



BRIDGEWATER

STATE UNIVERSITY

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Department of Counselor Education

Student Handbook

2020-2021

DEPARTMENT OF COUNSELOR EDUCATION
STUDENT HANDBOOK 2020-2021
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Department of Counselor Education
Bridgewater State University
Bridgewater, MA 02325

LEARNING CONTRACT FORM

By signing this form, I acknowledge that I have downloaded a copy of The Counselor Education Student Handbook and the Graduate Student Handbook from the Department of Counselor Education and I accept responsibility for the information presented.

I agree I have read the entire handbook and will abide by the policies and procedures and requirements as outlined in the Student Handbooks. I agree to obtain information contained in this material through the Department of Counselor Education department chair, my advisor, fieldwork director or course instructor about contents. I understand that I am responsible for following the most current handbook and will seek out my academic advisor or a member of the faculty regarding any future changes to the Handbook.

I acknowledge that Bridgewater State University has provided me with the opportunity to attain a college e-mail account and to enroll in Blackboard. I also acknowledge that Bridgewater State University's e-mail account is the formal method of communication with the Counselor Education Department and am therefore responsible to obtain and actively monitor information conveyed via BOTH forms of technology.

I agree to abide by the American Counseling Association Code of Ethics (2014) and will follow the appropriate procedures as written in this handbook.

I _____ have downloaded a copy of the Bridgewater State University Counselor Education Department Student Handbook and accept responsibility for the information presented therein.

Signature

Date

Advisor

Date

(copy of this signed form must be included in student file during first semester after matriculation. Please return your signed learning contract to either the Department Administrative Assistant or your advisor)

POLICIES AND PROCEDURES

MISSION STATEMENT

The principle mission of the Department of Counselor Education at Bridgewater State University is to prepare high quality master's level counselors for various settings in Massachusetts and the nation. More specifically, we prepare; quality School Counselors to serve students, families, and communities in PreK-12 educational settings; Clinical Mental Health Counselors to serve individuals, families, and/or groups in community, non-profit, or private agencies; and Student Affairs Counselors to serve as academic advisors, career advisors, residential hall advisors, or likewise in institutes of higher education.

Program Objectives

Our objectives are to:

- Guide students in understanding their roles and responsibilities within the ethical and legal guidelines germane to counseling and student affairs professions.
- Foster the development of expertise in counseling skills.
- Instill a commitment to uphold best practices within counseling and student affairs professions.
- Cultivate diversity and social justice competence within counseling and student affairs professions.

DEPARTMENT PHILOSOPHY, GOALS, AND OBJECTIVES

The faculty and staff in the Department of Counselor Education at Bridgewater State University are committed to helping support students throughout their academic training. We strive to help create a positive, student-focused learning environment that will prepare students to be effective, professional counselors in a variety of settings.

Students in the Department of Counselor Education are involved in training in preparation for providing counseling and support services with diverse populations in specific intended settings (school, college/university, mental health agency, hospital, or other clinical setting) using a variety of treatment modalities (e.g., individual, group, and family). The content areas studied, and the field experiences provided will have students aimed at expanding their understanding of human development and the conditions necessary for change and growth.

Commitment to Diversity

The Department of Counselor Education is strongly committed to infusing diversity issues throughout the entire counseling training experience. Students in our program are expected to carefully examine the social, cultural, environmental, and historical issues that can affect client and student well-being. Part of being a culturally competent counselor is being aware of our own biases, perceptions, world views and how these impact the counseling relationship.

Policy of nondiscrimination Bridgewater State University does not discriminate in admission to or access to, or treatment or employment in any of its educational programs or activities, including scholarships, loans and athletics, on the basis of race, creed, religions, color, gender, marital status, age, sexual orientation, national origin, veteran status or disability.

Orientation The Counselor Education department provides a formal orientation session for students at the beginning of their academic training in accordance with Section F.8.a. Program Information and Orientation of the American Counseling Association Code of Ethics (2014), which states that orientation to a counseling program is an on-going process and continues throughout the academic training (from the time of application to graduation). In addition to the formal orientation provided to all new students at the beginning of the program, each student is provided informal orientation opportunities throughout the relationship with an academic advisor whose role is to provide students with guidance about choosing a program curriculum, information about practicum and fieldwork experiences, and opportunities to address students' concerns and issues. Advisors serve as the "point person" for ongoing questions or concerns that students may have regarding orientation to the counseling program. This orientation includes (but is not limited to):

Skills and Knowledge The counseling program is designed to provide students with the most current and up-to-date information about the counseling profession, including its historical foundation, counseling theories and models, multicultural training, group process, counseling ethics and professionalism, assessment and research methodologies. Students will also be taught skills that can be used in a variety of counseling settings and contexts.

Training Goals and Objectives Each counseling program is designed to provide students with the fundamental core subject areas that will prepare students for direct practice in the students chosen field. Some fields require certification and/or professional licensure. While graduation from Bridgewater State University Counseling Department does not automatically guarantee state or national certification or licensure, our program does provide the requisite training.

Self-Growth Experiences Because we are a counseling program, our professional identity is centered not only on the growth and development of the clients and students we serve, but also on our own personal and professional growth. In many of the counseling courses offered in the program, faculty will integrate self-growth exercises and opportunities for students' personal awareness and reflection. Self-growth experiences are infused throughout all counseling curricula and continues even after graduation - it is a lifelong process. Students are encouraged to embrace challenging themselves out of their comfort level in order to increase self-reflection and therefore addressing their own personal qualities, characteristics, experiences, and personal reactions. The ability to achieve mastery in self-reflection is critical to the knowledge and skill set of a competent counselor.

Counseling faculty may encourage students to seek professional help to address any personal concerns that may be affecting their competency or academic performance, as is required by our professional code of ethics (see ACA Code of Ethics (2014) Section F.8.c Addressing Personal Concerns).

All students enrolled in at least one course at Bridgewater State University (BSU) are eligible for free counseling services at BSU's Weygand Hall Wellness Center. The wellness center and the department of counselor education are two separate entities. According to the Weygand Hall Wellness Center website, their mission is, "to offer counseling services to students experiencing adjustment and psychological difficulties and to support the BSU community to help a diverse student population achieve academic and personal success.

CACREP COMMON-CORE PROGRAM OBJECTIVES



The Council for Accreditation of Counseling and Related Educational Programs (CACREP), a specialized accrediting body recognized by the Council for Higher Education Accreditation (CHEA), has granted accreditation to the following programs in the Department of Counselor education at Bridgewater State University: Mental Health Counseling (M.Ed.) and School Counseling (M.Ed.). The Department of Counselor Education at Bridgewater State University has made history by being the first counseling program in the Commonwealth of Massachusetts to achieve this national CACREP accreditation and less than 250 programs nationwide have proven their counseling programs meet the academic quality required to achieve this status. Therefore, the academic goals and objectives of our counseling program are in alignment with the CACREP core criteria.

The following eight CACREP core program objectives are directly cited from Section II, G.1-8. Students are encouraged to review the entire set of standards at <http://www.cacrep.org>. Faculty have infused the CACREP standards throughout course syllabi and learning outcomes.

Human Growth and Development – studies that provide an understanding of the nature and needs of persons at all developmental levels and in multicultural contexts, including all of the following:

- a. theories of individual and family development and transitions across the life span;
- b. theories of learning and personality development, including current understandings about neurobiological behavior;
- c. effects of crises, disasters, and other trauma-causing events on persons of all ages;
- d. theories and models of individual, cultural, couple, family, and community resilience;
- e. a general framework for understanding exceptional abilities and strategies for differentiated interventions;
- f. human behavior, including an understanding of developmental crises, disability, psychopathology, and situational and environmental factors that affect both normal and abnormal behavior;

- g. theories and etiology of addictions and addictive behaviors, including strategies for prevention, intervention, and treatment; and
- h. theories for facilitating optimal development and wellness over the life span.

Social and Cultural Foundation – studies that provide an understanding of the cultural context of relationships, issues, and trends in a multicultural society, including all of the following:

- a. multicultural and pluralistic trends, including characteristics and concerns within and among diverse groups nationally and internationally;
- b. attitudes, beliefs, understandings, and acculturative experiences, including specific experiential learning activities designed to foster students' understanding of self and culturally diverse clients;
- c. theories of multicultural counseling, identity development, and social justice;
- d. individual, couple, family, group, and community strategies for working with and advocating for diverse populations, including multicultural competencies;
- e. counselors' roles in developing cultural self-awareness, promoting cultural social justice, advocacy and conflict resolution, and other culturally supported behaviors that promote optimal wellness and growth of the human spirit, mind, or body; and
- f. counselors' roles in eliminating biases, prejudices, and processes of intentional and unintentional oppression and discrimination.

Helping Relationships – studies that provide an understanding of the counseling process in a multicultural society, including all of the following:

- a. an orientation to wellness and prevention as desired counseling goals;
- b. counselor characteristics and behaviors that influence helping processes;
- c. essential interviewing and counseling skills;
- d. counseling theories that provide the student with models to conceptualize client presentation and that help the student select appropriate counseling interventions. Students will be exposed to models of counseling that are consistent with current professional research and practice in the field so they begin to develop a personal model of counseling;
- e. a systems perspective that provides an understanding of family and other systems theories and major models of family and related interventions;
- f. a general framework for understanding and practicing consultation; and
- g. crisis intervention and suicide prevention models, including the use of psychological first aid strategies.

Group Work- studies that provide both theoretical and experiential understandings of group purpose, development, dynamics, theories, methods, skills, and other group approaches in a multicultural society, including all of the following:

- a. principles of group dynamics, including group process components, developmental stage theories, group members' roles and behaviors, and therapeutic factors of group work;
- b. group leadership or facilitation styles and approaches, including characteristics of various types of group leaders and leadership styles;

- c. theories of group counseling, including commonalities, distinguishing characteristics, and pertinent research and literature;
- d. group counseling methods, including group counselor orientations and behaviors, appropriate selection criteria and methods, and methods of evaluation of effectiveness; and
- e. direct experiences in which students participate as group members in a small group activity, approved by the program, for a minimum of 10 clock hours over the course of one academic term.

Career and Lifestyle Development- studies that provide an understanding of career development and related life factors, including all of the following:

- a. career development theories and decision-making models;
- b. career, avocational, educational, occupational and labor market information resources, and career information systems;
- c. career development program planning, organization, implementation, administration, and evaluation;
- d. interrelationships among and between work, family, and other life roles and factors, including the role of multicultural issues in career development;
- e. career and educational planning, placement, follow-up, and evaluation;
- f. assessment instruments and techniques relevant to career planning and decision making; and
- g. career counseling processes, techniques, and resources, including those applicable to specific populations in a global economy.

Appraisal – studies that provide an understanding of individual and group approaches to assessment and evaluation in a multicultural society, including all of the following:

- a. historical perspectives concerning the nature and meaning of assessment;
- b. basic concepts of standardized and nonstandardized testing and other assessment techniques, including norm-referenced and criterion-referenced assessment, environmental assessment, performance assessment, individual and group test and inventory methods, psychological testing, and behavioral observations;
- c. statistical concepts, including scales of measurement, measures of central tendency, indices of variability, shapes and types of distributions, and correlations;
- d. reliability (i.e., theory of measurement error, models of reliability, and the use of reliability information);
- e. validity (i.e., evidence of validity, types of validity, and the relationship between reliability and validity);
- f. social and cultural factors related to the assessment and evaluation of individuals, groups, and specific populations; and
- g. ethical strategies for selecting, administering, and interpreting assessment and evaluation instruments and techniques in counseling.

Research and Program Evaluation – studies that provide an understanding of research methods, statistical analysis, needs assessment, and program evaluation, including all of the following:

- a. the importance of research in advancing the counseling profession;
- b. research methods such as qualitative, quantitative, single-case designs, action research, and outcome-based research;
- c. statistical methods used in conducting research and program evaluation;
- d. principles, models, and applications of needs assessment, program evaluation, and the use of findings to effect program modifications;
- e. the use of research to inform evidence-based practice; and
- f. ethical and culturally relevant strategies for interpreting and reporting the results of research and/or program evaluation studies.

Professional Orientation – studies that provide an understanding of all of the following aspects of professional functioning:

- a. history and philosophy of the counseling profession;
- b. professional roles, functions, and relationships with other human service providers, including strategies for interagency/interorganization collaboration and communications;
- c. counselors' roles and responsibilities as members of an interdisciplinary emergency management response team during a local, regional, or national crisis, disaster or another trauma-causing event;
- d. self-care strategies appropriate to the counselor role;
- e. counseling supervision models, practices, and processes;
- f. professional organizations, including membership benefits, activities, services to members, and current issues;
- g. professional credentialing, including certification, licensure, and accreditation practices and standards, and the effects of public policy on these issues;
- h. the role and process of the professional counselor advocating on behalf of the profession;
- i. advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients; and
- j. ethical standards of professional organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling.

PROGRAM OVERVIEWS

MASTER OF EDUCATION - MENTAL HEALTH COUNSELING (60 Credits)

Graduates of this program are trained to work with children, adolescents and adults in a variety of mental health settings including clinics, educational and governmental institutions, health care centers and hospitals. This program prepares graduates who intend to become Licensed Mental Health Counselors (LMHC) in the Commonwealth of Massachusetts and is accredited by CACREP.

MASTER OF EDUCATION - MENTAL HEALTH COUNSELING – DUAL LICENSE (66 Credits)

This program is for those seeking dual licensure as a Licensed Mental Health Counselor in the Commonwealth of Massachusetts by the Board of Registration and a School Social Worker/School Adjustment Counselor license with the Department of Elementary and Secondary Education and is accredited by CACREP.

MASTER OF EDUCATION – MENTAL HEALTH COUNSELING, INTERNATIONAL NON-LICENSURE (Non-U.S. Citizens) (60 credits)

This program is designed for international students seeking training in mental health counseling for international settings. This concentration does not lead to a professional license.

MASTER OF EDUCATION - SCHOOL COUNSELING (PreK-8 & 5-12) (60 Credits)

This program prepares students to work in PreK, elementary, middle or secondary school settings in public, private, vocational-technical and charter schools, and prepares students for licensure as a School Counselor with the Department of Elementary and Secondary Education. The program is accredited by CACREP.

MASTER OF EDUCATION - STUDENT AFFAIRS (39 Credits)

Students in this program are trained to use skills for counseling and program development and implementation in a variety of student affairs and higher education settings including academic enhancement/advising, career services, residence life, orientation, counseling athletes, and student activities.

POST MASTER'S LICENSURE IN SCHOOL COUNSELING

The Post Master's Licensure program is designed for individuals who seek initial licensure as a school counselor, and who possess an applied master's degree in counseling or a related field (i.e. social work, clinical psychology), which has included a formal, supervised internship experience. Each student plans their program of study with a faculty advisor in accordance with the current BSU requirements for licensure as a school counselor, which are aligned with licensure requirements established by the Massachusetts Department of Elementary and Secondary Education. The program will complement previous master's level coursework and will include all appropriate field experiences and a capstone experience.

Academic Credit Hour Definition

A graduate academic credit hour is equivalent to one hour of classroom or direct faculty instruction and a minimum of three hours of out-of-class student work each week for approximately 15 weeks of each semester. Therefore, a three-credit class has an expectation of approximately three hours of classroom or direct faculty instruction and a minimum of nine hours of out-of-class student work over that same time period. An equivalent amount of engagement is required for laboratory work, internships, practica, studio work, web-based courses, and other academic work leading to the award of credit hours.

COUNSELOR EDUCATION GENERAL POLICIES AND INFORMATION

Non-matriculation

Admission into any of the counseling programs is competitive, with faculty seeking students who exhibit the potential to become highly effective counselors who can contribute to the profession. Applicants are encouraged to review the counseling application for admission requirements specific to the program in which they would like to enroll. Students must submit a completed application with supporting material by October 1 for the spring semester and February 1 for the summer and fall semesters.

Prospective candidates who have not been formally accepted into the program are urged to contact the appropriate Program Director for assistance in enrolling in a course as a non-matriculated student because several of our courses are open to matriculated students only. Please note: **Your grade(s) and behavior in any graduate class you choose to take as a non-matriculated student may be considered as a part of your application package to any of the programs in the Department of Counselor Education at BSU.**

Prior to matriculation, students can enroll in up to six graduate credits in most programs with 39 or fewer credits. In programs requiring 40 or more graduate credits, students may enroll in up to nine graduate credits.

Not more than six graduate credits, taken both prior to and after acceptance, can be transferred from other accredited graduate schools. Rather than enrolling in graduate courses at other institutions, matriculated students should make every attempt to enroll in Bridgewater State University graduate courses, which will assist them in successfully completing their graduate programs. It does not include prerequisites. Program exceptions are noted in the appropriate department sections of this catalog.

Approval of transfer credit is subject to the following conditions: 1) that not more than six credits being transferred are from an accredited institution other than Bridgewater State University; 2) that a grade of “B” or better has been earned in all courses being transferred; 3) that courses being transferred have not been used to fulfill the requirements of another degree at any institution and 4) that graduate transfer credits may not be more than six years old at the time program requirements are completed.

Bridgewater State University does not accept credits for courses completed at non-accredited institutions.

All courses to be used as transfer credit in a graduate degree program must have the approval of the student’s advisor and DGCE Chair prior to submitting for final approval to the dean of the College of Graduate Studies. An official transcript of courses taken at another accredited institution must be submitted for approval with the Transfer Credit Request form that can be found on the College of Graduate Studies intranet website. A copy of the course syllabus and/or course descriptions may be requested. Students are

strongly urged to process the form for transfer credit early in their graduate degree program. The Department of Counselor Education policy on BSU undergraduate students taking graduate level courses within the department is that students are welcome to enroll in the following courses: CNGC 500 Research and Evaluation, CNGC 510 (insert new title), and CNGC 528 Counseling Theories and Techniques, CNSA 515 Foundations in Student Affairs. Undergraduate students that take graduate level counselor education courses must be aware that if they choose later to apply and are accepted into one of the counselor education programs (Mental Health, Mental Health Dual, School Counseling) the required credit hours will not be reduced due to already taking a course. In order to ensure licensure eligibility and meet accreditation standards, 60 credits must be completed at the graduate level for Mental Health and School Counseling professionals. However, students will not be required to repeat the course. For example, if a student takes CNGC 500 as an undergraduate student and then is later admitted into the Mental Health program, they will be required to complete the minimum of 60 credits as a graduate level student. Forms will be completed by the student with their advisor to indicate competency met for CNGC 500 and the student would have to select one of the elective courses to replace the missing credits.

Matriculated Status

Students are conditionally admitted to one counseling program. All students must successfully complete the six core requirements (CNGC 500, CNGC 520, CNGC 528, CNGC 529, CNGC 538, CNGC 539) to be considered as a master's candidate.

All accepted students must attend an orientation for new students and meet with their faculty advisor upon acceptance, in order to complete their academic program of study.

Some students may be required to meet with the Graduate Writing Fellow as a condition to their acceptance. These students will be informed of any conditions upon their first meeting with their advisor.

Continuation or Interruption of Course Registration (Reinstatement)

Graduate students have six years to complete their degree programs. Should graduate students not enroll in courses during two semesters (consecutive spring and fall) students will be considered inactive. If students are deemed inactive and wish to register for courses, they must complete a reinstatement form available from the College of Graduate Studies intranet site or by calling 508.531.1300. This policy is designed to ensure appropriate academic advising and counseling for all graduate students enrolled in degree programs including non-degree students.

Change of Program

All requests to change from one graduate program to another are subject to departmental approval. Students wishing to change programs must complete the Change of Program Form. Students who wish to change a specific program can do so by completing the Change of Program Form. This form may be accessed through the student portal and found on the Printable Forms page of the Office of Graduate Student Services Website or by clicking here [Change of Program form](#). Please turn this form into the Administrative Assistant before submitting to Graduate Student Services.

Course Load

Full-time graduate study for master's degree students is defined, for academic purposes only, as being enrolled in nine or more graduate credits in each semester. Full-time graduate students may register for up to 15 credits during both the fall and spring semesters and up to 14 credits during the two summer sessions. Students wishing to register for more than the maximum credit load must receive permission in writing from their graduate advisor and graduate program coordinator.

Graduate Assistantships, Research Assistantships, Graduate Writing Fellow and Graduate Scholarships

Students should be aware of the opportunities for scholarship assistance and research opportunities through the College of Graduate Studies. Student are encouraged to go to the College of Graduate Studies intranet site to attain the most current and accurate information concerning applications and deadlines.

Grade Requirement

Students must receive a grade of "B-" or higher in each graduate course or fieldwork experience; students who receive a grade lower than a "B-" must repeat the course. In addition, students who receive a grade of "F" in any course will be placed on academic probation by the department. Any student who receives a second grade of "F" will be dismissed from the program. Lastly, students must maintain a GPA of 3.0 or they will be placed on academic probation as outlined in the graduate student handbook.

If a student's GPA remains below a 3.0 for a prolonged period, this could result in academic dismissal. The College of Graduate Studies will inform the student should their GPA drop below 3.0. Students are encouraged to discuss academic probation with their assigned advisor.

Academic Integrity

Students are required to familiarize themselves with the policy established by the College of Graduate Studies. Furthermore, students are encouraged to consult with faculty concerning questions about professional citations and to always refer to the APA (American Psychology Association) Publication Manual. Students need to be aware that plagiarism is NOT tolerated by the College of Graduate Studies or the Counselor Education Department and also by the ACA Code of Ethics (2014). After an investigation, the student may be dismissed from the program.

Retention and Dismissal Policy

A student is not only evaluated on acquisition and retention of counseling-based knowledge and information, but also on the level of skill development he or she demonstrates in the academic coursework and fieldwork experiences. In addition, a student's level of professionalism and the ability to give and receive feedback by peers and instructors is a key component to the evaluation criteria of the faculty. Even if a student performs at acceptable graduate level work in didactic information (i.e. good grades on exams, research papers, etc.), students may not successfully complete the program if they do not meet the expected level of counseling skills, demonstrated, as well as maintain the professional and ethical behavior of a counselor-in-training.

Faculty will be giving feedback to students regarding their growth as it relates to their clinical competencies, as well as their professional and behavioral skill development. If a student is found, over time, to be unable to integrate feedback in ways that manifest understanding and development in competency areas requiring growth, a faculty review of a student's performance will occur. An assessment of the student can result in a plan for remediation, academic probation, or dismissal from the program. If the student is at the point of providing direct client care, then the safety and care of the client will take precedent over the student's training, and the student may be asked to leave the site until the deficiencies are corrected. The experience will then need to be repeated. If it is deemed that the deficiency is too great to remediate or that the behavior is too egregious to endorse the student in the field, then the student will be dismissed from the program.

Students may be dismissed from their academic program due to issues that affect their function as a professional counselor in training. These may include, but are not limited to:

1. Dismissal criteria established by the College of Graduate Studies, CoGS
2. GPA level
3. Academic dishonesty
4. Ethical violations
5. Personal concerns (interpersonal/value sets/etc.) that may conflict with professional counseling practice

In our roles as gatekeepers for the profession, The Department of Counselor Education faculty have implemented an ongoing process for monitoring student concerns and maintaining communication of student concerns.

DEPARTMENT OF COUNSELOR EDUCATION

STUDENT SUPPORT FORM FOR ONGOING COMPETENCY EVALUATION
(OCE FORM)

Date _____ Faculty/Staff Member _____

Student _____

Student's Program of Study _____

FOCUS OF SUPPORT: (Check as many areas as applicable):

- Time Management
- Academic Performance
- Professionalism/Ethical
- Communication (Email/phone/face-to-face with Faculty/Staff)
- Communication (Email/phone/face-to-face with Peers)
- Classroom performance
- Clinical Skills
- Fieldwork
- Excessive absences/tardiness
- Other _____

Description (Substantiate information):

Date of Discussion with Student/Student Meeting: _____

Outcome of Student Meeting (Including discussion of potential strategic plan):

Date of Discussion with Instructor/Director of Fieldwork (If warranted): _____
Date of Discussion with Faculty Advisor (if Warranted): _____
Date of Discussion with Department Chair (if Warranted): _____
Date of Discussion with Academic Dean (if Warranted): _____

STRATEGIC PLAN:

I HAVE REVIEWED THIS PLAN WITH MY FACULTY MEMBER AND DEPARTMENT CHAIR AND AGREE TO COMPLETE THIS PLAN AS WRITTEN:

Student Signature/Date

Faculty Signature/Date

Received by Department Chair Signature/Date

PROGRESS REPORT:

SITUATION HAS BEEN RESOLVED.

SITUATION IS BEING RESOLVED.

SUFFICIENT PROGRESS HAS NOT BEEN DEMONSTRATED

Signature/Date

Below is the Protocol that faculty and staff follow in implementing this process.

PROTOCOL FOR UTILIZING

THE ONGOING COMPETENCY EVALUATION (OCE FORM)

1. When an individual faculty member (or advisor) has a concern about a student and identifies a student issue/concern, the faculty member will engage in a 1:1 conversation with the student regarding the issue or concern. If the faculty and student are able to create a plan to remediate the issue/concern and it is resolved, no further action needs to be taken.



2. Once a faculty member has met 1:1 with the student and the outcome of the meeting is:
 - a) The student disagrees with the issue/concern,
 - b) The student agrees to address the issue/concern but has demonstrated no progress, or
 - c) The student issue/concern has worsened, then.....

The faculty member consults with the Academic Advisor (or Director of Fieldwork). The faculty member and advisor or (Director of Fieldwork) develop a strategy for following up on the issue:

If after consulting with the Academic Advisor (or Director of Fieldwork) and the student issue/concern is resolved, then no further action is needed.



3. If the student issue/concern is not resolved, then the faculty member contacts the Department Chair. If the chair and faculty member are able to reach a resolution to address the issue/concern with the student, then no further action is needed.



4. If the student issue/concern is not resolved between the faculty member and the student does not follow the remediation/support plan as outlined, then the appropriate academic dean is contacted.

Repeating Courses

The College of Graduate Studies will allow graduate students, with advisor and program coordinator approval, to repeat only one graduate course for which they have received a grade of “B-” or less. Although all courses and grades will appear on the student’s transcript, credit for the course will be awarded only once unless otherwise stated in the university catalog. The repeated grade will replace the prior grade in the students’ GPA regardless of which grade is higher. Only courses taken at Bridgewater State University and repeated at Bridgewater will be eligible for use under this policy. Students are required to complete the Course Repeat Request form which can be found on the College of Graduate Studies intranet site.

The Department of Counselor Education has added to the CoGS policy:

Any student who receives a B- or lower in any course offered through our department has an Ongoing Competency Form (or the most recently drafted form of retention/dismissal policy) filled out and submitted to the chair. The chair is then required to keep the form and monitor for an additional B- and make the Advisor aware. If the second repeat course application is submitted, which must be accompanied with another Ongoing Competency form, it is up to the chair and the advisor to uphold policy and deny the request as outlined in the Repeat Course Policy of the College of Graduate Studies and in accordance with the Grading Policy that stated all course grades must be above a B-.

Notes: Repeating courses taken in a previous semester may affect certain federal and state benefits, various financial-aid programs, loans, scholarships and social security benefits, in addition to athletic eligibility and veteran’s benefits. The Veterans Administration will not pay for a repeated course in which a passing grade has been previously earned. Satisfactory academic progress requirements must be met for continued financial-aid eligibility.

Students with more than one failed course will be required to meet with their advisor.

Course Audit Policy

In accordance with Bridgewater State University’s Audit Policy, students must acquire a “Course Audit Request Form” from the Registrar’s Office or from the Registrar’s intranet site. The student will receive no academic credit for the courses nor will a grade be reflected in his or her cumulative grade point average. The following guidelines apply, as outlined by the College’s Policy:

1. A student may audit a course subject to the approval of his or her advisor or department chairperson and consent of the instructor.
2. A student is subject to conditions established by the department and/or instructor for the audited course.

3. A student registering for credit has course enrollment preference over an auditing student. Therefore, a student must register for audit only during the drop/add period by submitting forms provided by the Registrar's Office. A student's status as an auditor in a course cannot be changed.
4. A student may register for one audit course per semester. Exceptions may be granted by petition to the appropriate school dean.
5. A student receives no credit for an audited course. The student's academic record will reflect the course enrollment with the notation AU.
6. A student will be charged the same tuition and fees for an audited course as for a course taken for credit.

Communication

Students are expected to maintain professionalism in all forms of communication with peers, faculty, staff, administrators, and site supervisors (i.e. email, written, and verbal). Students should consult the *E-mail as an Official Means of Communication to Students* about the latest policy of communication via technology. Students should recognize that as counseling professionals-in-training that faculty will assess their ability to communicate effectively and professionally with others as an integral part of their learning and growth.

Code of Ethics

Upon formal admittance to the counseling program, each student is expected to be knowledgeable of and integrate into their professional practice the Code of Ethics of the American Counseling Association (2014). Students may obtain a copy of the ACA Code of Ethics (2014) online at www.counseling.org or by contacting 1-800-422-2648 x. 222. All students are expected to read the Code of Ethics in its entirety and to abide by the professional standards expected of members of the counseling profession. It is critical that students understand their obligation to abide by the Code of Ethics. Students are encouraged to pay particular attention to Section F: Supervision, Training, and Teaching which addresses ethical behavior expected of students and faculty during formal academic training. Students are expected to follow the entire ACA Code of Ethics. If a student becomes a member of another professional organization (i.e. student affairs or school counseling), students are expected to abide by the codes of ethics of those organizations as well.

Appeal Process

Graduate students, who experience problems pertaining to graduate policies, including academic performance, program requirements or other academic issues, may petition to

have the matter considered through the established review process of the College of Graduate Studies.

1. Submit a written appeal to the course instructor if the issue is course-related or to the academic advisor if the matter is program related.
2. If unresolved, submit a written appeal to the department graduate coordinator (or department chair).
3. If unresolved, submit a written appeal to the appropriate college dean.
4. If unresolved, submit a written appeal to the dean of the College of Graduate Studies.
5. The dean of the College of Graduate Studies will submit graduate student petitions to the Graduate Education Council for review.

Advisors

Each student will be assigned a faculty advisor identified in the acceptance to the program letter. It is the student's responsibility to establish meeting times with this assigned advisor during the first year of achieving matriculation status. Students have the option of changing advisors by downloading the Change of Advisor Form from the College of Graduate Studies' intranet site. Students must speak to their current advisor **prior** to formally changing advisors. Students are to meet with their advisors when:

- a) completing and making changes to their Program of Study
- b) selecting an appropriate fieldwork experience site
- c) planning their fieldwork experience
- d) choosing an appropriate elective
- e) selecting capstone experience (and study materials)
- f) completing the Graduation Application

Please be aware that faculty advising is offered from September 1 through May 31. During the summer session, the Department Chair will provide advising if a student is in need.

Department of Counselor Education Policy on Independent Studies

Courses considered core classes based on the Council for Accreditation of Counseling and Related Educational Programs (CACREP) standards and curriculum are not eligible to be offered to students in the Department of Counselor Education at Bridgewater State University in an independent study format. The rationale for this is that in order to maintain our CACREP accreditation, we must comply with the 2016 standards set forth by the accrediting body.

The 2016 standards state:

Evaluation in the program includes opportunities for counselor education program faculty to comprehensively evaluate overall program effectiveness.

Assessment of students' knowledge, skills, and professional dispositions is integral. Evaluation data will help program faculty reflect on aspects of the program that work well and those that need improvement and will inform programmatic and curricular decisions. (Section 4)

The Department of Counselor Education voted on January 24, 2019 to approve a process within the department by which students' knowledge, skills, and dispositions will be assessed via the eight core CACREP courses: Counseling Theories (528), Group (538), Research (500), Multicultural (529), Theories of Psych Development (564) Ethics (534), Career Counseling (539) and Assessment (532) as well as in their fieldwork experience. In addition to the eight core classes, there are class requirements specific to mental health and school counseling specializations that also require a rigorous assessment of students' knowledge, skills, and dispositions via key performance indicators.

These courses require student collaborative work involving class presentations to prepare them for their future professional roles, skill development such as role playing and interviewing techniques, and peer supervision. Given, the significant amount of student classroom live counseling activities, it would be impossible for counseling students to replicate these highly interactive learning modes in an independent study course and meet required course competencies. It would also not allow the faculty to observe, coach, and evaluate graduate students in the role of counselor when practicing with their peers, a necessary first step prior to working with students and clients in the field. In addition, in spring 2017, in response to previous CACREP site visit feedback, our state-of-the-art Counselor Education Lab went into use. We use this lab and its video features to provide live and direct supervision as well as to engage students in practice helping sessions. Use of the lab is paramount in assessing students' readiness for fieldwork. An independent study would not allow students to benefit from the use of the lab due to the one-on-one nature of an independent study.

The following core courses use the lab: CNGC538 Group I: Theory and Practice of Group Interaction, CNGC520 Group Experience, CNMH535 Applied Counseling: Adolescent-Adult, CNMH536 Applied Counseling: Pre-Adolescent, CNMH 568 Psychopathology, CNSC 524 Applied School Counseling, and CNSA 530 Helping Skills for Student Affairs Professionals.

As such, the following courses are NOT eligible to be taught as independent studies:

General Counseling: Core Courses

- CNGC500 Research and Evaluation
- CNGC520 Group Experience (Pass/No Pass – 0 credits) *Co-requisite: CNGC 538*
- CNGC528 Counseling Theories and Techniques
- CNGC529 Multicultural Counseling
- CNGC 532 Psychological Assessment
- CNGC538 Group I: Theory and Practice of Group Interaction
- CNGC539 Introduction to Career Counseling
- CNGC563 Psychopharmacology for Non-medical Professionals

Mental Health Counseling: Core Courses

CNMH534	The Professional Counselor: Standards, Ethics, & Legal Issues
CNMH535	Applied Counseling: Adolescent-Adult
CNMH536	Applied Counseling: Pre-Adolescent
CNMH568	Psychopathology
CNMH 540	Counseling Substance Related and Addictive Disorders
CNMH564	Theories of Psychological Development
CNMH569	Crisis/Disaster Counseling (1.5 credits)

School Counseling: Core Courses

CNSC 515	Ethical and Legal Issues for the School Counselor
CNSC 516	Foundations of School Counseling
CNSC 517	Evidence-Based School Counseling Practices
CNSC 520	Development through the Lifespan for School Counselors
CNSC 521	Clinical Issues for School Counselors
CNSC 524	Applied School Counseling
CNSC 525	Crisis and Trauma in the Schools
CNSC 526	Consultation and Collaboration for School Counselors

The counseling programs, in alignment with CACREP standards are 60/66 credits. Students have flexibility within the 60/66-credit program to take elective classes. Since the elective classes are not part of the comprehensive CACREP required assessment plan, should a student need to take an elective and for some reason is not able to enroll in said elective in the regularly scheduled semesters, these courses may be offered as independent studies under the discretion of the full-time BSU faculty member who is teaching the course. In order to teach the course as an independent study, faculty members must have expertise in the topic (i.e. prior experience teaching the course). In addition, students are responsible for securing approval from *both* the Department Chair and their Advisor to take the course as an independent study.

The following courses are eligible for independent studies:

CNGC 588	Suicide: Prevention, intervention, postvention
CNGC 508	Creativity in Counseling
CNGC 574	Wellness
CNGC 567	Marriage and the Family
CNGC 587	Counseling the Military Family

Students occasionally take an elective outside the Department of Counselor Education. This must be approved by their advisor to better meet their career goals and licensure requirements. Students who do take a course outside the Department of Counselor Education must transfer that course in as they would any other course for transfer.

Students must submit a completed Application for Graduate Directed or Independent Study form. The required form, "Directed or Independent Study Course Registration Form", may be accessed through the student portal and found on the Printable Forms

page of the Office of Graduate Student Services Website. It must be approved and on file in the student's academic department, the College of Graduate Studies dean's office, and submitted to the Registrar's Office by the last day of the drop/add period for the semester.

Directed Study

Graduate students are permitted to undertake a Directed Study when they desire to study selected topics in their field. Enrollment in a directed study is limited to students who have been accepted into a graduate program at BSU and have completed a minimum of 15 graduate credits. Students must take these courses under the supervision of a faculty member. A directed study may not be used to substitute for courses that are required in the program or to study topics that are covered in required or elective courses in the program.

Students must submit a completed Application for Graduate Directed or Independent Study form. The required form, "Directed or Independent Study Course Registration Form", may be accessed through the student portal and found on the Printable Forms page of the Office of Graduate Student Services Website. It must be approved and on file in the student's academic department, the College of Graduate Studies dean's office, and submitted to the Registrar's Office by the last day of the drop/add period for the semester.

Withdrawal from Courses

In order to request a late withdrawal from one or more courses – but not all courses – the student should complete a Course Withdrawal Form found through the student portal on the Registrar's Printable Forms website. This completed form should accompany a detailed letter written to the College of Graduate Studies dean outlining the extraordinary circumstances (e.g., sudden illness, a death in the family) that have prevented them from withdrawing from the course(s) by the published deadline. The letter should also include supporting documentation from the course instructor(s) and the student's DGCE Chair. This documentation should be submitted to the Office of Graduate Student Services for the dean's review and decision which is final and not subject to further appeal. The Office of Graduate Student Services will notify the student of the dean's decision. If the request is approved, the course withdrawal form and all documentation will be submitted to the Registrar's Office for processing.

If graduate students fall below full-time status after withdrawing from a course, they should be aware that eligibility for some sources of financial aid and health insurance may be affected.

Course withdrawals will be indicated on students' transcripts with a "W" and will not affect the calculation of students' grade point averages.

Withdrawal from the University

Students who decide to withdraw from a graduate program must notify the College of Graduate Studies of their intentions in writing as soon as possible. Students should also consult course withdrawal procedures and refund policies indicated in the university catalog. Withdrawal forms are available at the College of Graduate Studies intranet site.

Voluntary Medical Withdrawal

The university understands that students may experience physical or psychological situations that may significantly impair their ability to function successfully or safely in their role as students. In those situations, students may request a medical withdrawal. The goal of a medical withdrawal is to ensure that students return to the university with an increased opportunity for success.

Unless the student can demonstrate that the ability to complete selected courses was not affected by the medical condition, medical withdrawals apply to all courses taken in the given semester.

The university uses an individualized process that allows students to request a medical withdrawal so that they can receive treatment, return to the university, and successfully achieve their academic goals. Any conditions placed upon the student at the time of the medical withdrawal may be incorporated into a written agreement with the student and may result in a hold being placed on the student's account.

It is important to note that a medical withdrawal does not exempt the student from their financial obligation to the university and does not guarantee a refund or partial refund. The student may still be responsible for any outstanding fees, fines or costs. In extraordinary circumstances, the university may, in its sole discretion, provide a refund.

Additionally, the student may be responsible for repayment of financial aid if mandated by the federal government. If a student has received financial aid and withdraws before completing 60% of the semester (for extraordinary reasons or not), the U.S. Department of Education requires the university to perform a Return of Title IV calculation to determine what financial aid must be returned to the federal government.

Graduation Application

Students who are nearing the completion of their graduate program requirements and who plan to receive a master's degree in December, May or August should complete an [Application to Graduate form](#) and include a copy of their degree audit, which must be approved by the student's advisor and graduate program coordinator. The application form is then submitted with the candidate's degree audit with all program requirements shown as "met" to the College of Graduate Studies on or before the appropriate

application deadline. Students should check with their advisors regarding exit requirements for their academic program, as requirements vary for each program.

Applications Deadlines

- February 1 for May graduation
- June 1 for August graduation
- October 1 for December graduation

Failure to file an application before the deadline may postpone degree conferral. Any questions regarding graduate commencement and requirements should be directed to the graduation coordinator in the College of Graduate Studies at 508-531-1100 or visit the Graduate Central website at www.bridgew.edu/COGS/graduation.

Graduation Dates

Though graduate students have a separate annual commencement ceremony in May, the university has three graduation dates (December, May and August). Students graduating in December and August are encouraged to attend the May commencement ceremony. In order to participate in the graduate commencement ceremony, all required course work and exit requirements must be completed. No degree or certificate will be conferred, and no graduate transcripts will be issued unless all outstanding financial balances have been paid in full.

Deadlines

Graduate students are reminded of their responsibility to consult the College of Graduate Studies intranet website for deadlines and dates for admission and applications to graduate. Students in the Department of Counselor Education are also reminded to regularly check the Counselor Education Central Blackboard site as well as their program specific Blackboard site for important information and updates.

Statute of Limitations

All graduate program requirements, including the capstone experience, must be completed within six years of the date of the student's first course taken at BSU. No graduate course offered for a master's degree may be more than six years old at the time program requirements are completed. If graduate students cannot complete degree requirements within the six-year limit because of extraordinary circumstances, they may file written appeals, requesting reasonable extension from the College of Graduate Studies.

CAPSTONE EXPERIENCE

Culminating Experience

As part of the graduation requirement in the department, students are expected to complete a Capstone Experience, which is overseen by members of the Counselor Education faculty. The Capstone Experience focuses on students' ability to integrate counseling and development theory into direct practice. Through the capstone experience, students will demonstrate the counseling competencies that align with current CACREP standards (Council for the Accreditation of Counseling and Related Educational Programs), as well as standards that align within respective programs of study. Students will have the choice of taking the CPCE (Counselor Preparation Comprehensive Exam), creating a capstone portfolio (CNGC 585), or a project paper (CNGC 586).

Students who do not successfully pass their first choice of the capstone experience have one additional opportunity to take an alternate experience, pending successful completion of a remediation plan with a faculty advisor.

Students are required to complete the Department of Counselor Education Capstone Option Request form. This is an electronic form that will be made available on Blackboard under the Capstone section. It is the graduate student's responsibility to see that this form is completed and filed with the Department no later than October 1 for the spring semester, May 1 for the summer and fall semester. The form can be found on the Counselor Education Blackboard site. Deadlines for submitting applications are firm. Consideration will not be given to applications submitted after the deadline. There are no exceptions.

Counselor Preparation Comprehensive Examination (CPCE)

The CPCE is a four-hour, 160 question, multiple-choice exam that covers the eight CACREP core areas. For each of the eight core areas, there are 20 questions. Three of these 20 questions are not included in students' raw score total (these are test analysis questions used by the CCE for validity investigation purposes). Therefore, a total of 136 questions or 102 questions for Student Affairs students are used in the calculation of counseling students score. A successfully completion score is 60% (or 82 test items correct out of 136, or for Student Affairs Students, 62 test items correct out of 102.) Students are encouraged to seek their advisor's assistance concerning effective study materials and to review the NBCC website that offers a brief practice test.

To ensure fairness and a sound test-taking environment, the Center for Credentialing & Education, Inc. (CCE) reserves the right to: (1) prohibit a person's participation in the examination, (2) remove a person from participation during the examination administration, or (3) invalidate a person's examination, either directly or through the CCE designated representative, for any action deemed inappropriate in regard to or

during the examination. Inappropriate behaviors would include misrepresentation of self, cheating, conveying copyrighted materials in any way, verbal and/or physical disturbance of the examination process, or any other behavior deemed inappropriate and/or unprofessional by CCE.

Eating and drinking will not be allowed in the testing room. However, students are encouraged to drink water and snacks if needed and will be allowed to store them by the door of the testing room. Cellular phones, laptops, tablets and calculators are not allowed in the testing room. Students are not responsible to bring anything with them for the testing session, except a Photo ID.

The CPCE will not be corrected by the faculty; the CCE will calculate raw scores that will be provided to the faculty of Bridgewater State University. Upon the completion (grading) of the comprehensive exams, students will be provided with the following CPCE information: (1) Pass/Fail status, (2) individual raw scores for each of the eight test areas, (3) mean average of all BSU students and the national scores on each of the eight test areas, (4) standard deviation for BSU and national scores on each of the eight test areas.

Student Affairs students will be graded differently. Student Affairs students will need to achieve a 60% in the following 6 areas on the CPCE exam: Career, Group, Multicultural, Research, Ethics, and Helping Relationships. They do not have to pass but will still need to take Assessment and Human Growth and Development.

The Department of Counselor Education offers the CPCE exam three times a year the first Friday of April and the first Friday of November. The Summer CPCE exam is scheduled on a Friday in July. The summer exam does not have a standing date due to low staffing during the summer months at the testing center. Deadlines to apply to the department to take the CPCE are March 1, June 1 and October 1, depending on which exam date you choose. Students are provided a link to enroll in the CPCE exam. Deadlines for submitting applications are firm. Consideration will not be given to applications submitted after the deadline. In the event students who choose the CPCE exam do not pass, the student will have 7 days to enroll in an alternative Capstone Experience.

Capstone Portfolio

Students will prepare and present a portfolio that infuses key elements of our mission, that is, development of a professional identity as counselors that integrates wellness, lifespan development, professional ethics, multicultural competencies, prevention, and the responsible use of technology. This three-credit course is designed to assist students in successfully creating a capstone portfolio that demonstrates mastery of the basic competencies necessary to function as a counseling professional. Students' projects will utilize the core areas of their discipline in accordance with the CACREP (Council for the

Accreditation of Counseling and Related Educational Programs) standards. Students must successfully present their final capstone portfolio at a formal capstone defense meeting.

Project Paper

This three-credit course is designed to assist students in successfully creating a capstone project paper that demonstrates mastery of the basic competencies necessary to function as a counseling professional. Students' projects will utilize the core areas of their discipline in accordance with the CACREP (Council for the Accreditation of Counseling and Related Educational Programs) standards. Students must successfully present their final capstone project paper at a formal capstone defense meeting.

PROFESSIONAL ASSOCIATIONS

The Department of Counselor Education believes that part of successful professional development includes membership to professional associations. Students are **strongly** encouraged to join appropriate professional associations (those in line with career goals) such as:

1. American Counseling Association (19 divisions) www.counseling.org
2. American School Counselor Association www.schoolcounselor.org
3. American Mental Health Counselors Association www.amhca.org
4. National Association of Student Personnel Administrators www.naspa.org
5. Massachusetts Mental Health Counselors Association www.mamhca.org
6. Massachusetts School Counselors Association www.masca.org
7. Council for Accreditation of Counseling & Related Educational Programs <https://www.cacrep.org/>

TECHNOLOGICAL COMPETENCIES

In accordance with CACREP requirements, all students admitted into the Counseling Department are expected to develop appropriate technology competencies. These competencies include word processing, statistical programs, Blackboard, email, data base and web searches.

HANDBOOK/LEARNING CONTRACT

This handbook has been created in compliance with CACREP, 2009, Section I.L.2.a-e, which states:

A student handbook is disseminated that includes the following:

- a. mission statement of the academic unit and program objectives;
- b. information about appropriate professional organizations, opportunities for professional involvement, and activities potentially appropriate for students;
- c. written endorsement policy explaining the procedures for recommending students for credentialing and employment;
- d. student retention policy explaining procedures for student remediation and/or dismissal from the program; and
- e. academic appeal policy.

The Department of Counselor Education takes its responsibility and commitment to train professional and ethical counselors and to “protect the public good” very seriously. Faculty are committed to supporting student success and providing remedial interventions, when needed. However, the department also recognizes that there will be a small number of students for whom it becomes clear that transitioning out of the program is necessary. The department has written this Handbook/Learning Contract that reflects ACA ethical standards, university guidelines, department expectations and requirements, as well as the procedures that will be followed in response to academic, personal and/or professional student-related concerns that may arise. During the new student orientation experience, the department’s Handbook/Learning Contract will be reviewed and discussed with all students; students will sign and receive a hard copy of the contract. Students must sign and receive a copy of the Handbook/Learning Contract to continue to take courses as degree-seeking students. The contract will also be posted on the department’s Counselor Education Central Blackboard site. A signed copy will be put in the student’s advising file.

Students should consult the latest copy of the Graduate Student Handbook, as well as the College of Graduate Studies website www.bridgew.edu/SoGS for important information regarding current academic policies, procedures, and forms (i.e. application to graduate, course withdrawal/add, inactive status and reinstatement, academic integrity, etc.). Students should be mindful that the College of Graduate Studies provides updates of the Graduate Student Handbook annually and students are expected to abide by the most current version of this document.

MASSACHUSETTS LICENSING REQUIREMENTS

Students who are enrolled in the Mental Health and Mental Health – Dual License programs are strongly encouraged to seek licensure as a Licensed Mental Health Counselor (LMHC). The Commonwealth of Massachusetts has specific requirements that must be met in order to qualify for licensure. For the most current information, please visit www.mass.gov.

School Counselor Licensure

Course requirements leading to initial licensure by the Massachusetts Department of Elementary and Secondary Education as a school counselor at the PreK-8 or the 5-12 grade level are outlined based by the School Counseling Program's course requirements. Licensure by the university will result in interstate reciprocity with signatory states as specified under the Interstate Certification Compact. To discuss the various licensure program options, please consult with your advisor. Students are encouraged to review the Massachusetts Department of Elementary and Secondary Education website at www.doe.mass.edu for current licensure requirements.

Mental Health Counseling

This 60-credit program is for those seeking licensure as a mental health counselor (LMHC) in Massachusetts by the Board of Registration. Program requirements have been designed to meet current state licensing requirements.

Mental Health Counseling-Dual License

This 66-credit program is for those seeking dual licensure as a Licensed Mental Health Counselor (LMHC) in the Commonwealth of Massachusetts by the Board of Registration and a School Social Worker/School Adjustment Counselor License with the Department of Elementary and Secondary Education. Program requirements have been designed to meet current state licensing requirements and initial licensure by the Massachusetts Department of Elementary and Secondary Education as a school adjustment counselor.

Student Affairs

Students in the Student Affairs counseling program will not be eligible for licensure. Graduates of the Student Affairs Counseling Program are trained to utilize skills in counseling and program development and implementation in a variety of higher education and student affairs settings such as: residence life, student activities, academic enhancement/advising and in career services.

NATIONAL BOARD FOR CERTIFIED COUNSELORS REQUIREMENTS

Students are encouraged to become a National Certified Counselor (NCC). The primary credential of the NBCC is the **National Certified Counselor** (NCC). There are currently over 40,000 NCCs in the U.S. and many other countries.

The requirements for obtaining the NCC credential include:

- A graduate degree in counseling (or one with a major study in counseling) from a regionally accredited college or university,
- At least 48 semester hours of graduate-level coursework,
- At least one course in each of nine (9) specified coursework areas,
- At least 3,000 hours of post-Master's counseling experience in an applied setting over a minimum of 24 months,
- At least 100 hours of post-Master's direct supervision over a minimum of 24 months with a supervisor who holds an advanced degree in counseling or a closely-related field (social work, psychology, human services or marriage and family therapy), and
- A passing score on the associated **National Counselor Exam** (NCE).

Currently the CPCE capstone experience offered by the Department of Counselor Education is considered a practice test for the NCE (National Counselor Examination). Students interested in seeking further certificate endorsement requirements should contact:

National Board for Certified Counselors
3 Terrace Way, Suite D, Greensboro, NC 27403-3660
(336) 547-0607
<http://www.nbcc.org/>

CHI SIGMA IOTA



Chi Sigma Iota is the international honor society of professional counseling. It was established in 1985 through the efforts of leaders in the profession of counseling whose desire was to provide recognition for outstanding achievement as well as outstanding service within the profession. CSI was created for counselors-in-training, counselor educators, and professional counselors whose career commitment is to research and service through professional counseling.

Our mission is to promote scholarship, research, professionalism, leadership and excellence in counseling, and to recognize high attainment in the pursuit of academic and clinical excellence in the profession of counseling.

Beta Sigma Chi is a chapter of Chi Sigma Iota, an international honor society for students, professional counselors, and counselor educators. Our mission is to promote professionalism, leadership, and excellence in counseling. There are great benefits in becoming a member, including networking with students and professionals in the field, recognition of excellence, and invites to various conferences and workshops.

Matriculated students in a counseling program at Bridgewater State University who have completed at least 9 credits with a minimum GPA of 3.5 may take advantage of all that Beta Sigma Chi has to offer. To join:

1. Go to <http://www.csi.net.org/>
2. Click on membership on left side bar.
3. Fill out form
4. Cost \$35.00 annually.

Questions about the organization, membership qualifications, or other areas should be address to the faculty advisors Dr. April Megginson and Dr. Kevin Duquette.



Chi Sigma Alpha is the international honor society for graduate students, alumni, faculty, and student affairs professionals enrolled in student affairs and higher education programs. This organization was founded in 2001 at Virginia Polytechnic Institute and State University in Blacksburg, VA. Chi Sigma Alpha was founded to promote and recognize excellence in academics, research, and service to the profession of student affairs. Chi Sigma Alpha has now expanded to include over 200 individuals and 27 chapters to membership since its formation.

The Upsilon chapter of Chi Sigma Alpha was established at Bridgewater State University in fall 2015. The mission of the chapter is to support the mission of the organization and provide opportunities for personal and professional growth to its membership.

Matriculated students within the student affairs counseling program at Bridgewater State University are eligible for membership. Candidates must possess a minimum of a 3.0 GPA and have completed 6 credits of counselor education coursework. The membership process is as follows:

- 1.) The current CSA president and advisors will reach out to potential candidates for interest.
- 2.) Candidates must accept an invitation to join membership.
- 3.) Dues are \$50 when inducted and \$40 annually.

Questions about the organization, membership qualifications, or other areas should be address to the faculty advisor Dr. Katherine Bender (kbender@bridgew.edu).

CLINICAL EXPERIENCE

INTRODUCTION

Fieldwork Experiences

Field experiences (e.g., practicum or internship) are required of all matriculated students. Depending on the counseling program, students complete between 300 and 1000 hours of supervised fieldwork experience. Each student, in conjunction with the fieldwork director, selects an appropriate site that is supervised by an on-site professional while meeting with a Bridgewater State University faculty member for a fieldwork seminar. Most important, students must attend a mandatory, program specific fieldwork orientation, at least one semester prior to the semester the student intends to begin fieldwork and submit a fieldwork application to the fieldwork director to participate in any fieldwork experience. Fieldwork applications must be completed by the first Monday in April for summer, the first Monday in June for fall, and the first Monday in November for spring. Fieldwork application forms are available on the Counselor Education Fieldwork Blackboard site.

Liability Insurance

All fieldwork students are required to provide proof of liability insurance before beginning fieldwork. Suggested sources of insurance are ACA (www.counseling.org), MaMHCA (www.mamhca.org/) and HPSO (www.hpso.com).

Fieldwork Requirements

School Counseling

Students will need to complete a 100 hour Advanced Applied/Pre-Practicum experience. Students will be registered for three credits and will attend a weekly seminar class throughout the semester. Students are required to complete 600 hours of Practicum experience in a minimum of two semesters and a maximum of four semesters. Students may work 10-30 hours per 15-week semester and will be registered for three credits for each 150 hours of fieldwork they will complete that semester. For example, 10 hours per week/150 total hours= three credits; 20 hours per week/300 total hours= six credits; 30 hours per week/450 total hours= nine credits. While completing fieldwork hours, students must attend a clinical fieldwork seminar class in conjunction with completing their fieldwork hours. Please note that while Practicum is offered in the fall, spring, and summer semesters, students completing hours in a school-based site may only take 3 credits (150 hours) of practicum in the summer semesters.

Mental Health Counseling

Students seeking licensure as a Licensed Mental Health Counselor (LMHC) must complete a 100 hour Advanced Applied/Practicum experience. Students will be registered for three credits and will attend a weekly seminar class throughout the semester. Students are then required to complete a minimum of 600 hours of Internship at a mental health site. Students may work 10-30 hours per 15-week semester and will be registered for three credits for each 150 hours of fieldwork they will complete that semester. For example, 10 hours per week/150 total hours= three credits; 20 hours per week/300 total hours= six credits; 30 hours per week/450 total hours= nine credits. While completing fieldwork hours, students must attend a clinical fieldwork seminar class in conjunction with completing their fieldwork hours.

Mental Health Counseling-Dual License

Students pursuing an LMHC and an initial level license as a School Adjustment Counselor must complete a 100 hour Advanced Applied/Practicum experience. Students will be registered for three credits and will attend a weekly seminar class throughout the semester. Students are then required to complete a minimum of 450 hours of fieldwork at a mental health site and complete a minimum of 450 hours of fieldwork at a school-based site. Students may work 10-30 hours per 15-week semester and will be registered for three credits for each 150 hours of fieldwork they will complete that semester. For example, 10 hours per week/150 total hours= three credits; 20 hours per week/300 total hours= six credits; 30 hours per week/450 total hours= nine credits. Students can complete hours at a mental health site and a school-based site within the same semester. While completing fieldwork hours, students must attend a clinical fieldwork seminar class in conjunction with completing their fieldwork hours. Please note that while Internship is offered in the fall, spring, and summer semesters, students completing hours in a school-based site may only take 3 credits (150 hours) of internship in the summer semesters.

Mental Health Counseling – International Non-Licensure

Students must complete a 100 hour Advanced Applied/Practicum experience. Students will be registered for three credits and will attend a weekly seminar class throughout the semester. Students are then required to complete a minimum of 300 hours of Internship at an approve fieldwork site. Students will be registered for three credits for each 150 hours of fieldwork they will complete that semester. While completing fieldwork hours, students must attend a clinical fieldwork seminar class in conjunction with completing their fieldwork hours.

Student Affairs

Students must complete a minimum of a 300-hour Internship experience. Students may work 10-20 hours per 15-week semester and will be registered for three credits for each 150 hours of fieldwork they complete that semester. For example, 10 hours per week/150 total hours= three credits; 20 hours per week/300 total hours = six credits. Please note that while Internship is offered in the fall, spring, and summer semesters, students may only take 3 credits (150 hours) of internship in the summer semesters. While completing fieldwork hours, students must attend a clinical fieldwork seminar class in conjunction with completing their fieldwork hours.

Postmaster's Licensure in School Counseling (PreK-8 & 5-12)

Students pursuing a license as a school counselor must complete a 100 hour Advanced Applied/Pre-Practicum experience. Students will be registered for three credits and will attend a weekly seminar class throughout the semester. Students are then required to complete a minimum of 450 hours of Practicum experience over at least one semester and at most three semesters at a school-based site. Students will be registered for three credits for each 150 hours of fieldwork they will complete that semester. While completing fieldwork hours, students must attend a clinical fieldwork seminar class in conjunction with completing their fieldwork hours. Please note that while Internship is offered in the fall, spring, and summer semesters, students completing hours in a school-based site may only take 3 credits (150 hours) of internship in the summer semesters.

REQUIREMENTS

Mental Health Counseling

Advanced Applied Prerequisites:

- CNGC 520 Group Experience (Co-requisite: CNGC 538) or concurrently
- CNGC 538 Group I: Theory and Practice of Group Interventions (Co-requisite: CNGC 520) or concurrently
- CNGC 528 Counseling Theories and Techniques
- CNGC 529 Multicultural Counseling
- CNMH 534 The Professional Counselor: Standards, Ethics, & Legal Issues
- CNMH 535 Applied Counseling: Adolescent-Adult (prerequisite CNGC 528)
- CNMH 568 Psychopathology Prerequisite CNGC 528 & CNMH 564; or taken concurrently
- A complete passing grade in all identified prerequisites is required before beginning fieldwork

- Attendance at a mandatory program specific fieldwork orientation session at least one semester prior to fieldwork
- Approved fieldwork application by the Director of Fieldwork

Advanced Applied Experience:

Students must complete supervised practicum experiences that total a minimum of 100 clock hours during one academic term. Each student's practicum includes all the following (CACREP, 2016, Section III):

- A. Students are covered by individual professional counseling liability insurance policies while enrolled in practicum and internship.
- B. Supervision of practicum and internship students includes program-appropriate audio/video recordings and/or live supervision of students' interactions with clients.
- C. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are conducted as part of the student's practicum and internship.
- D. Students have the opportunity to become familiar with a variety of professional activities and resources, including technological resources, during their practicum and internship.
- E. In addition to the development of individual counseling skills, during either the practicum or internship, students must lead or co-lead a counseling or psychoeducational group.
- F. Students complete supervised counseling practicum experiences that total a minimum of 100 clock hours over a full academic term that is a minimum of 10 weeks.
- G. Practicum students complete at least 40 clock hours of direct service with actual clients that contributes to the development of counseling skills.
- H. Practicum students have weekly interaction with supervisors that averages one hour per week of individual and/or triadic supervision throughout the practicum by (1) a counselor education program faculty member, (2) a student supervisor who is under the supervision of a counselor education program faculty member, or (3) a site supervisor who is working in consultation on a regular schedule with a counselor education program faculty member in accordance with the supervision agreement.
- I. Practicum students participate in an average of 1½ hours per week of group supervision on a regular schedule throughout the practicum. Group supervision must be provided by a counselor education program faculty member or a student supervisor who is under the supervision of a counselor education program faculty member.

Internship Prerequisites (in addition to those listed for Advanced Applied):

- CNMH 536 Applied Counseling: Pre-Adolescent (or concurrent)
- CNMH 540 Counseling Substance Related and Addictive Disorders (or concurrent)
- CNGC 563 Psychopharmacology for Non-medical Professionals (or concurrent)

- CNMH 570/CNMH 580 Advanced Applied Counseling: Mental Health Counseling/ Advanced Applied Counseling: Mental Health Counseling-Dual License
- A complete passing grade in all identified prerequisites is required before the student progresses into Internship
- Approved fieldwork application by the Director of Fieldwork

Internship Experience

The program requires completion of a supervised internship of 600 clock hours, begun after successful completion of the practicum. The internship is intended to reflect the comprehensive work experience of a professional counselor appropriate to the mental health program area. Each student's internship includes all of the following (CACREP, 2016, Section III):

- A. Students are covered by individual professional counseling liability insurance policies while enrolled in practicum and internship.
- B. Supervision of practicum and internship students includes program-appropriate audio/video recordings and/or live supervision of students' interactions with clients.
- C. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are conducted as part of the student's practicum and internship.
- D. Students have the opportunity to become familiar with a variety of professional activities and resources, including technological resources, during their practicum and internship.
- E. In addition to the development of individual counseling skills, during either the practicum or internship, students must lead or co-lead a counseling or psychoeducational group.
- J. After successful completion of the practicum, students complete 600 clock hours of supervised counseling internship in roles and settings with clients relevant to their specialty area.
- K. Internship students complete at least 240 clock hours of direct service.
- L. Internship students have weekly interaction with supervisors that averages one hour per week of individual and/or triadic supervision throughout the internship, provided by (1) the site supervisor, (2) counselor education program faculty, or (3) a student supervisor who is under the supervision of a counselor education program faculty member.
- M. Internship students participate in an average of 1½ hours per week of group supervision on a regular schedule throughout the internship. Group supervision must be provided by a counselor education program faculty member or a student supervisor who is under the supervision of a counselor education program faculty member.

Mental Health Counseling-Dual License

Advanced Applied Prerequisites:

- CNGC 520 Group Experience (Co-requisite: CNGC 538) or concurrent
- CNGC 538 Group I: Theory and Practice of Group Interventions (Co-requisite: CNGC 520) or concurrent
- CNGC 528 Counseling Theories and Techniques
- CNGC 529 Multicultural Counseling
- CNMH 534 The Professional Counselor: Standards, Ethics, & Legal Issues
- CNMH 535 Applied Counseling: Adolescent-Adult (prerequisite CNGC 528)
- CNMH 568 Psychopathology (Prerequisite CNGC 528 & CNMH 564; or taken concurrently)
- A complete passing grade in all identified prerequisites is required before beginning fieldwork
- Attendance at a mandatory program specific fieldwork orientation session at least one semester prior to fieldwork
- Approved fieldwork application by the Director of Fieldwork

Advanced Applied Experience

Students must complete supervised practicum experiences that total a minimum of 100 clock hours during one academic term. Each student's practicum includes all the following (CACREP, 2016, Section III):

- A. Students are covered by individual professional counseling liability insurance policies while enrolled in practicum and internship.
- B. Supervision of practicum and internship students includes program-appropriate audio/video recordings and/or live supervision of students' interactions with clients.
- C. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are conducted as part of the student's practicum and internship.
- D. Students have the opportunity to become familiar with a variety of professional activities and resources, including technological resources, during their practicum and internship.
- E. In addition to the development of individual counseling skills, during either the practicum or internship, students must lead or co-lead a counseling or psychoeducational group.
- F. Students complete supervised counseling practicum experiences that total a minimum of 100 clock hours over a full academic term that is a minimum of 10 weeks.
- G. Practicum students complete at least 40 clock hours of direct service with actual clients that contributes to the development of counseling skills.
- H. Practicum students have weekly interaction with supervisors that averages one hour per week of individual and/or triadic supervision throughout the practicum by (1) a counselor education program faculty member, (2) a student supervisor who is under the supervision of a counselor education program faculty member, or (3) a site supervisor who is working in consultation on a regular schedule with a counselor education program faculty member in accordance with the supervision agreement.

- I. Practicum students participate in an average of 1½ hours per week of group supervision on a regular schedule throughout the practicum. Group supervision must be provided by a counselor education program faculty member or a student supervisor who is under the supervision of a counselor education program faculty member.

Internship Prerequisites (in addition to those listed for Advanced Applied):

- CNMH 536 Applied Counseling: Pre-Adolescent (or concurrent)
- CNMH 540 Counseling Substance Related and Addictive Disorders (or concurrent)
- CNGC 563 Psychopharmacology for Non-medical Professionals (or concurrent)
- CNMH 570/CNMH 580 Advanced Applied Counseling: Mental Health Counseling/ Advanced Applied Counseling: Mental Health Counseling-Dual License
- A complete passing grade in all identified prerequisites is required before the student progresses into Internship
- Approved fieldwork application by the Director of Fieldwork

Internship Experience

The program requires completion of a supervised internship of 600 clock hours, begun after successful completion of the practicum. The internship is intended to reflect the comprehensive work experience of a professional counselor appropriate to the mental health program area. Each student's internship includes all the following (CACREP, 2016, Section III):

- A. Students are covered by individual professional counseling liability insurance policies while enrolled in practicum and internship.
- B. Supervision of practicum and internship students includes program-appropriate audio/video recordings and/or live supervision of students' interactions with clients.
- C. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are conducted as part of the student's practicum and internship.
- D. Students have the opportunity to become familiar with a variety of professional activities and resources, including technological resources, during their practicum and internship.
- E. In addition to the development of individual counseling skills, during either the practicum or internship, students must lead or co-lead a counseling or psychoeducational group.
- J. After successful completion of the practicum, students complete 600 clock hours of supervised counseling internship in roles and settings with clients relevant to their specialty area.
- K. Internship students complete at least 240 clock hours of direct service.
- L. Internship students have weekly interaction with supervisors that averages one hour per week of individual and/or triadic supervision throughout the internship,

- provided by (1) the site supervisor, (2) counselor education program faculty, or (3) a student supervisor who is under the supervision of a counselor education program faculty member.
- M. Internship students participate in an average of 1½ hours per week of group supervision on a regular schedule throughout the internship. Group supervision must be provided by a counselor education program faculty member or a student supervisor who is under the supervision of a counselor education program faculty member.

Mental Health Counseling- International Non-Licensure Concentration

Advanced Applied Prerequisites:

- CNGC 520 Group Experience (Co-requisite: CNGC 538) or concurrent
- CNGC 538 Group I: Theory and Practice of Group Interventions (Co-requisite: CNGC 520) or concurrent
- CNGC 528 Counseling Theories and Techniques
- CNGC 529 Multicultural Counseling
- CNMH 534 The Professional Counselor: Standards, Ethics, & Legal Issues
- CNMH 535 Applied Counseling: Adolescent-Adult (prerequisite CNGC 528)
- CNMH 568 Psychopathology (Prerequisite CNGC 528 & CNMH 564; or taken concurrently)
- A complete passing grade in all identified prerequisites is required before beginning fieldwork
- Attendance at a mandatory program specific fieldwork orientation session at least one semester prior to fieldwork
- Approved fieldwork application by the Director of Fieldwork

Advanced Applied Experience:

Students must complete supervised practicum experiences that total a minimum of 100 clock hours during one academic term. Each student's practicum includes all the following (CACREP, 2016, Section III):

- M. Students are covered by individual professional counseling liability insurance policies while enrolled in practicum and internship.
- N. Supervision of practicum and internship students includes program-appropriate audio/video recordings and/or live supervision of students' interactions with clients.
- O. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are conducted as part of the student's practicum and internship.
- P. Students have the opportunity to become familiar with a variety of professional activities and resources, including technological resources, during their practicum and internship.
- Q. In addition to the development of individual counseling skills, during either the practicum or internship, students must lead or co-lead a counseling or psychoeducational group.

- R. Students complete supervised counseling practicum experiences that total a minimum of 100 clock hours over a full academic term that is a minimum of 10 weeks.
- S. Practicum students complete at least 40 clock hours of direct service with actual clients that contributes to the development of counseling skills.
- T. Practicum students have weekly interaction with supervisors that averages one hour per week of individual and/or triadic supervision throughout the practicum by (1) a counselor education program faculty member, (2) a student supervisor who is under the supervision of a counselor education program faculty member, or (3) a site supervisor who is working in consultation on a regular schedule with a counselor education program faculty member in accordance with the supervision agreement.
- U. Practicum students participate in an average of 1½ hours per week of group supervision on a regular schedule throughout the practicum. Group supervision must be provided by a counselor education program faculty member or a student supervisor who is under the supervision of a counselor education program faculty member.

Internship Prerequisites (in addition to those listed for Advanced Applied):

- CNMH 536 Applied Counseling: Pre-Adolescent (or concurrent)
- CNMH 540 Counseling Substance Related and Addictive Disorders (or concurrent)
- CNGC 563 Psychopharmacology for Non-medical Professionals (or concurrent)
- CNMH 570/CNMH 580 Advanced Applied Counseling: Mental Health Counseling/ Advanced Applied Counseling: Mental Health Counseling-Dual License
- A complete passing grade in all identified prerequisites is required before the student progresses into Internship
- Approved fieldwork application by the Director of Fieldwork

Internship Experience

The program requires completion of a supervised internship of 300 clock hours, begun after successful completion of the practicum. The internship is intended to reflect the comprehensive work experience of a professional counselor appropriate to the mental health program area. Each student's internship includes all of the following (CACREP, 2016, Section III):

- F. Students are covered by individual professional counseling liability insurance policies while enrolled in practicum and internship.
- G. Supervision of practicum and internship students includes program-appropriate audio/video recordings and/or live supervision of students' interactions with clients.
- H. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are conducted as part of the student's practicum and internship.

- I. Students have the opportunity to become familiar with a variety of professional activities and resources, including technological resources, during their practicum and internship.
- J. In addition to the development of individual counseling skills, during either the practicum or internship, students must lead or co-lead a counseling or psychoeducational group.
- L. Internship students have weekly interaction with supervisors that averages one hour per week of individual and/or triadic supervision throughout the internship, provided by (1) the site supervisor, (2) counselor education program faculty, or (3) a student supervisor who is under the supervision of a counselor education program faculty member.
- M. Internship students participate in an average of 1½ hours per week of group supervision on a regular schedule throughout the internship. Group supervision must be provided by a counselor education program faculty member or a student supervisor who is under the supervision of a counselor education program faculty member.

School Counseling (PreK-8 & 5-12)

Advanced Applied Prerequisites

- CNGC 520 Group Experience (*co-requisite CNGC 538*) or concurrent
- CNGC 538 Group I: Theory and Practice of Group Interactions (*co-requisite CNGC 520*) or concurrent
- CNGC 528 Counseling Theories and Techniques
- CNGC 529 Multicultural Counseling
- CNSC 515 Ethical and Legal Issues for the School Counselor (or concurrent)
- CNSC 516 Foundations of School Counseling
- CNSC 521 Clinical Issues in School Counseling (or concurrent and a prerequisite of CNSC 520 Development through the Lifespan for School Counselor)
- CNSC 524 Applied School Counseling (*prerequisite CNGC 528 or concurrent & CNSC 516 or concurrent*)
- A complete passing grade in all identified prerequisites is required before beginning fieldwork
- Attendance at a mandatory program specific fieldwork orientation session at least one semester prior to fieldwork
- Approved fieldwork application by the Director of Fieldwork

Advanced Applied/Pre-Practicum Experience

Students must complete supervised pre-practicum (PreK-8 or 5-12) experiences that total a minimum of 100 clock hours during one academic term. Each student's practicum includes all the following (CACREP, 2016, Section III):

- A. Students are covered by individual professional counseling liability insurance policies while enrolled in practicum and internship.
- B. Supervision of practicum and internship students includes program-appropriate audio/video recordings and/or live supervision of students' interactions with clients.

- C. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are conducted as part of the student's practicum and internship.
- D. Students have the opportunity to become familiar with a variety of professional activities and resources, including technological resources, during their practicum and internship.
- E. In addition to the development of individual counseling skills, during either the practicum or internship, students must lead or co-lead a counseling or psychoeducational group.
- F. Students complete supervised counseling practicum experiences that total a minimum of 100 clock hours over a full academic term that is a minimum of 10 weeks.
- G. Practicum students complete at least 40 clock hours of direct service with actual clients that contributes to the development of counseling skills.
- H. Practicum students have weekly interaction with supervisors that averages one hour per week of individual and/or triadic supervision throughout the practicum by (1) a counselor education program faculty member, (2) a student supervisor who is under the supervision of a counselor education program faculty member, or (3) a site supervisor who is working in consultation on a regular schedule with a counselor education program faculty member in accordance with the supervision agreement.
- I. Practicum students participate in an average of 1½ hours per week of group supervision on a regular schedule throughout the practicum. Group supervision must be provided by a counselor education program faculty member or a student supervisor who is under the supervision of a counselor education program faculty member.

Practicum Prerequisites (in addition to those listed for Advanced Applied):

- CNSC 570/CNSC 580 Advanced Applied Counseling for School Counselors
- A complete passing grade in all identified prerequisites is required before the student progresses into Internship
- Approved fieldwork application by the Director of Fieldwork

Internship/Practicum Experience (600 hours; 12 credits)

The program requires completion of a supervised internship in the student's designated program area (PreK-8 or 5-12) of 600 clock hours, begun after successful completion of the practicum. The internship is intended to reflect the comprehensive work experience of a professional counselor appropriate to the designated program area. Each student's internship includes all of the following (CACREP, 2016, Section III):

- A. Students are covered by individual professional counseling liability insurance policies while enrolled in practicum and internship.
- B. Supervision of practicum and internship students includes program-appropriate audio/video recordings and/or live supervision of students' interactions with clients.

- C. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are conducted as part of the student's practicum and internship.
- D. Students have the opportunity to become familiar with a variety of professional activities and resources, including technological resources, during their practicum and internship.
- E. In addition to the development of individual counseling skills, during either the practicum or internship, students must lead or co-lead a counseling or psychoeducational group.
- J. After successful completion of the practicum, students complete 600 clock hours of supervised counseling internship in roles and settings with clients relevant to their specialty area.
- K. Internship students complete at least 240 clock hours of direct service.
- L. Internship students have weekly interaction with supervisors that averages one hour per week of individual and/or triadic supervision throughout the internship, provided by (1) the site supervisor, (2) counselor education program faculty, or (3) a student supervisor who is under the supervision of a counselor education program faculty member.
- M. Internship students participate in an average of 1½ hours per week of group supervision on a regular schedule throughout the internship. Group supervision must be provided by a counselor education program faculty member or a student supervisor who is under the supervision of a counselor education program faculty member.

Postmaster's Licensure in School Counseling – PreK-8 and 5-12

Advanced Applied Prerequisites

- Successful completion of all required Post Master's courses
- Approval of the Counselor Education Department
- Attendance at a mandatory program specific fieldwork orientation session at least one semester prior to fieldwork
- Application approved by the Director of Fieldwork

Advanced Applied Experience

Students must complete supervised pre-practicum (PreK-8 or 5-12) experiences that total a minimum of 100 clock hours during one academic term. Each student's practicum includes all of the following (CACREP, 2016, Section III):

- A. Students are covered by individual professional counseling liability insurance policies while enrolled in practicum and internship.
- B. Supervision of practicum and internship students includes program-appropriate audio/video recordings and/or live supervision of students' interactions with clients.
- C. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are conducted as part of the student's practicum and internship.

- D. Students have the opportunity to become familiar with a variety of professional activities and resources, including technological resources, during their practicum and internship.
- E. In addition to the development of individual counseling skills, during either the practicum or internship, students must lead or co-lead a counseling or psychoeducational group.
- F. Students complete supervised counseling practicum experiences that total a minimum of 100 clock hours over a full academic term that is a minimum of 10 weeks.
- G. Practicum students complete at least 40 clock hours of direct service with actual clients that contributes to the development of counseling skills.
- H. Practicum students have weekly interaction with supervisors that averages one hour per week of individual and/or triadic supervision throughout the practicum by (1) a counselor education program faculty member, (2) a student supervisor who is under the supervision of a counselor education program faculty member, or (3) a site supervisor who is working in consultation on a regular schedule with a counselor education program faculty member in accordance with the supervision agreement.
- I. Practicum students participate in an average of 1½ hours per week of group supervision on a regular schedule throughout the practicum. Group supervision must be provided by a counselor education program faculty member or a student supervisor who is under the supervision of a counselor education program faculty member.

Practicum Prerequisites (in addition to those listed for Advanced Applied)

- CNSC 570/CNSC 580 Advanced Applied Counseling-School Counselor
- Approved fieldwork application by the Director of Fieldwork

Practicum Experience

The program requires completion of a supervised internship in the student's designated program area (PreK-8 or 5-12) of 450 clock hours, begun after successful completion of the practicum. The internship is intended to reflect the comprehensive work experience of a professional counselor appropriate to the designated program area. Each student's internship includes all of the following (CACREP, 2016, Section III):

- A. Students are covered by individual professional counseling liability insurance policies while enrolled in practicum and internship.
- B. Supervision of practicum and internship students includes program-appropriate audio/video recordings and/or live supervision of students' interactions with clients.
- C. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are conducted as part of the student's practicum and internship.
- D. Students have the opportunity to become familiar with a variety of professional activities and resources, including technological resources, during their practicum and internship.

- E. In addition to the development of individual counseling skills, during either the practicum or internship, students must lead or co-lead a counseling or psychoeducational group.
- J. After successful completion of the practicum, students complete 600 clock hours of supervised counseling internship in roles and settings with clients relevant to their specialty area.
- K. Internship students complete at least 240 clock hours of direct service.
- L. Internship students have weekly interaction with supervisors that averages one hour per week of individual and/or triadic supervision throughout the internship, provided by (1) the site supervisor, (2) counselor education program faculty, or (3) a student supervisor who is under the supervision of a counselor education program faculty member.
- M. Internship students participate in an average of 1½ hours per week of group supervision on a regular schedule throughout the internship. Group supervision must be provided by a counselor education program faculty member or a student supervisor who is under the supervision of a counselor education program faculty member.

Student Affairs

Internship Prerequisites:

- CNGC 520 Group Experience (*co-requisite CNGC 538*)
- CNGC 538 Group I: Theory and Practice of Group Interaction (*co-requisite CNGC 520*)
- CNGC 528 Counseling Theories and Techniques*
- CNGC 529 Multicultural Counseling
- CNSA 510 Student Development Theory in Higher Education
- CNSA 515 Foundations in Higher Education & Student Affairs*
- CNSA 520 Ethical, Legal, and Professional Issues in Student Affairs*
- CNSA 525 Student Affairs Administration
- CNSA 530 Helping Skills for Student Affairs Professionals
- A complete passing grade in all identified prerequisites is required before beginning fieldwork
- A complete passing grade in all identified prerequisites is required before the student progresses into Internship
- Attendance at a mandatory program specific fieldwork orientation session at least one semester prior to fieldwork
- Approved fieldwork application by the Director of Fieldwork

** If students are seeking to take these pre-requisite classes concurrently with fieldwork, students need to obtain approval from the Student Affairs program director and fieldwork director*

Internship Experience (300 hours; 6 credits)

The program requires completion of a supervised Internship experience where students must complete a minimum of 300 clock hours. Each student's practicum includes all of the following:

1. At least 120 clock hours of direct service with actual students individually and leading groups that contributes to the development of counseling skills and
2. Weekly interaction that averages one hour per week of individual and/or triadic supervision throughout the practicum by a program faculty member, a student supervisor, or a site supervisor who is working in biweekly consultation with a program faculty member in accordance with the supervision contract.
3. An average of 1 1/2 hours per week of group supervision that is provided on a regular schedule throughout the practicum by a program faculty member or a student supervisor.
4. The development of program-appropriate audio/video recordings for use in supervision or live supervision of the student's interactions with clients.
5. Evaluation of the student's performance throughout the practicum, including documentation of a formal evaluation after the student completes the internship by a program faculty member in consultation with the site supervisor

CORI CHECKS

CORI checks are initiated between the site and the student.

FIELDWORK ORIENTATION

Students are required to attend a program specific fieldwork orientation which corresponds with their anticipated fieldwork start date. Students may choose to attend the orientation more than once if it would be helpful. Students can attend as many orientations as needed. Fieldwork orientation sessions will share key information about the overall fieldwork requirements for their specific program offered in Counselor Education Department, review program specific requirements, review the application process, forms and deadlines, talk about requirements for sites and site supervisors, licensure for your field, and helpful resources to reference throughout the entire fieldwork process. Students will also be made aware of current sites that have already been approved by the Department of Counselor Education of Bridgewater State University.

FIELD SITE SELECTION

Students secure their own sites for their fieldwork experience. Students are encouraged to view the list of approved sites that exists on the Department's Fieldwork Blackboard site. Students may also make contact with sites that have not been previously approved by the Counselor Education Department but approval by the Director of Fieldwork MUST be made before the onset of fieldwork. Fieldwork sites should be within a 1-hour drive from

Bridgewater State University. If the site is located further than 1 hour, please contact and discuss with the Director of Fieldwork.

Students are encouraged to actively seek information about appropriate sites for their fieldwork experiences, through the Director of Fieldwork, Faculty members, peers and site websites, to make sure the specific sites are in alignment with the student's professional and objective goals. When selecting a site, student is encouraged to consider:

1. What is the nature of the clientele?
2. What is the potential number of clients/students available each week?
3. What type of supervision is provided?
4. How available will the supervisor be during times in which you are on-site?
5. Is the supervisor licensed appropriately?
6. What kind of setting/location will you see clients/students in (office, etc.)?
7. How many internship positions do they have open?
8. What forms of recording (video tape, audiotape, etc.) are allowed?
9. What are the expectations of the site and supervisor?
10. Is there a potential for a job opportunity upon completion of master's degree?

STUDENT RESPONSIBILITIES FOR FIELDWORK EXPERIENCES

1. Make sure a proper affiliation agreement between the Department of Counselor Education and the site has been established
2. Inform Fieldwork Director to make aware of the site's location
3. Complete Mandated Reporting Training
4. Complete Training for Licensed Professionals to Meet Chapter 260 Requirements
5. Obtain Malpractice Insurance (1 mil/3 mil coverage)
6. Obtain necessary signatures for fieldwork application and forms
7. Use appropriate counseling skills as developed in the "Advanced" counseling courses
8. Maintain ethical and legal standards
9. Evaluate personal struggles, limitations, skill development via the use of supervision
10. Appropriately consult with supervisor, peers, and faculty members
11. Maintain consistent attendance to contracted site hours and supervision
12. Complete weekly logs which document counseling experience and ensure supervisors signature.
13. Turn in weekly logs to faculty member teaching the course connected to your fieldwork experience
14. Complete evaluation forms and return to the Department of Counselor Education by established deadlines
15. Follow any additional program specific requirements set forth by the Department of Counselor Education

RESPONSIBILITIES OF THE ON-SITE FIELD SUPERVISOR

CACREP (2016, Section III, P.) states the following responsibilities:

1. a minimum of a master's degree, preferably in counseling, or a related profession,
2. relevant certifications and/or licenses,
3. a minimum of two years of pertinent professional experience in the specialty area in which the student is enrolled,
4. knowledge of the program's expectations, requirements, and evaluation procedures for students, and
5. relevant training in counseling supervision.

In addition, the faculty in the Department of Counselor Education values the following responsibilities:

1. Ensure that student is provided with appropriate clients
2. Ensure that student is provided with the agreed upon amount of client hours
3. Monitor ethical and legal standards
4. Provide students with a competency-based experience which includes activities such as:
 - a. Assessment/evaluation of clients
 - b. Individual counseling
 - c. Group counseling
 - d. Consultation/Liaison activities
 - e. Career/Vocational Academic assessment, guidance, and counseling
 - f. Prevention
 - g. Wellness
 - h. Technology (if available)
 - i. Ethics
 - j. Diversity
5. Provide sufficient supervision and consultation (individual and group supervision)
6. Assist the student in gaining skills in self-reflection/evaluation
7. Maintain necessary licensure
8. Maintain contact with appropriate faculty members in the Department of Counselor Education
9. Complete student evaluation forms
10. Complete program evaluation at the end of the semester

RESPONSIBILITIES OF THE FACULTY/DEPARTMENT SUPERVISOR **(Course Seminar Instructor)**

CACREP (2016, Section III, N.) states the following responsibilities:

1. relevant experience,
2. professional credentials, and
3. counseling supervision training and experience.

In addition, the faculty in the Department of Counselor Education adheres to the following responsibilities:

1. Meeting with students to discuss site selection/responsibilities
2. Procuring new and quality site affiliations for students (if applicable)
3. Monitor ethical and legal conduct of students
4. Making selves available for student supervision and consultation
5. Providing Advanced Applied and Internship Seminars to complement fieldwork experiences
6. Maintain an open line of communication with site supervisors
7. Attend site visits to evaluate students, sites and site supervisors

STUDENT EVALUATION FORM

During the fieldwork experience, students are formally evaluated two times during each fieldwork period – a mid-term evaluation and final evaluation. The midterm and final evaluations are completed by the site supervisor and signed by the intern as well as the faculty supervisor. Site supervisors are required to complete and/or review the formal midterm and final evaluations with the intern. Midterm and final evaluation forms are sent electronically by the Director of Fieldwork. Interns are required to submit the midterm and final evaluation forms to their seminar instructor in a timely manner and in accordance with the course expectations. For school-based placements in the summer, only a final evaluation is required.

STUDENT EVALUATION OF FIELD SUPERVISOR

As part of the evaluation process, students are expected to provide a formal evaluation of their fieldwork supervisor. Students complete the fieldwork supervisor evaluation form in their last seminar class meeting. Forms are to be returned to their seminar/course instructor in the Department of Counselor Education.

STUDENT EVALUATION OF FIELD SETTING

As part of the evaluation process, students are expected to provide a formal evaluation of their fieldwork site. Students complete the fieldwork site evaluation form in their last seminar class meeting. Forms are to be returned to their seminar/course instructor in the Department of Counselor Education.

RECORDING EQUIPMENT

Students are required to record client sessions to enhance the supervision experience. Research supports that self-report is the least affective form of supervision (Bernard & Goodyear, 2004). However, ethical procedures in attaining recorded (video, audio, transcripts, etc.) sessions MUST be executed. The Department of Counselor Education's Media Handling Policy is reviewed in the first seminar class of each semester and students are required to sign and follow best practices when upholding confidentiality and protecting PHI. Suggested procedures are as follows:

1. Ensure that an informed consent form outlining purpose of recording is attained. If your field site does not have their own, please use Bridgewater State University's Adult or Minor Consent forms
2. When using new audio/video recording devices, make sure to record at least ten seconds of blank screen to ensure no permanent stamping occurs with a clients image/voice.
3. Do not write clients name or any other identifying information on the media form
4. Do not keep recorded information longer than necessary (usually one week based on frequency of supervision)
5. Mark recordings as "Confidential"
6. Store recordings on a device that is encrypted and/or password protected
7. Regard the recordings as confidential as the initial session itself

RECORD KEEPING

Students should make themselves aware of HIPAA regulations (www.HIPAA.org). Client records should be treated with the maximum amount of confidentiality. This includes site records and any required client presentations connected with a fieldwork course within the Department of Counselor Education. Each field site will have their own policy and procedures and it is the student's responsibility to adhere to those standards.

REFERRAL AND TERMINATION OF CLIENTS

It is the student's responsibility to become knowledgeable about their fieldwork site's policy and procedures for referrals and termination. The following is general guidelines and suggestions:

Referrals:

1. Appropriate when the site and/or counselor do not seem appropriate to meet the needs of the client
2. Fieldwork site and student should generate a list of appropriate sites that have timely availability for referrals
3. Student should consult with fieldwork supervisor prior to referring
4. Referral information should be monitored for accuracy of services and contact information

Termination:

1. May be initiated by the client or the counselor
2. Should be properly processed with the client to ensure no negative effect on the client's continuation of progress
3. Is ideal when the client mutually agrees with the termination
4. Student has properly prepared for the process of termination via supervision and academic course work

CONFIDENTIALITY AND THE CODE OF ETHICS

All students should attain a copy of the most current code of ethics through the American Counseling Association www.counseling.org. The ACA Code of Ethics (2014) states:

Counselors protect the confidential information of prospective and current clients. Counselors disclose information only with appropriate consent or with sound legal or ethical justification. (ACA, 2014, Section B.1.c)

At initiation and throughout the counseling process, counselors inform clients of the limitations of confidentiality and seek to identify situations in which confidentiality must be breached (ACA, 2014, Section B.1.d.)

Students should also reference their appropriate code of ethics based on their program of study.

Mental Health:

ACA Code of Ethics <http://www.counseling.org/Resources/aca-code-of-ethics.pdf>

AMHCA Code of Ethics:

<http://connections.amhca.org/HigherLogic/System/DownloadDocumentFile.ashx?DocumentFileKey=d4e10fcb-2f3c-c701-aa1d-5d0f53b8bc14>

School Counseling:

ASCA Ethical Standards:

<https://www.schoolcounselor.org/asca/media/asca/Ethics/EthicalStandards2016.pdf>

Student Affairs:

ACPA Ethical Standards:

http://www.myacpa.org/sites/default/files/Ethical_Principles_Standards.pdf

NASPA Ethical Standards:

<https://www.naspa.org/images/uploads/main/CASethicsstatement.pdf>

INTENT TO HARM SELF OR OTHERS

Students are encouraged to review the case of Tarasoff vs. The University of California Board of Regents 1976 <http://www.4lawschool.com/torts/uc.htm>. Due to the above-mentioned litigation and additional cases, a precedence has been established that makes counselors potentially liable for negligence in reporting the intent of a client to harm themselves or others. Therefore, when clients reveal to student interns that there is an intent to harm themselves or someone else, the student should IMMEDIATELY consult with their site supervisor and/or faculty instructor in the Department of Counselor Education.

CANCELLATION OF FIELDWORK PLACEMENT

Issues at a fieldwork site should be discussed promptly with the fieldwork site supervisor, BSU Instructor and Director of Fieldwork. The Fieldwork Site Supervisor and the Fieldwork Intern may not cancel fieldwork placement without cause. The actions and/or reasons for cancellation should be discussed by the BSU Instructor, Director of Fieldwork, Fieldwork Site Supervisor and Fieldwork intern in advance and prior to any cancellation of fieldwork placement. In addition, if remediation is required, the issue will then be discussed and documented by the Counselor Education Department Chair, BSU Instructor, Fieldwork Director, and Fieldwork Intern to note next steps. If applicable, it is the fieldwork intern's responsibility to follow up with steps needed to complete fieldwork requirements for their designated program of study.

STUDENT LEAVE POLICY

If a student has been on a leave of absence for more than 1 year (3 semesters) and is eligible to begin the fieldwork experience (Advanced Applied/Practicum/Internship) the student will be required to complete a live demonstration of a mock counseling session to the faculty. The student would also be required to take a 3-credit graduate course within the department (determined by the graduate coordinator), as well as attend a Fieldwork Orientation. If there have been any significant changes to counseling content (i.e. revised versions of ethical codes, DSM updates, changes/revisions of multicultural and other competency standards etc.), the student must do a "refresher/update" class related to that competency area. The student would also need to submit an updated degree audit for review.

Appendices

Please note that program and fieldwork requirements are subject to change based on licensure requirements. While we have provided sample program forms in this next section of the handbook, you should always refer to the Counselor Education Blackboard site for the most updated forms and information.