



Developing Emotional Intelligence

NEW COURSE! Does staff's happiness equal success? Does success equal staff's happiness? These are the questions that leaders should be asking themselves. As a leader one has to understand how they line up to everyone and everything in their workplace. All servant leaders have EQ capacity and understand mission driven impact from a macro to micro lens. The most accurate predictor of success at work is emotional intelligence, or EQ—the capacity to understand one's self and others and apply that understanding to accomplish important goals. It is the “how to” when it comes to respecting individual process and creating a team approach to fulfill the mission. Knowledge seekers will begin to understand the concepts of EQ: self-discipline, motivation, engagement, self-awareness, flexibility, and deescalate emotionally heightened situations. Individuals will create goals and action plans with the guidance of the facilitator.

Dates: October 10, 17, 24, 31 at 5:30 p.m. – 8:30 p.m.

Instructor Bio: Dr. Kristen Davies has served in leadership positions for over 30 years. She has worked in the profit and nonprofit sectors in various roles. Dr. Davies has developed an extensive knowledge regarding group dynamics, motivation, and messaging.

Registration Fee: \$199

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