suggestions about navigating the information overload.
Hank Sennott has enjoyed a successful career in marketing and communications working primarily for energy companies and non-profits. For the past several years, he has been on the faculty of Bridgewater State University teaching Public Relations and related courses for the Communications Studies Department. A licensed Realtor, he is also Marketing Director for Mari Sennott and Associates, a real estate practice headed by his wife, who recently celebrated her 20th anniversary in the profession. They operate under the banner of Today Real Estate, the largest independently owned firm of its kind on Cape Cod. He authors two blogs. One, "Who you work with matters" is associated with his wife’s website, www.makeyourmovewithmari.com. The other is his personal blog, "Thoughts while shaving," that can be found at hsennott@blogspot.com.

Choreographing and Performing Identity
Dr. Luis Paredes, Director, Institutional Diversity, Bridgewater State University
Thursdays, November 5, 11, 19, and December 3, 4:45 to 5:45pm

Culture is rooted in the experiences of the body. Dance and the meanings associated with the performing body are difficult signifiers to discern. The senses developed or traced to any performing body are subjective. This difficulty is embedded in the nonverbal nature of dance and requires external analysis, albeit performances becoming records of short-lived events, exposing various interpretations. Employing theories from Anthropology, Sociology, and Cultural Studies, this course analyzes identity performances through an emphasis on African diasporic studies in Latin America. In the process of performing national identity reinventions and revivals, students will examine the black body, performativity, race-representations, gender, and the transnationalization of blackness.

Dr. Paredes is the Director of the Office of Institutional Diversity and a Visiting Associate Professor in the School of Social Work at Bridgewater State University. He is a cultural anthropologist and researches how the performance of marginalized and oppressed bodies conveys identity, embodied memory, and cultural history.

The American Home Front During World War II
Nan Loggains, History Professor, Bristol Community College
Wednesdays, November 18, December 2, 9, & 16, 11am to Noon

This course is a four-week study of life on the American home front during World War II. The course will consider the issues and events facing American society during the war years. Topics covered include the draft, women’s roles, bond drives, migration, wartime boom towns, and rationing. In addition, the course will examine American culture during the period.

Nan Loggains spent eight years active duty in the Army working in military intelligence. While in the Army, she spent time in Germany, Alabama, Texas, Arizona, and Monterey, California (along with a number of TDY - temporary duty assignments). Nan Loggains has been at Bristol Community College since 2010. She loves teaching and has taught a variety of history courses including all of the foundation courses and several special topics courses (Vietnam War, Cold War, America’s War on Terrorism, and The 1960s). Last fall, she introduced another new course on campus: Social Science 260: Election 2020. Nan also works as an academic adviser and a special programs coordinator on the Attleboro campus.
Marine Conservation Challenges
Dr. Andrea Bogomolni
Thursdays, November 19, December 3, 10, & 17, 6 to 7pm

As human populations grow and resources become more limited, our oceans are facing unique challenges to keep up with the demand. These challenges come at the intersection of energy development, food systems, tourism, conservation and more. In this course we will take an in-depth look at several of these issues to understand the complexities of each story and the work being done to balance the need for resources and the need for sustainable practices and healthy oceans.

Andrea obtained a B.A. (Studio Art) and B.S. (Wildlife Fisheries and Conservation Biology) from UC Davis, M.A. (Biology) from Boston University and Ph.D (Pathobiology) as well as a Certificate in Public Health from UCONN. She was a Postdoctoral Fellow and Guest Investigator at the Woods Hole Oceanographic Institution. Over the last six years she has taught marine mammal science at BSU Cape Cod, Massachusetts Maritime Academy and at the Shoals Marine Lab where she started a seal research program a decade ago. She currently chairs the Northwest Atlantic Seal Research Consortium. Her work focuses on understanding the link between marine mammal and human health and she has developed a uniquely interdisciplinary skill set in scientific research, education and outreach. As an interdisciplinary community scientist, her collaborators include fishermen, veterinarians, engineers, marine mammal stranding organizations, social scientists, economists, NGOs, fishery and marine protected species managers, teachers, artists, land owners and local residents. The goals of her work are to be able to provide the knowledge needed to mitigate human impact on marine species, understand risks of these impacts, facilitate effective collaborations, and raise awareness of ocean health and the connection to human health.