

Mental Health Services

Inclusion Family Counseling Center, 1 Centre Street, (508) 510-4483

- Intensive family therapy
- Services available in Cape Verdean Creole, Portuguese, Haitian, Spanish, and French

Luminosity, 157 Main Street, (781) 344-0102

- Substance use disorder management and mental health
- Services in Cape Verdean Creole, Haitian Creole, French, Portuguese, Spanish, and Russian

Mentor Brockton Mental Health Clinic (formerly South Bay Community Services), 103 Commercial Street, 2nd Floor, Admissions/Intake, (508) 427-5362

- Mental health services including substance use disorder counseling
- Services available in Spanish, Portuguese, Haitian Creole, and Cape Verdean Creole

Old Colony YMCA, 104 Torrey Street, (508) 427-4383, www.oldcoloniymca.org/mentalhealth

- Mental health services for adults, children, and families in Spanish, French, Arabic, Hindi, and Bengali

Transportation

Teen Challenge Recovery Ride, (508) 942-1262, recoveryride@tcmassachusetts.org

- Free, non-emergency medical transportation for harm reduction, MOUD, and recovery related services
- Transportation to and from home, shelters, hospitals, crisis programs, MOUD appointments, harm reduction sites, ATS/detoxes, CSS/TSS programs, and jail/Plymouth County House of Corrections
- Rides available with drivers who speak Spanish, Portuguese, and Cape Verdean Creole

Supportive Faith Communities

Churches with pastors trained in substance use and overdose prevention and that are supportive of people on a path to recovery.

Love Alliance, 162 Main Street, (774) 776-2269

Universal Missionary Church, 30 North Main Street, (508) 583-6700

Other Support

Brockton Champion Plan (Police Assisted Program),

- Brockton Police Station, 7 Commercial Street, (508) 408-5168
- Helps people transition into the level of care needed through referrals to ATS/detoxification and outpatient services, such as recovery coaches and MOUD
 - Services available in Cape Verdean Creole, Spanish, and Portuguese
 - Hours: Monday-Friday, 9:00 am-4:30 pm

Massachusetts Substance Use Helpline, (800) 327-5050, www.helplinema.org

- Statewide locator for substance use treatment, recovery, and problem gambling services
- Free, confidential support by phone, chat, or online
- Services available in Spanish

RIZE Massachusetts, www.rizema.org/resources

- Find the *Your Rights in Recovery Toolkit* and *Tus Derechos en Recuperación Guía Práctica* with information and resources related to recovery pathways, housing, education, employment, and more
- Services available in Spanish

STAY SAFE AND HELP KEEP OTHERS SAFE

All street drugs, including, but not limited to cocaine, methamphetamine, heroin, counterfeit pills, stimulants as well as opioids, may have fentanyl in them. Fentanyl is an extremely potent opioid that can lead to overdose deaths, but overdose can be reversed by naloxone (Narcan).

Carry naloxone (Narcan) for yourself and others. Test your drugs. Never use alone.

Call the Never Use Alone Hotline at (800) 972-0590 before using alone.

When to Use Naloxone

Give naloxone (Narcan) immediately when a person overdoses or is suspected to have overdosed. If they are not responsive, or even snoring deeply, they may be overdosing. Narcan is safe to use – even if someone is not overdosing on opioids.

Read more about naloxone at www.mass.gov/naloxone.

How to Use Naloxone

1. Call 911
2. Give naloxone (Narcan)
 - Pump content of nasal pump into one nostril of a person's nose (see below). Note: It may take 2-3 minutes to take effect.
 - If no response in a few minutes, pump another dose in the second nostril, if you have more naloxone.



PEEL

Peel back the package to remove the device.



PLACE & PRESS

Hold the device with your thumb on the bottom of the red plunger and 2 fingers around the nozzle. *Careful not to press the plunger before the nozzle is placed in the nostril.* Place the tip of the nozzle in either nostril until your fingers touch the bottom of the person's nose. Press the red plunger firmly to release the dose of naloxone into the patient's nose.



Give naloxone (Narcan) immediately when a person overdoses or is suspected to have overdosed. If they are not responsive, or even snoring deeply, they may be overdosing. Narcan is safe to use – even if someone is not overdosing on opioids.

Notice: Giving multiple doses of naloxone is sometimes necessary. Fentanyl is a strong, fast-acting opioid that can be purchased as is, or sold as other drugs. Most people who are overdosing start breathing again 3-5 minutes after being given naloxone. However, because of its strength, overdoses involving fentanyl can occur quickly and may require multiple doses of naloxone.

Fentanyl overdoses do not require special treatment. Simply follow the steps outlined above to recognize and respond to any overdose, whether you suspect fentanyl was involved or not.

Learn more tips on how to reverse an overdose at www.mass.gov/naloxone.

MA Good Samaritan Law: Legal protection if you call 911 and/or give someone naloxone (Narcan)

The Massachusetts (MA) Good Samaritan Law encourages someone who witnesses an overdose to ALWAYS CALL 911. Both the caller and the person who overdosed are provided protection from arrest and prosecution, *except if you have warrants, a weapon, or enough drugs to be trafficking.*

To read the Good Samaritan Law, visit: <https://malegislature.gov/Laws/GeneralLaws/PartI/TitleXV/Chapter94c/Section34a>.



Brockton Resources for Overdose Prevention

This guide offers resources in Brockton to prevent deaths by overdose, as well as treatment and support for those with substance use disorder and their loved ones. Programs and services available in languages, in addition to English, are noted.

Brockton HEAL is part of the Massachusetts HEALing Communities Study, working to reduce overdose deaths.

SAVE A LIFE. CARRY NALOXONE.

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Brockton Overdose Prevention and Harm Reduction Resources

Naloxone (brand name Narcan®), a nasal spray that can reverse an overdose and prevent death, is available over the counter at most pharmacies. Keep in mind, there may be a co-pay. If you are not insured or cannot afford the co-pay, free Narcan is available at the locations below. Organizations that provide other harm reduction services (tools that reduce risk of disease and death for people actively using drugs) are also noted.

Comprehensive Harm Reduction Sites

Brockton Neighborhood Health Center (BNHC), 63 Main Street, (508) 559-6699

- Clean syringes, pipes, fentanyl test strips, and medical services
- Harm reduction clinic located on 5th floor
- Or contact the **BNHC Mobile Unit** at (508) 233-0573. Visit Facebook @ BNHCMobile for the daily location of the mobile unit
- Services available in Spanish, Portuguese, Haitian Creole, Cape Verdean Creole, and on mobile unit only, Tagalog

The C.O.P.E. Center at BAMS, 74 Pleasant Street, (508) 583-3405

- Naloxone (Narcan) and training available for organizations and individuals
- HIV and Hepatitis C testing, HIV support and harm reduction resources, including clean syringes, pipes, and fentanyl test strips

Other Naloxone (Narcan) and Harm Reduction Locations

Cape Verdean Association, 575 N. Montello Street, (508) 559-0056

- Naloxone (Narcan)
- Services available in Cape Verdean Creole

Champion Plan, 142 Crescent Street, (508) 408-5168

- Ring the bell and ask for naloxone (Narcan)
- Services available in Cape Verdean Creole, Spanish, and Portuguese

Health Imperatives Brockton, 111 Torrey Street, (508) 586-3800

- Naloxone (Narcan), HIV, and Hepatitis C testing
- HIV pre-exposure prophylaxis (PrEP) and post-exposure prophylaxis (PEP)
- Services available in Spanish, Portuguese, Cape Verdean Creole, and Haitian Creole

The Homeless Improvement Project, 30 N. Main Street and 42 L Street, (508) 583-6700

- Naloxone (Narcan) and fentanyl test strips
- Food and supplies for people experiencing homelessness
- Services available in Spanish and Portuguese
- L Street hours: Monday-Friday, 8:30 am-4:00 pm

Plymouth County Outreach, (774) 434-5128,

www.plymouthcountyoutreach.org/connect

- Harm reduction kits, including naloxone (Narcan) and fentanyl test strips
- Homeless improvement kits, including water, snacks, flashlights, whistles, and harm reduction and seasonal supplies
- Can deliver naloxone (Narcan) as needed

Teen Challenge Recovery Ride, (508) 942-1262,

recoveryride@tcmassachusetts.org

- Can deliver naloxone (Narcan)
- Free, non-emergency medical transportation for harm reduction, MOUD, and recovery related services
- Rides available with drivers who speak Spanish, Portuguese, and Cape Verdean Creole

Treatment for Opioid and Other Substance Use Disorders

Three approved medications for opioid use disorder (MOUD) include buprenorphine (brand name Suboxone®), methadone, and naltrexone (brand name Vivitrol®).

Brockton Neighborhood Health Center (BNHC), 63 Main Street, (508) 559-6699

- MOUD and treatments for stimulant use disorder and alcohol use disorder
- Harm reduction clinic and MOUD located on 5th floor
- Or contact the **BNHC Mobile Unit** at (508) 233-0573 for walk-in MOUD
- Services available in Spanish, Portuguese, Cape Verdean Creole, Haitian Creole, and Tagalog (mobile unit only)

Column Health, 231 Main Street, (339) 368-7696

- Same-day appointments for mental health and substance use disorder treatment, in-person or telehealth
- MOUD including buprenorphine and naltrexone
- Services available in Haitian Creole and by telehealth in Spanish, Portuguese, and other languages

Health Imperatives Brockton, 111 Torrey Street, (508) 586-3800

- Walk-in MOUD
- Services available in Spanish, Portuguese, Cape Verdean Creole, Haitian Creole

Recovery Connection, 365 Westgate Drive, Unit 11, (877) 557-3155 or (781) 287-9797

- MOUD services available within 24 hours of contact; multiple locations with telehealth available
- Bridge script available for initiation of services
- Naloxone (Narcan) and fentanyl test strips
- Counseling on premises with each visit; case management available

Signature Health OBAT, 360 Brockton Avenue, Abington, (508) 894-0575

- Office based addiction treatment (OBAT)
- MOUD, peer recovery coaching, mental health counseling, and referral to community services
- Hours: Monday-Friday, 8:30 am-5:00 pm

Outpatient Methadone Treatment/ Opioid Treatment Programs (OTP)

Habit OPCO Brockton CTC, 180 Centre Street, (508) 586-6300

High Point Treatment, 30 Meadowbrook Road

- Outpatient methadone treatment/OTP, (508) 408-6190
- Other High Point Outpatient Services, (508) 638-6022
- Individual, group, couple, and family substance use and mental health treatment for adolescents and adults
- SOAP (structured outpatient addiction program), relapse prevention planning, psychiatric evaluations, MOUD, medication management, Massachusetts Impaired Driving (MID) program, problem gambling, and anger management

Massachusetts Teen Challenge Clinical Stabilization Service (CSS), 1311 Main Street, (774) 539-7695

- Post ATS/detoxification residential treatment services – open to clients on MOUD

Case Management and Telehealth Support for MOUD Initiation

Telehealth at Homeless Improvement Project,

30 N. Main Street and 42 L Street, (508) 583-6700

- Assistance with telehealth, in-person MOUD appointments, and referrals for other substance use disorder treatment
- Services available in Spanish and Portuguese
- L Street hours: Monday-Friday, 8:30 am-4:00 pm

Telehealth at BAMS COPE Center, 74 Pleasant Street, (508) 583-3405

- Assistance with telehealth, in-person MOUD appointments, and referrals for other substance use disorder treatment
- Harm reduction materials and individual risk-reduction planning

Family Support

The Family Center, United Way, Community Connections of Brockton, 1367 Main Street, (508) 857-0272

- Support groups, such as Sober Mommies and Nurturing Fathers, diversion support, resources for children who live with a person with substance use disorder

Learn to Cope, (508) 738-5148, www.learn2cope.org

- Virtual and in-person peer-led network for family members and friends who have a loved one with a substance use disorder
- Meetings available in Spanish

Plymouth County Outreach, (774) 434-5103,

www.plymouthcountyoutreach.org

- Family support specialists and grief support specialists available

Support After a Death from Overdose (SADOD), (617) 982-2150, www.sadod.org

- Resources, list of support groups, training for family and friends, staff on the frontlines

Peer Support

Massachusetts Organization for Addiction Recovery (MOAR), (617) 423-6627, www.moar-recovery.org

- Peer recovery support, advocacy, and education
- Services available in Spanish and Portuguese
- Statewide resource guide: www.moar-recovery.org/our-publications
- Recovery education: www.moar-recovery.org/a-r-e-a-s
- Recovery coaching: www.moar-recovery.org/recovery-coaching

Plymouth County Outreach, (508) 424-5128,

www.plymouthcountyoutreach.org

- Recovery coach available at Homeless Improvement Project (HIP) Wednesday, 12:00 pm-3:00 pm, or as needed

Stairway to Recovery, 90 Main Street, (774) 257-5660

- Free Candara Center program for people in any stage of recovery
- Peer-to-peer support available in Spanish, Haitian Creole, Cape Verdean Creole, and Portuguese

24 Hr. Power, (781) 789-2724, info@24HrPower.com,

www.24HrPower.com

- Unique art form *Recovery Graffiti* engages people with substance use disorder seeking recovery, their families, friends, and communities. Always FREE. Call Susie and Spray Hope with Us!

Recovery High School

Independence Academy, 460R Belmont Street, (508) 510-4091, www.iarecoveryhs.org